

The Luna Light



*“The People’s College”
Becoming The Premier Rural Community College in America*

Volume 4 Issue 43

November 7-November 13, 2011

Luna CC culinary arts class ready to serve public

The following is an interview with Luna Community College Culinary Arts Instructor Adrienne O'Brien. Students from her restaurant experience class are running the Rough Rider Grill at lunch on Friday's until the end of the semester. Lunch is served from 11:30 to 1 p.m. on a reservation-only basis. For reservations, e-mail Fridays@luna.edu or call 454-5346.

How did the first two restaurant sessions go?

They both went relatively smoothly. The students were busy enough to learn from their experience, but not so busy that they became frustrated and incapacitated by it. Despite the rushing around and disorganization in the kitchen, I think customers were largely unaware of this fact. They perceived a smooth, professional performance.

How would you rate your students' performance over the last couple of weeks?

Brilliant. I was so pleased with the level of commitment, intensity and creativity they have brought to this course. Their dedication would be the envy of any instructor! I am impressed by their professionalism and willingness to accept constructive criticism from their peers and customers and to solve problems that present themselves during our work day. I'm taking a collaborative approach to running this restaurant and I've been very happy with the way in which they've accepted the responsibility for running this venture.

How is your class preparing for the public over the course of the next month or so?

We're trying to control the number of guests we have through the reservations system. If we find ourselves overwhelmed with

Continued on page 2



Students from Chef Adrienne's "Restaurant Experience" course take a break after Friday lunch service. Pictured are: Chef Adrienne O'Brien, Celina Sandoval, Kristin Tiernan, Ashley Hensley and Andrew Pedraza. They are serving lunch on Friday's at the cafeteria. The name of their restaurant is called *Friday's at the Rough Rider*. It is now open to the public, however it is important to take a reservation via e-mail at Fridays@luna.com. The hours are 11:30 a.m. to 1 p.m.



Several LCC students and employees took part in Halloween activities. Winners of the Halloween Costume Contest are: Amberlynn Lucero (Ninja turtle, third place); Sharon Montoya Ponce (Pancho Villa) and Carol Romero (Dia de los Muertos el vorrhacho, first place) and Dawna Ortega Gallegos (Minnie Mouse, third place).

Ready to serve...

Continued from page 1

customers, we'll have to stop taking reservations, but we haven't approached that level of interest yet. Being busy is a good problem! In anticipation of serving larger numbers we're doing more preparation the day before service, meeting after service to discuss ways to improve our product and efficiency, and not changing the entire menu from last week so that we can build on what we started last week.

At the very least, for the novelty of trying some new food. At the most, to support the professional aspirations of some of Las Vegas' best students!

What does this practical experience do for culinary arts students?

This experience gives students the confidence that they can successfully apply the culinary skills they've learned in a relatively relaxed lab situation to a real life situation.

How much work goes into serving lunch for 1 ½ hours on Friday's take?

A lot. Students are prepping food three to five hours before lunch service, cleaning up for one and a half hours after service and then doing research on recipes and menu items during the week. This is in addition to doing assigned book work, lecture and pricing their recipes. These last assignments can take from two to four hours a week.

Why should LCC students, employees and community members go have lunch at Friday's at the Rough Rider?

At the very least, for the novelty of trying some new food. At the most, to support the professional aspirations of some of Las Vegas' best students!



MONTANAS del NORTE - AHEC
MANAGE YOUR CHRONIC DISEASE (MyCD) PROGRAM
Put Life Back in Your Life
FREE LEADER TRAINING

Dates
November 21, 22,
and 28, 29, 2011
(4-days)

Time
8:30-4:30 PM
(every day)

Location
Health Commons
2010 Industrial Road
Española, NM
(map attached)

To Register Contact
Bernadine Medina,
BSW,
MyCD Coordinator
Ph: (505) 454-5350
Fax: (505) 454-5326
bmedina@luna.edu

Registration Deadline
November 18, 2011

Presenters:
MyCD Master
Trainers:
Sister June Fisher &
Bernadine Medina

What is the MyCD Program?
(Also known as Stanford University's Chronic Disease Self-Management Program) is a community workshop that teaches people with different chronic health conditions like arthritis, diabetes, lung, and heart disease how to better manage their condition and lead a healthier lifestyle.

