

# The Luna Light



*“The People’s College”  
Becoming The Premier Rural Community College in America*

Volume 4 Issue 41

October 24-October 30, 2011



**Assistant Softball Coach Marco Aragon is pictured with his son and Baby Rough Rider Marco Aragon Jr. Marco Aragon Jr. is six weeks old.**

## Financial Aid disbursements scheduled for Oct. 28

Luna Community College financial aid disbursements are on schedule to be ready on Friday, Oct. 28.

The financial aid staff is dedicated and have worked diligently to meet the needs of the students, including working additional hours as needed.

“The college appreciates the patience of the Luna Community College students in this time of transition,” said LCC Interim Financial Aid Director Vikki Goeke.

The students that have met all their financial aid requirements should expect to pick up their disbursement proceeds on Oct. 28. The disbursements can be picked up at the LCC Fiscal Office located inside the Administration Building.

## LCC SkillsUSA holds campus clean-up

The Luna Community College Skill-sUSA Cosmetology Chapter conducted a campus-wide clean-up on Wednesday.

“We did this to give back to the school for what they have done for us,” said Valerie Martinez, a senior in cosmetology.

An estimated 10 bags of trash was picked up on Wednesday.

“Because of the recent winds we’ve been having, the students felt that a lot of trash had accumulated in different parts of the campus,” said Connie Ortiz, SkillsUSA Advisor and cosmetology instructor.

Participating were: Martinez, Ortiz, Celine Cramer, Celerina Finnestad, Victoria Perea, Marisa Saiz, Amanda Garcia, Krystal Marquez, Danielle Carpenter, Frances Martinez, Amberlyn Gonzales and Dominique Anaya.



**Mr. Levi Alcon Sr., and Dr. Pete Campos, LCC President congratulate each other on their accomplishments. Alcon was one of the first Luna Community College Board of Trustees and served in the 1970’s. Look for more photos and an interview with Alcon in a future edition of The Luna Light.**

# LUNA COMMUNITY COLLEGE MASS MEDIA DEPARTMENT



Is looking for Actors and extras of different  
Ages, Gender, Diversities, and Majors.  
For a Luna Community College based commercial  
18 years old and up.

Auditions will be held on  
Tuesday October 25th  
12:00-2:30pm  
Business & Professional Studies Building lobby

Appointments available by request  
CONTACT- 505-454-2564  
or [lunacommercial@yahoo.com](mailto:lunacommercial@yahoo.com)  
project for television operations class

## We've come a long way

By Dr. Pete Campos

I reflected this weekend and thought of the many accomplishments we have attained during the past three years. The unparalleled progress we made came at a time when state funds were being cut from our budget because of the downturn in the economy. As a result, funds that we were used to having flow in just weren't available to: 1] provide employee cost of living adjustments (COLA), 2] hire more staff to fill positions that would have eased the pressure on employees who took on more responsibility to ensure that students needs and our core mission were met, and 3] continue with our employee "fair" compensation leveling plan. Remember the feeling from within, it is HOPE, and is always available to us – if we truly believe – especially when we feel demoralized, we just need to take a deep breath and say, "Yes, we can" and hope will inspire us.

It is time to take the leap! Now, while we are not by any means out of the woods, we are cautiously moving forward to bring our employees closer together as a family to **cross-train** and **better serve students**. *I know it isn't easy!* There will be a period of discomfort because employees have been used to doing things a certain way (according to their job descriptions) and being solely responsible for specific tasks. Now, we are stepping up efforts to have whole departments understand the need to expand and connect their knowledge and experience to best serve students. A primary reason for this is: you never know when an individual in a department has an emergency at home, must be out for a lengthy period of time or resigns to pursue employment opportunities elsewhere. The ones who ultimately pay the price when we are not operating at our full potential are our students. We must continue to plan, strategize and prepare our college so this does not happen and if it does; has a minimal effect on the day to day operations that students rely on. **We must build the life we want and create the work we love.**

The tough and stressful times we have encountered served as priceless lessons that include: we must operate vigorously with little room for error, we must respect and support each other because we are doing more with less and we don't know what pressures our colleagues are going through at work or home due to the tight and wild economy. We must have the courage to plan and not lose sight of a charted journey that will lead towards the COLA and leveling for employees, and most importantly, *we must keep a can-do attitude and never let go of the confidence in each other and bundle this approach to laser focus our energy towards helping each and every student succeed.*

An unknown author said, "When the world says, "Give Up," Hope whispers, "Try it one more time." Even with our disagreements, dissatisfaction with each other and feelings of despair – we must wake up every morning and give each other another chance because we are in this life together!





