

The Luna Light



“The People’s College”

Becoming The Premier Rural Community College in America

Volume 4 Issue 38

October 3-October 9, 2011

Recognize people while they are here with us *Their legacy will be left with us when they depart*

By Dr. Pete Campos

When **Coach Henry O. Sanchez** left suddenly I noticed many recognizing him for who he was and his many unselfish contributions to our lives during his 74 years here on earth. We often hear that old adage when a person departs from this earth; *she or he was such a good person!*

Something struck me about this loss that has propelled me to accelerate my thanking others publicly for their contributions to Las Vegas, the region, New Mexico, our United States and the world.

I would like to take this opportunity to recognize the President’s of New Mexico Highlands University (NMHU) with whom I have had the honor and pleasure of working with during the past twenty-one (21) years while serving as a State Senator and eighteen (18) of those years while serving as an educational administrator in Las Vegas.

I recall when I first began my service as a Senator and had the opportunity to work with **President Gilbert Sanchez**, who had an aggressive long-term progressive vision for NMHU and worked tirelessly so the campus and programs of study would be top-notch. Then, **President Selimo Rael** entered office with enthusiasm and high-level energy strategically setting the process in motion to expand and establish the Rio Rancho campus; **President Sharon Caballero** conducted herself with the highest level of dignity and focused her efforts on student success and gave credit to where it was due; **President Manny M. Aragon** worked to steward educational opportunity for more students both

locally and to those who came from abroad; and **President Jim Fries** has focused efforts on bringing all the facets of a second-to-none campus to fruition and to add his own flair to our long-term educational stability.

I am honored to be among the first to congratulate Dr. Jim Fries, on his term as interim President and his successful tenure leading up to his five year anniversary as the 17th President of our esteemed New Mexico Highlands University. On April 21, 2012 we will enjoy a Gala Event honoring Dr. Fries and in true Presidential spirit, Dr. Fries has asked that the proceeds of this auspicious and fun-filled event go to scholarships for students who are attending or plan to attend NMHU and Luna Community College. *Dr. Fries, I wish you many more years of satisfaction and accomplishment as President of our Century plus University.*

We’ve been blessed and fortunate over the years to have these leaders guide us at the helm. They have all left us with a footprint from which we have learned to follow and better navigate through our educational journey.

Let’s use our boundless energy to encourage and support each other’s efforts to strengthen a complete and tightly-knit local and regional teaching and learning system with the system’s doors wide-open to prepare our youth and adult learners for their next step in the world of work or step-forward to reach their personal aspirations.

When we do this together, the brightness of knowledge and wisdom will shine through like the early morning sun.



Luna Community College freshmen cosmetology students recently had the opportunity to display their skills in the classroom. Pictured (l-r) are Amanda Leora Garcia, Krystal Marquez and Kathleen Trujillo. For more photos, please see pages 4 and 5.

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Luna Community College history instructor **Laura Gonzales** gives a presentation on the history of Las Vegas during National Hispanic Celebration Month. Gonzales' topic was "Las Vegas, New Mexico: The Place of Encounter."



Luna Community College auto collision students **Max Bustamante** and **Lawrence Gomez** are both members of the SkillUSA Automotive Technologies Club. Gomez along with **Earl Varela** will compete again this year. If the two finish first and second again this year, it will mark the first time in LCC history that the college will have done this.

LUNA COMMUNITY COLLEGE IS ACCEPTING APPLICATIONS FOR THE FOLLOWING VACANT JOB POSITIONS:

- Adjunct Faculty/Per Course Instructor
- Full-Time Faculty-Medical Surgical Nursing
- Full-Time Faculty- Nursing Retention Specialist/Instructor, Medical Surgical Nursing
- Temporary Full-Time Administrative Assistant-Title V

FOR JOB DESCRIPTION(S) AND/OR CLOSING DATES, CONTACT THE HUMAN RESOURCES DEPARTMENT AT (505) 454-2503 OR VISIT OUR WEBSITE AT WWW.LUNA.EDU

**Jesse's
quick
hits**

Remember to smile a few times a day. I hope this helps—Jesse

Why did the robin get a perm?
She thought the curly bird catches the worm.