What are the characteristics of a Leader?

- Enthusiasm for and commitment to the MyCD Program.
- Must be non judgmental, a good listener, and comfortable facilitating groups.
- May or may not be a health professional or retired health professional.
- Best if Leader has a chronic condition or has been a caregiver for someone with a chronic condition.
- Ability to lead the full six (6) workshop sessions (2.5 hours per session) plus travel and preparation time.

What is expected of Leaders?

- Must attend all four days of training to be certified to teach MyCD workshops.
- Agree to facilitate at least two (2) MyCD workshops within one year of completing training.
- Responsible for monitoring and reporting attendance of participants and collecting participant survey packets from participants.

What are the benefits of becoming a Leader?

- Leader trainings and materials are provided free of charge.
- Certification to provide an evidence-based self-management program that has been proven to improve the quality of life to individuals with chronic health conditions.
- Learn proven methods to apply to other areas of your practice.
- Improve leadership/group facilitation skills.
- 12.2 SW/Counseling CEU's
- \$250 per workshop provided

***This training is FREE *Registration is required**
Available in Taos, Rio Arriba, Mora, San Miguel, Santa Fe and surrounding counties.



Funding for these trainings provided through the Department of Health and Human Services Administration on Aging Cooperative Agreement 90RA0036/01

Jesse's quick hits

Remember to smile a few times a day. I hope this helps—
Jesse

How do whales stretch the truth?
They tell fishy stories.

When do whales get into trouble?
When they spout off.

What's a fish's favorite country?
Finland.

LUNA COMMUNITY COLLEGE IS ACCEPTING APPLICATIONS FOR THE FOLLOWING VACANT JOB POSITIONS:

FOR JOB DESCRIPTION(S) AND/OR CLOSING DATES, CONTACT THE HUMAN RESOURCES DEPARTMENT AT (505) 454-2503 OR VISIT OUR WEBSITE AT WWW.LUNA.EDU

- Adjunct Faculty/Per Course Instructor
- Full-Time Faculty-Medical Surgical Nursing
- Temporary Part-Time Performance Specialist-Wellness Center

LUNA COMMUNITY COLLEGE IS AN EQUAL OPPORTUNITY EMPLOYER. ALL POSITION POSTING FOLLOW THE LCC AFFIRMATIVE ACTION PLAN.



Luna Community College's Title V Mission:

"Developing a comprehensive online learning network for rural, time and place-bound students."

OCTOBER 2011

VOLUME 5 ISSUE 11

Title V welcomes Lisa, Jessica and Tiffany!

The students and community members who are taking online courses not only have a state-of-the-art smart lab, but now have a tutor! Lisa C'de Baca has recently been hired as the Pecos online tutor. C'de Baca will help in assisting students with their academic studies and help students achieve a better understanding in specific subjects. C'de Baca will present the information to the students so that they will achieve a better understanding of subject matter. C'de Baca wants all of the students she helps to feel success. C'de Baca has three children; her and her husband own and operate C'de Baca Sand and Gravel.



Lisa C'de Baca
Pecos online
tutor

Tiffany Young
Administrative
Assistant for Title V



Jessica Flores
Pecos Liaison

Another asset to Title V is Tiffany Young. Young will be the administrative assistant for the duration of the Title V grant. Young is highly skilled in her communication skills.

Her interpersonal skills are very important in what she does with staff, faculty and students.

Young's good work ethic and expertise is truly appreciated by all of us. Young comes to us from California; her husband is the head football coach at New Mexico Highlands University. Young has three children.

Jessica Flores was recently hired as the Luna Community College and Pecos Independent School District liaison. Flores will oversee the Title V student smart lab as part of her duties.