Several new students are currently in Germaine Sandoval's Freshmen Cosmetology Class. Pictured (bottom row, l-r) are: Krystal Marquez, Tabitha Martinez, Jacob Cordova, Aaron Benavidez, Sabrina Sena, Frances Martinez, Amanda Silva, Dominique Anaya, Victoria Alderette and Ginger Crespin. (Top row, l-r) Amanda Garcia, Kimberly Gonzales, Danielle Carpenter, Germaine Sandoval, Bernice Esquivel, Angel Torres and Melecia Vigil. Not pictured are: Marcus Montaña, Alexendra Romero and Kathleen Trujillo.

Connie Ortiz's senior cosmetology class includes: (front row, l-r) Amberlyn Gonzales and Chris Vigil. (second row, l-r): Britany Griego, Celerina Finnestad, Antoinette Baca and Connie Ortiz. (third row, l-r) Crystal Martinez, Annette Alderette, Celine Kramer and Novyembre Lucero. (back row, l-r) Roberta Duran, Valerie Martinez, Danelle Duran, Victoria Perea, Tammy Yeaman, Marisa Saiz, Deborah Mares and Margarita Vigil.







# ATTENTION ALL STUDENTS



**In an effort to ensure the timely disbursement of Student Financial Aid, Luna Community College has hired Ms. Vikki Goeke as a consultant who will serve as the Interim Director of Financial Assistance.**

**The staff in the Financial Assistance Office will be working diligently to make sure that aid awards are packaged and processed in a timely manner.**

**At this time the college expects the second Fall Disbursement to be ready by Friday, October 28, 2011. All students are encouraged to look for updates via their e-mail accounts or in the Friday's Special Edition of the Luna Light.**

**Students are also encouraged to visit the LCC ACCESS Center for possible alternatives for financial aid during this time.**

**As VALUED STUDENTS please know that your cooperation and understanding during this transitional period is greatly appreciated.**



## Jesse's quick hits

Remember to smile a few times a day. I hope this helps—Jesse

Why is it easy for chickens to find jobs?  
*Because they work for chicken feed.*

Why was the chick punished  
*Because of his fowl language.*

What's a chicken's favorite subject?  
*Eggonomics.*

# Stress and nursing school

**Susan Grohman MSN Ed, RN**  
**Director of Allied Health Sciences**

Ask any nursing student what causes stress and the answer you will get is nursing school. Trying to juggle work, family, as well as school is quite stressful for any student. Add to it the rigorous schedule for clinicals and skills check off and you have a stressed nursing student. Nurses who currently work in healthcare have been there and survived. You can too! What can you do to survive school or specifically nursing school? Don't set yourself up for failure. Listed are a few ideas to assist your transition from barely surviving nursing school to a successful nursing school graduate. These suggestions will help anyone who feels overwhelmed with school.

Study – This cannot be stressed enough. The recommendation is 2 hours of study for

every hour of class time for any easy class. Nursing school is not easy – so at least 3-4 hours for every class time hour weekly. So if you are taking a class for 3 credits that is tough – that is 9-12 hours of study time per week for one class. This includes online classes. So now where do you find the time? There are many websites that offer ideas on how to manage your time effectively. Here at Luna Community College, we have developed a time management class as part of the nursing program.

Stress reduction – exercise, eating right and getting plenty of rest is crucial for nursing school success. At Luna Community College, the wellness center on campus offers exercise classes such as Yoga, Tai Chi and others as well as a full gym equipped with treadmills, elliptical, weights, etc....

Learn to say no. Don't offer to add more

to your already overloaded plate. Say No. Socializing can wait. Socialize when you graduate. This will be your time for celebration.