Why was the bird arrested?
Because he was a robin.

How do birds dance?
They just wing it.

Carl Ferrill scheduled to talk to LCC student-athletes on Oct. 6

Former Highlands University football coach and NFL advanced scout Carl Ferrill is scheduled to talk to Luna Community College student-athletes at 3 p.m. on Thursday, Oct. 6 at the Nursing Auditorium.

"I will give a talk on communication and motivation," said Ferrill. "I will do my best to identify what it takes to be a leader. One of the things people forget is that to be a good leader you must be a good listener and a good communicator. I would like to see Luna student-athletes identify themselves as individuals and then as a team. As student athletes they need to find what they are looking for and realize there is a small window of opportunity. You have to get all you can get now."

This is the second time Ferrill talks to a group of students at LCC. He was on campus on June 18, 2009.

"It was outstanding and great," said Ferrill about his first experience at LCC. "People were very gracious."

Ferrill has given several hundred talks on leadership. Ferrill has given talks in most states and a few of years ago was the guest speaker



Carl Ferrill last spoke at Luna Community College on June 18, 2009. Ferrill is scheduled to speak to LCC softball and baseball players on Thursday, Oct. 6.

for the American Cancer Society's Relay for Life Banquet. Ferrill is a two-time cancer survivor.

Ferrill has worked for several NFL teams including The Los Angeles Rams, Seattle Seahawks, San Diego Chargers and the San Francisco 49ers. He has been Coach of the Year eight times in three different conferences and one year received National Coach of the Year honors.

Ferrill, who has a doctoral degree from California Coast University, has coached and taught at Highlands University, UNLV,

Los Angeles Valley College, Chaffey College, San Bernardino Valley College, West Hills College, University of Idaho and Santa Ana College. He has been inducted in several Hall of Fame organizations around the country.

Although he has won many games as a coach, his most important victory may have been his two victories over cancer.

"I was very blessed to overcome cancer," said Ferrill. "I fought through it; I had the right frame of mind to defeat it."

Weekly Activities

Monday, October 3, 2011

5:00 p.m. – 9:00 p.m. *DWI Class (General Studies/102B)*

Tuesday, October 4, 2011

No Activities Scheduled

Wednesday, October 5, 2011

No Activities Scheduled

Thursday, October 6, 2011

9:00 a.m. – 5:00 p.m. *Veterans Women's Business Development Training/Spons./SBDC (Student Services/Conference Room)*

3:00 p.m. – 4:00 p.m. *Athletics Presentation (Allied Health/LO-1)*

6:00 p.m. – 8:00 p.m. *Basic EFT (Emotional Freedom Technique)/Community Ed. Class (IPC/Cafeteria)*

Friday, October 7, 2011

No Activities Scheduled

Saturday, October 8, 2011

7:00 a.m. – 4:00 p.m. *C.N.A. Testing (Allied Hlth/Nrsg.Lab#3, Comp.Lab#7, MO-11)*

7:00 a.m. – 4:00 p.m. *Defensive Driving Class (General Studies/102B)*

8:00 a.m. – 3:00 p.m. *Automotive/Motorcycle Swap Meet/Skills USA Club (By Tennis Courts/Parking Lot)*

9:00 a.m. – 12:00 p.m. *CDSMP Community Workshop (Student Serv./Conf. Room)*

First year cosmetology students start cutting hair



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Pictured clockwise (starting on page 4): Frances Martinez, Danielle Carpenter and Domonique Anaya; Amanda Silva and Cynthia Montaña. (Page 5 photos): Alexendra Romero; Tabitha Martinez and Kimberly Gonzales; Bernice Esquibel; Sabrina Sena; Melecia Vigil; Ginger Crespin, Amanda Silva and Angel Torres and Marcus Montaña and Jacob Cordova.