We welcome Lisa, Jessica and Tiffany to Luna Community College!

Title V Staff

Lorraine Martinez, Project Director
Tiffany Young, Administrative Assistant
Larry Paiz, Instructional Designer
John Tieman, Online Student Services Developer
Rick Roybal, Distance Education Technician

Point of Information

Study finds that online education beats the classroom! An interesting article, "Continuing Education special section," by Steve Lohr, states that "on average, students in online learning conditions performed better than those receiving face-to-face instruction."

LCC Halloween Highlights



SMET took first place in the department contest.

LCC
"The People's College"



LCC-Springer Halloween Highlights



Pictured clockwise are: Director Louise Portillos aka hippie chick took third place; Instructor Sherry Goodyear as a Hershey's bar; Springer Satellite costume contest participants: Kaye Goodyear, Allisha Frye, Amberly Hildebradt, Louise Portillos, Carissa Duran, Daniel Montoya, Vanessa Rollings, Odelia Romero and Amber Wardell; Office manager Vanessa Rollings aka Dallas Cowboy Fan, work-study Daniel Montoya aka Guido and Director Louise Portillos aka Hippie chick; Carissa Duran aka Cindy Lou Who took first place and Odelia Romero aka "hot babe" took second place.

LCC:
"The People's College"



3 on 3



Intramurals

LCC Wellness Center

\$30.00 a Team

Maximum 5 Players per Team

Forms can be picked up at the
LCC Gerald P. Ortega Wellness Center
Questions, Please call 425-8767
Contact: Dawnette G. Najar or Carl Vigil

Registration

Oct. 25, - Nov. 4, 2011

Intramurals Begin

Nov. 8 thru Dec. 8, 2011

Game Days on Tues. & Thur.

5:30pm-7:30pm

Get Paid To Talk



Have you ever been told you have a great voice? Are you interested in earning extra income with your voice? We have something just for you! This exciting class will explore numerous aspects of "voice acting" such as: **What kinds of jobs are available?** Try television ads, radio, audio books, the Internet, documentaries, film, etc. **Where are the jobs?** Not only Los Angeles, Chicago and Manhattan, jobs are everywhere including New Mexico. **Will I learn tons of money?** Not immediately, but we will tell you – persistence pays. We will cover all basics, including how to prepare the all-important demo, how to be successful in this field, the dos and don'ts of voice acting. Students will have the opportunity to ask questions and hear examples of demos recorded by professional voice actors. And then..... students will have the opportunity to record a commercial script under the direction of VoiceCoaches producers. See if you make the cut. Join us for an evening of serious fun!

Monday, November 28, 2011 6:30 pm—9
Main Campus/Learning Resource Center

\$20

\$10 for LCC, NMHU, UWIC
and high school students

Space is limited. Register today. 1-800-588-7232, ext. 1204, or 454-5311
<http://www.voicecoaches.com/past>

Weekly Activities

Monday, November 7, 2011

8:00 a.m. – 11:00 a.m. Student Speech Presentations (LRC/Lecture Hall)

5:00 p.m. – 9:00 p.m. DWI Class (General Studies/102B)

Tuesday, November 8, 2011

10:00 a.m. – 12:00 p.m. NM Game & Fish Training Class (Student Serv./Conf. Rm.)

12:30 p.m. – 1:45 p.m. Student Speech Presentations (LRC/Lecture Hall)

Wednesday, November 9, 2011

10:00 a.m. – 12:00 p.m. LEPC Monthly Meeting/San Miguel County (LRC/Lect.Hall)

5:30 p.m. – 9:00 p.m. LCC Board of Trustees "Work Session"(Stud.Serv/Conf Rm)

Thursday, November 10, 2011

8:30 a.m. – 5:00 p.m. Grant Writing Workshop/SBDC (Student Services/Conf.Rm)

12:30 p.m. – 1:45 p.m. Student Speech Presentations (LRC/Lecture Hall)