Prioritize your time. Don't waste time watching TV. Use your time wisely. No matter how you slice it- there are only 24 hours in a day. Spend quality time with your family and then hit the books. If you record your class – listen to it again as you drive home.

Use resources available for you. Tutors, online resources, professional associations can all help you succeed.

Remember it was a tough road to get to into school and tougher road to graduation day.

Good luck to all students, present and future, here at Luna Community College.

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“The  
People’s  
College”



Luna Community College RN Nursing Student Dave Kavanaugh (front) covered an LCC Board of Trustees Work Session last Wednesday for The Las Vegas Daily Optic. Kavanaugh is The Optic's Sports Editor.





**Luna Community College Mass Media students Brian Marquez, Jimmy Maldonado and Alexandria Burnquist will be working on a commercial for the college. The LCC Mass Media Department will be holding auditions for actors and extras from noon to 2:30 p.m. on Tuesday, Oct. 25 at the Business and Professional Studies Building. For more information, call 505/454-2564.**



**LCC Cosmetology Student Valerie Martinez and cosmetology instructor Connie Ortiz participate in a campus-wide clean up last Wednesday.**

## *Weekly Activities*

Monday, October 24, 2011

6:00 p.m. – 9:00 p.m. *Public Meeting/NM Environment Dept. (Stud.Serv/Conf.Rm)*

Thursday, October 27, 2011

9:00 a.m. – 11:00 a.m. *LCC Sexual Harassment Training (LRC/Lecture Hall)*

1:00 p.m. – 3:00 p.m. *LCC Academic Director's Training (LRC/Lecture Hall)*

6:00 p.m. – 8:00 p.m. *Weight Loss/Healthier Eating Class ((IPC/Cafeteria)*

Friday, October 28, 2011

9:30 a.m. – 4:30 p.m. *Viles Foundation Meeting (Student Services/Conf. Room)*

Saturday, October 29, 2011

7:00 a.m. – 4:00 p.m. *C.N.A. Testing(Allied Hlth/Nrsg.Lab#3,Comp.Lab#7,MO-11)*

8:00 a.m. – 5:00 p.m. *Dare To Be You Substance Abuse Prevention Program (General Studies/102B)*

## *Request for Proposal*

**2011-LCC003**

Luna Community College is seeking sealed proposals for the following service:

Website Design and Maintenance Training

Sealed Proposals will be accepted until 3:00 p.m. November 7, 2011.

Proposal requirements may be obtained by contacting Miguel Martinez at the address below, on the LCC Website [www.luna.edu](http://www.luna.edu), by email request at [mmartinez@luna.edu](mailto:mmartinez@luna.edu), or by calling 505-454-5393.

Sealed proposals must be mailed or hand delivered and include proposal

#2011-LCC003, Website Design and Maintenance Training Request for Proposals on the outside of the envelope to:

Luna Community College

Director of Purchasing

Miguel Martinez

366 Luna Drive, Las Vegas NM 87701

Luna Community College reserves the right to reject any or all proposals, to waive technicalities, and accept the proposal it deems to be in the best interest of Luna Community College.

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Luna Community College Website October 21, 2011

Luna Light October 24, 2011

**LUNA COMMUNITY COLLEGE IS ACCEPTING APPLICATIONS FOR THE FOLLOWING VACANT JOB POSITIONS:**

- Adjunct Faculty/Per Course Instructor
- Full-Time Faculty-Medical Surgical Nursing
- Temporary Part-Time Tutors-Title V Department and Springer Satellite

**FOR JOB DESCRIPTION(S) AND/OR CLOSING DATES, CONTACT THE HUMAN RESOURCES DEPARTMENT AT (505) 454-2503 OR VISIT OUR WEBSITE AT [WWW.LUNA.EDU](http://WWW.LUNA.EDU)**

**LUNA COMMUNITY COLLEGE IS AN EQUAL OPPORTUNITY EMPLOYER. ALL POSITION POSTING FOLLOW THE LCC AFFIRMATIVE ACTION PLAN.**





Luna Community College LPN student Brenda Pecos gives a flu shot to Pearl Sanchez Thursday at the San Miguel Health Clinic. Luna Community College will be hosting a free flu shot clinic from 8 a.m. to noon on Tuesday, Oct. 25 and Thursday Oct. 27 at the Luna Community College Cafeteria. For more information, call 505/454-2521.