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Exercise and Wellness Kickbox & Step Combo

October 17 -- December 9
(M, T, & W)

1:00 -- 2:15 pm
8 week course

LCC Wellness Center

Fee \$41.00
8 week-course
Exercise & Wellness

- Cardiovascular machines
- Cardio-conditioning equipment
- Free weights
- Boxing equipment
- Exercise balls
- Toning & abdominal equipment
- Wellness staff available

Last day to enroll, October 21st
(LCC Registrar's Office)

Wellness Center 505-425-8767

Registrar's Office 505-454-5314



Persistence and education

By Lawrence Quintana
Human Resource Director

This past weekend I was riding the tractor with my dad talking about education and the lifelong commitments that people in our community have made. After reading "The Great Stagnation" by Tyler Cowen I discussed with my Dad his perception on education and the change that education is undergoing in this declining economy. He simply stated that we should not give up on educating people in our families or our communities. He provided me with an outstanding example of what we should all try to be. Henry O. Sanchez was a teacher dedicated to education and the community up to the last day that he lived. His example of life long teaching and caring for people in our community impacted so many students and people in New Mexico. The contributions that Coach Sanchez gave to students and our community will continue to benefit in many ways for a longer time than we can measure.

Teachers who go beyond the classroom and continue to educate people in their community is the persistence that we as a community need to appreciate. Las Vegas is very fortunate that we have two high schools, a community college, university, and a world college. Many of the educators continue to teach well beyond their careers, and are persistent about educating people in the community. As a citizen Henry

O. Sanchez gave back to schools as a community volunteer serving on numerous boards and participating in many activities such as the Stu Clark Tournament, H-Club, and the North/South All-Star Committee.

Tyler Cowen stated that investment for education has more than doubled since 1970 with no significant change in test scores. However, determining the benefit to children and life long learners can't be determined through test scores. In the Luna Community College service area, some of the benefits that students experience through your investments in education, are better instructed courses, modern facilities, lower tuition rates and courses that are linked with industry standards and career opportunities.

Students are encouraged to take advantage of the educational opportunities at their local high schools and programs offer, and the access available to them for higher education courses offered through institutions in northern New Mexico. The opportunity to obtain an education is more accessible than ever. Students who are taking full advantage of the accessibility have experienced life changing opportunities and benefits for their families and an increase in their own knowledge.

All of us should persist that we continue to fund education and encourage our youth to take advantage of the opportunities we have in Las Vegas and surrounding communities.



Luna Community College's Payroll Manager Leticia Archuleta along with Human Resource Office Manager Sandra Rivera take a couple of minutes to enjoy the warm weather recently. The LCC campus, which is considered one of the nicest in the entire state, is especially picturesque during the transition from fall to winter.

LCC Student Government results

The following students were elected student government representatives for the 2011-12 school year. The elections were held last Thursday and Friday.

Ashley Hensley

President

Joanna Tsyitee

Vice President

Ben Casey Encinias

Treasurer

Shannon Saiz

Secretary

Senators

Danielle Archuleta

Diane Carrillo

Richard Flores

Tyler Pina

Joelynn Sanchez

Angel Torres



**MONTANAS del NORTE - AHEC
MANAGE YOUR CHRONIC DISEASE
(MyCD) PROGRAM**



Put Life Back in Your Life

FREE LEADER TRAINING

Dates
Oct 6, 7 and
13, 14, 2011

Time
7:30-3:30 PM
(each day)

Location
The Family YMCA
1450 Iris Street
Los Alamos, NM 87544

To Register Contact
Bernadine Medina, BSW,
LSAA
MyCD Coordinator
505-454-5350
Fax: 505-454-5326
bmedina@luna.edu

Or
Melanie Chapman,
The Family YMCA
Wellness Director
505-662-3100
mchapman@laymca.org
Fax: 505-662-7505

Registration Deadline
Oct 3, 2011

Presenters:
MyCD Master Trainers:
Sister June Fisher &
Bernadine Medina

What is the MyCD Program?
(Also known as Stanford University's Chronic Disease Self-Management Program) is a community workshop that teaches people with different chronic health conditions like arthritis, diabetes, lung, and heart disease how to better manage their condition and lead a healthier lifestyle.

What are the characteristics of a Leader?