6:00 p.m. – 8:00 p.m. Ear Chandelling Class/Community Ed. Class (IPC/Cafeteria)

Friday, November 11, 2011 (Veterans Day Observed)

8:00 a.m. – 11:00 a.m. Student Speech Presentations (LRC/Lecture Hall)

8:30 a.m. – 5:00 p.m. Grant Writing Workshop/SBDC (Student Services/Conf.Rm)

6:00 p.m. – 8:00 p.m. Relationships 101 /Community Ed. Class (IPC/Cafeteria)

Saturday, November 12, 2011

7:00 a.m. – 4:00 p.m. C.N.A. Testing(Allied Hlth/Nrsg.Lab#3,Comp.Lab#7,MO-11)

8:00 a.m. – 3:00 p.m. Indoor Flea Market /Skills USA – Cosmetology (IPC/Cafe)

9:00 a.m. – 1:00 p.m. Early Childhood Professionals Training (Early Childhood Center/Room 101)9:00 a.m. – 3:00 p.m. Defensive Driving Class (General Studies/102B)

LCC: "The People's College"

Students from Guadalupe County Correctional Facility graduate from Luna Community College Barber Program

Instructor Rosalie Ortega's program considered successful



The following was written by one of the inmates at the Guadalupe County Correctional Facility.

On Sept. 20, the Education Department at Guadalupe County Correctional Facility, under the guidance of Education Director, Mrs. L. Bradley, recognized the accomplishments of the facilities students. In the visitation room, over 60 men received recognition for their initiative and perseverance in their educational achievements. All of the facility education staff was present, along with Luna Community College representatives presenting the students with their certificates and degrees.

The graduates and their families were fortunate to have LCC Vice President of Instruction Dr. Vidal Martinez as a guest speaker who congratulated all the students for all their hard work, but encouraged them as well, to let these accomplishments be only the beginning of their educational achievements, and the beginning of all the success that they are truly capable of in life. Everyone who had the opportunity to listen to Dr. Martinez was definitely able to take his positive message with them into their next stage of education.

Luna Community College, which provides the barbering program at the facility, as well as the support the students have received from Instructor Ms. Rosalie Ortega, has been very successful.

The barber program had seven students attending graduation (nine not in attendance), from

students who were awaiting their state board exam results, along with those who are entering their last semester of the program and readying themselves for the state licensing exams in the new year.

The Luna Community College Barber Program, under the direction of Ortega is still going strong. Now completing its third year at GCCF, the barber program is very successful. The barber program was started in 2009 and has flourished to become a leading example of vocational training inside the prison setting. Students are learning the basics of not only hair cutting, but the state required aspects of the trade, like safety and sanitation. Not only are the students progressing in the trade, but four recently took their state board exams and passed with scores ranging from 96 percent to 99 percent in the practical exams and 81 percent to 90 percent in the written portion. Now having passed the state board exams, they are licensed barbers by the state of New Mexico to perform hair services such as: haircuts (men and women), chemical services (permanent waving, chemical straightening), hair coloring, shaving, hair styling, and client consultations. In addition, a second group of students consisting of four inmates are also preparing to complete the program in December through Luna Community

Pictured are clockwise: LCC Barbering Instructor Rosalie Ortega with recent graduates: several dozen people attending the graduation ceremony and Dr. Vidal Martinez giving a speech.

College and take their state board exams in January, along with a third group in their third of five semesters. Enrollments are currently being processed for a new group which will begin in January.

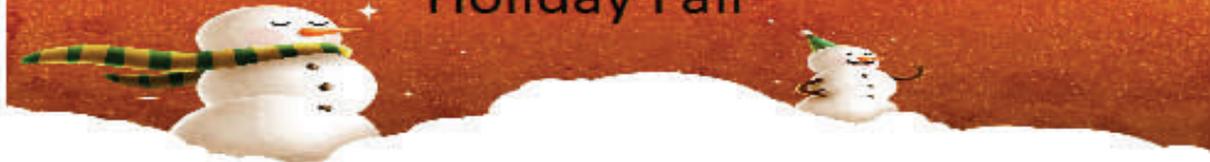
Part of the requirements to complete the class is the mandatory performance of a number of haircuts.