## LCC clubs, advisors

**Student Govt.** Advisors-Mike Adams and Denise Montoya  
**Skills-USA Automotive** Advisor-Gilbert Martinez  
**Culinary Arts Club** Advisor-Adrienne O'Brien  
**Skills-USA Cosmetology Club** Advisor-Connie Ortiz  
**Student Nurses Association** Advisor-Jacqueline Romero Arguello  
**LCC Car Club** Advisor-Anthony Baca  
**LCC Ski & Snowboard Club** Advisor-Andrew Feldman  
**PHI THETA KAPPA** Advisor-Cindy Armijo & Twila Quintana  
**Student Dental Association Skills-USA** Advisor —Gloria Pacheco  
**Building Technologies Carpentry Club**-Advisor Joseph Montoya

## Get Paid To Talk



Have you ever been told you have a great voice? Are you interested in earning extra income with your voice? We have something just for you! This exciting class will explore numerous aspects of "voice acting" such as: **What kinds of jobs are available?** Try television ads, radio, audio books, the Internet, documentaries, film, etc. **Where are the jobs?** Not only Los Angeles, Chicago and Manhattan, jobs are everywhere including New Mexico. **Will I earn tons of money?** Not immediately, but we will tell you – persistence pays. We will cover all basics, including how to prepare the all-important demo, how to be successful in this field, the dos and don'ts of voice acting. Students will have the opportunity to ask questions and hear examples of demos recorded by professional voice actors. And then..... students will have the opportunity to record a commercial script under the direction of VoiceCoaches producers. See if you make the cut. Join us for an evening of serious fun!

Monday, November 28, 2011 6:30 pm—9 **\$20**

\$10 for LCC, NMHU, UWC and high school students

Main Campus/Learning Resource Center

Space is limited. Register today. 1-800-588-7232, ext. 1204, or 454-5311

<http://www.voicecoaches.com/gates>

## Sexual harassment training

The Luna Community College Human Resource Department will be conducting a mandatory training on sexual harassment from 9 a.m. to 11 a.m. on Thursday, Oct. 27 at the LRC Lecture Hall.

Only one session will be available.

All offices are required to remain open during this session. Please make arrangements with supervisors/co-workers to ensure that all offices do remain operational. Complimentary snacks and water will be served.

Any questions, please call Maria Sena at ext. 1061.

## Friday's at the Rough Rider

In an effort to get more practical experience, Chef Adrienne O' Brien's restaurant experience class will be running the Rough Rider Grill at lunch on Friday's until the end of the semester. The name of the restaurant is called **Friday's at the Rough Rider**. This Friday's theme is French Bistro.

"Basically, this is part of a new class," said O'Brien. "The students felt they were not getting enough practical restaurant experience from the curriculum, so this is a response to that request."

Everyone is invited to join the culinary arts class for lunch. The restaurant will be open from 11:30 a.m. to 1 p.m. on a reservation-only basis. To reserve a spot or if you have any questions, use the following e-mail: [Fridays@luna.edu](mailto:Fridays@luna.edu).





# ATTENTION ALL LCC STAFF & FACULTY

**President Campos invites you to visit with him to share your thoughts, concerns and ideas regarding your employment here at**



## Meeting Dates, Times & Location

Monday, October 24, 2011	2:00 PM - 5:00 PM	Human Resources Director's Office
Tuesday, October 25, 2011	10:00AM - 3:00 PM	Human Resources Director's Office
Thursday, October 27, 2011	8:00 AM - 9:00 AM	Human Resources Director's Office
Thursday, October 27, 2011	12:00 PM - 2:00 PM	Human Resources Director's Office
Friday, October 28, 2011	9:00 AM - 12:00 PM	Human Resources Director's Office

**\*\*\*Dates and Times subject to change dependant on matters requiring urgent attention\*\*\***

**All meetings will be held on a first come, first serve basis meaning that there is currently no specified time limit, however, we ask that consideration be given to allow all employees the opportunity to meet with Dr. Campos.**