- Enthusiasm for and commitment to the MyCD Program.
- Must be non judgmental, a good listener, and comfortable facilitating groups.
- May or may not be a health professional or retired health professional.
- Best if Leader has a chronic condition or has been a caregiver for someone with a chronic condition.
- Ability to lead the full six (6) workshop sessions (2.5 hours per session) plus travel and preparation time.

What is expected of Leaders?

- Must attend all four days of training to be certified to teach MyCD workshops.
- Agree to facilitate at least two (2) MyCD workshops within one year of completing training.
- Responsible for monitoring and reporting attendance of participants and collecting participant survey packets from participants.
- Present MyCD Program curriculum exactly as instructed in Leader training.
- Assist MyCD partners in identifying opportunities for participants and host site recruitment.

What are the benefits of becoming a Leader?

- Leader trainings and materials are provided free of charge.
- Certification to provide an evidence-based self-management program that has been proven to improve the quality of life of older adults with chronic health conditions.
- Learn proven methods to apply to other areas of your practice.
- Improve leadership/group facilitation skills.
- 12.2 SW/Counseling CEU's

*This training is FREE *Registration is required



Funding for these trainings provided through the Department of Health and Human Services Administration on Aging Cooperative Agreement #08AK0036/01

Grant Writing



Day 1 – Finding a potential funding source/RFP

Learning Objectives

1. Participants will demonstrate knowledge of methods of searching for potential funding.
2. Participants will identify their needs and locate compatible invitational priorities.
3. Participants will understand how to interpret and RFP.

Day 2 – Developing the proposal

Learning Objectives

1. Participants will demonstrate knowledge of the component parts of a proposal.
2. Participants will be able to clearly articulate project activities to address the goals/objectives as stated.
3. Participants will develop a cohesive rough draft of a proposal in their stated area of interest.

**RSVP: LCC SBDC (505) 454-2582
or (800) 588-7232 x1759
or www.nmsbdc.org/lasvegas**

\$150 Fee Limited Seating

Please pay fee at the door. Must have correct amount in cash or a check payable to "Merging Traffic"

Instructors: Sandra Coca and Diane Contreras

November 10 & 11



8:00am—5:00pm both days!

LCC Student Services Conference Room

The New Mexico SBDC is partially funded under Cooperative Agreement No. 11-603001-Z-0032-23 by the U.S. Small Business Administration. The support given by the U.S. Small Business Administration through such funding does not constitute an express or implied endorsement of any of the co-sponsor (s) or participants' opinions, findings, conclusions, recommendations, products or services. *All of SBA's programs and services are extended to the public on a nondiscriminatory basis. Special arrangements for the handicapped will be made if requested in advance.*



SAVE THE DATE



**~ You're Invited ~
2011 Women Veterans Business Workshop**

**Sponsored by
The New Mexico Department of Veterans' Services & the Veteran Business Outreach Center**

**Oct. 6th, 2011 from 9 a.m. to 5 p.m. at the
Small Business Development Center Luna Community College
366 Luna Drive
Las Vegas NM, 87701
(Registration starts at 8:30 a.m.)**

**Program is free but seating is limited. Register online at www.nmvsbc.org/workshops
or call 505-841-5559 for additional information**

Upcoming Workshops:
August 25 Embassy Suites Hotel for Women Veterans
September 22 Kirtland AFB for Women Veterans
February 16 Las Cruces NM for Women Veterans
For additional information contact:
Angela Smith at (505) 841-5559

Funded in part through a cooperative agreement with the U.S. Small Business Administration. Reasonable accommodation for persons with disabilities will be made, if requested at least two weeks in advance. Contact Lloyd Callahan at 300 San Mateo NE #106, Albuquerque, NM 87110 or 505-841-1926.

**LCC Skills
to host
swap meet**

The Luna Community College SkillsUSA Automotive Technology Club will be hosting a swap meet from 8 a.m. to 3 p.m. on Saturday, Oct. 8 at the LCC Campus.

This swap meet is where a vendor can sell new and used automotive and motorcycle parts. The vendor fee is \$10 per booth.

For more information call Anthony Baca at 454-2591 or any SkillsUSA member.