To achieve the required haircuts, and to gain experience, the barber class is allowing volunteers from the population to come to the class for a haircut and/or facial. To volunteer for a haircut, all you have to do is sign up on the list that will be posted in the pods. There are limited slots, so only 10 volunteers will be allowed to receive a haircut per scheduled days. Also to volunteer for a haircut, you must not be programming during the haircutting hours.

Due to time and Security constraints, shaves will not be performed. All haircuts are performed by student barbers under the direct supervision of a licensed instructor.



Luna Community College's 4th Annual Holiday Fair



The LCC Holiday Fair will be held on Saturday, December 10th, 2011
from 9:00 a.m.-3:00 p.m. at the Rough Rider Grill.

Entry fees are listed below. LCC will provide one table, or "booth," for the showcase of your
crafts and inventory. If you would like additional booths, you may purchase each additional
booth for 1/2 the entry fee.

(E.G. For a staff member, 2 booths would cost \$15: \$10 + \$5 = \$15)

Students: \$5

Faculty & Staff: \$10

Community Members: \$15

Please Make all Checks Payable to: Luna Community College

All entry fee proceeds will go to LCC Activities.

Please complete the bottom portion and return with your entry fee to:

Melissa Lopez

366 Luna Drive, Las Vegas, NM 87701

Phone: 505-454-5357 or x1217

Fax: 505-454-2520

*Please contact Melissa with any questions

All applications and booth fees must be received by December 5, 2011, 5:00 p.m.

Cut on dotted line

LCC Christmas Fair Application

Name: _____

Address: _____

Phone: _____

Number of Booths Needed: _____

Entry Type: (Check One) Student Faculty/Staff Community Member

Do you need an outlet? (please circle) Yes No

*Internal Use: Full Payment Received



More resources needed — now — for education at all levels

By Dr. Pete Campos

Policymakers, community leaders and educators have spent decades debating how best to improve New Mexico's public school system. Although we have seen great results, the debate rages on and causes division. We become critical, or cynical, of one another when what we truly need is to work together.

It is time to focus on solutions. School funding as a percentage of state spending, student achievement and the public's satisfaction with the state's public schools are all down. The general public applauds educators and is demanding that community leaders listen and support a plan for educators to help all our students become lifelong learners.

A renewed focus along with the necessary resources is needed now to support everything from early childhood education, nutrition and health programs to family support and income programs. Not only is a good education one of the foundations for a healthy, happy childhood and success later in life, a good education is also *dependent* upon a healthy, happy childhood. Everything is connected. Children will not learn if they are hungry, distracted or withdrawn because of problems at home or are simply not in school because they are sick. And one of the keys to our long-term fight against hunger, poverty and domestic violence in New Mexico is to ensure that our children — tomorrow's adults — are better educated.

It is not easy to spend more money on education and social programs in the best of times, but it is especially difficult when the state budget is as tight as it has been for the last four or five years and is likely to be for several more. But while not easy, it is important to do so because this is precisely the time when New Mexicans need a better education, more financial support and more robust social assistance.

While early childhood education is critical, we must also emphasize secondary and post-secondary education, recognizing the twin goals of our schools: to instill a lifelong desire to learn and appreciate life's diversity and to prepare students for the hard task of finding, keeping and excelling at jobs that pay the bills.

Specifically, we must:

- + support public health efforts so that every child starts school healthy and stays healthy throughout the child's school years;

- + support after-school and summer programs so that students stay interested in school and make wise choices to stay in school;

- + implement new strategies for early childhood reading programs, like hiring reading coaches, and support early intervention programs for students who need assistance;

- + invest in post-secondary educational academic and training programs to encourage and prepare young New Mexicans to enter the honorable profession of teaching and continue to make teachers' compensation competitive for those who make that commitment;

- + strengthen curriculum, align education with employment trends and improve our vocational educational system to attract manufacturing;

- + ensure that technology reaches all corners of the state so that all students can access the world of research, discovery and current information;

- + evaluate the educational offerings in all our communities and work to correlate and maximize educational opportunities for all students, whether they reside in Maxwell, Deming, Tatum, Vaughn or Albuquerque;

- + increase funding for special education programs to ensure that all students have a chance to succeed;

- + boost student post-secondary support services, such as career education, guidance, counseling, life skills building and tutoring, so that students have the tools to contribute to society in an effective way and provide for their families; and

- + strengthen concurrent enrollment and dual credit programs to allow students who enter college to save money by enrolling as upperclassmen, and strengthen vocational education so that those who do not enter college can enter the work force better prepared.

The social and economic vitality and viability of our entire state depend on effective strategies that keep quality educational opportunities available in rural, suburban and urban communities so that students can decide when they leave home, how they wish to pursue their education and where they choose to live.

New Mexico has a unique opportunity during the 2012 legislative session to unite and to improve education.

Student Nurses Association

Coats for Kids Drive

Nov. 1 – 30, 2011

Drop off boxes located in the Allied Health Building, Administration Building, Rough Rider Grill, Registrars,

and Traveler's Café

Donations to benefit

Armijo Elementary Coat Closet



Several Luna Community College nursing students recently helped give out flu shots. Pictured (top, l-r) are: Beverly Sanchez, John "Bugs" Papatathis, Katie Kolosovsky, Susan Olson-Smith RN, MSN. (Bottom row, l-r) Elicia Martinez, Janel Alcon, Adam Gonzales, Michelle Stinnett. The nursing students helped out the community by giving over 238 flu shots at LCC as well as the local Public Health office and Vida Encantada.

Luna Community College employees displayed their school spirit by participating in Halloween activities. Pictured (l-r) are: Janice Medrano, Melissa Lopez, Trini Martinez, Renee Maestas and Jodi Wolff-Torrez.





A display was recently set up at Highlands University to honor Henry Sanchez who passed away recently. Sanchez was a sports performance instructor at Luna Community College.

LCC's Sanchez honored by WLTV, NMHU

By David Marlow
WLTV Partnership

A "Dia De los Muertos Altar" in memory of Henry Sanchez has recently been set up at The Teacher Education Center at Highlands University. The reasoning behind the project was to commemorate the life of Henry Sanchez and what he stood for.

My Spanish II class at the WLTV Family Partnership helped to gather all published information from the time of his death. Our intention was to use pictures, words, and quotes that others had spoke about him. The middle poster was intended to show the true character of what he meant to so many others. Shaped like a tree, the "foliage" speaks of him as a second father, mentor, humanitarian...and a great man to many who knew him.

As you continue to read the "trunk" speaks about his love of education, sports, community and, most of all, family. The "roots" tell of his faith in god and mankind. I was already putting together another exhibit for Casa De Cultura at Burris Hall when I was asked by Dr. Loretta Salazar if Family Partnership would participate in exhibiting an altar on All Saints Day and All Souls Day, but it took on a life of its own. People that have seen the finished exhibit get only a small glimpse of who he was.

It was also my intention that we need to honor all people that have such a lasting positive impact on us. I never remembered Henry saying anything negative. He was always so optimistic and had a way of letting other see differing viewpoints to anything. My contribution to the memory of Henry Sanchez is small in comparison to the time spent with him, conversing, watching sports, sharing a meal, and enjoying his company for so many years. He gave his time freely and enjoyed always helping others.

Once in a life time we meet someone with a spirit that can only be described as magnanimous. People wishing to visit the Altar can view it at NMHU Teachers Education Center on the main floor.

Spring Registration

Starts November 28th

Hard copy schedules will be available first week in December—
You may view and print spring schedule online at www.luna.edu.