

The Luna Light

"The People's College"

Mission Statement: "Creating Opportunities for You!"

Visit us at
www.luna.edu
1-800-588-7232

Volume 7 Issue 5

February, 10-16, 2014

Luna CC Welding Program taking steps forward

The Luna Community College Welding Program has been upgrading curriculum and technology in efforts to keep up with the growing industry, says Luna Community College Vocational Director Gary Martinez, who has been overseeing the trades area for the last four years.

"Collaboratively as a department with the help of inter-departmental faculty and staff, efforts have assisted in building up the trades programs to certification and national accreditation," says Martinez. "Furthermore, curriculum has been built to workforce and industry standards."

Currently there are 6,500 vacant jobs across the world for welders.

"We have had nine students over the course of the last three years earn their AWS (American Welders Society) Certificate," says LCC Welding Instructor Cory Moore. "Our program is nationally accredited. In addition to this, we are also NCCER (National Center for Construction and Educational Research) certified."

LCC student Frederick Romero says he has seen posi-

tive steps in the program.

"Overall, it's a great program with a lot of opportunity. I took it as something to fall back on," said Romero.

Perhaps one of the best stories to come out of LCC is former student Chaz Pilley.

"Chaz has worked in five states over the course of the last two years," says Moore. "He is making over \$100,000 a year. Once you leave this program, most of the students get certified and go straight into apprenticeships and journeyman's jobs. They keep climbing the ladder; there's good money in welding. Those that choose to can even get better jobs overseas. The oil industry is booming with welding jobs. Building a program is a process," says Moore.

And part of the process will be at the end of 2016, when the program is expected to have its renovation finished through a statewide general obligation bond and a Title V grant.

Continued on page 2



Luna Community College and Las Vegas saw the effects of a winter storm that hit the area recently. This particular photo was taken at the upper entrance at the college at approximately 2 p.m. on Wednesday.

Welding...



LCC welding students built the bed for this truck. The truck carries a compressor and a portable welder. The bottom photo shows new tigg welders.

Continued from page 1

“We will have a new heating and ventilation system and a total electrical overhaul. In addition to this, we will continue to add new equipment,” said Moore.

Moore says that his program has three new plasma cutters, five arc welders, a metal brake for fabrication and a iron worker.

“This program has come a long way,” says Romero. “We’re excited about where it’s going. Corey is an instructor that cares about his students.”

Moore says that he is providing the best quality with what he currently has to work with.

“We’re doing everything we can with the budget we have,” says Moore. “It’s come a long way, but we still have a long way to go.”

Romero, a student senator says that dialogue needs to continue to improve.

“From a student’s perspective, there could be a better line of communication,” says Romero. “I will say this, this program provides ample opportunity for students to pursue a career and become successful.”

Romero, along with other students, have helped build fences and a flatbed as welding projects for the school.

“This gives us practical experience,” said Romero who specializes in metal art. “I like to fabricate anything. I learned those skills here.”

“This program has come a long way. We’re excited about where it’s going. Corey is an instructor that cares about his students,”—Frederick Romero

The next Luna Light will be published on Monday, Feb. 24

Baseball team wins one game on the road

The Luna Community College baseball team took one game from No. 16 Eastern Arizona Community College on the road over the weekend.

The Rough Riders lone win was the third game of the series, 7-2. They

lost the second game of the doubleheader 4-1. On Friday, LCC lost 8-0 and 10-3. The Rough Riders are 1-7.

The baseball team play Western Oklahoma on the road this weekend. The LCC softball team travels to Lamar on Wednesday and will play in the Midland Classic in Texas on Friday and Saturday.

Jesse’s quick hits

Remember to smile a few times a day. I hope this helps—Jesse

Knock, knock.
Who’s there?
Sherwood
Sherwood who?

Sherwood like to here some more jokes

Knock, knock.
Who’s there?
Shore.
Shore who?
Shore am tired of knocking

**Send Your Crush a CRUSH
For Valentine's Day!!!**



\$5 to send your CRUSH a Crush!

Pre-orders: 1/27/2014-2/13/2014
 Delivery: 2/14/2014
 Located: Cosmetology Department
 Contact Number: (505) 929-0604 or (505)688-9268 Text or call =]

Luna Community College **CAMPUS ALERTS**

Get Notifications

- Weather Emergencies
 - Delays
 - Cancellations
- Campus Emergencies
 - Fire
 - Evacuations
 - Dangerous Situations
- Crime Warnings
 - Robberies
 - Suspicious Activity
 - Suspicious Persons
- Campus Activities
 - Important Dates
 - Special Events



Get Started Today... Its Easy!!!
 Just go to:
www.getrave.com/login/luna

Get text messages and/or email messages with important information. Any member of the LCC community should go to www.getrave.com/login/luna and follow the simple instructions. The only cost to registrants is the standard text messaging costs in accordance with your chosen carrier's calling plan.



ravewireless.com

Beginning an exercise program

By Dawnette Garcia-Najar
 LCC Wellness Director

When beginning an exercise program some people struggle with how to initiate their program. While the intentions are sincere, it can be overwhelming to make an adjustment to a healthy lifestyle. Starting an exercise program can alter your daily routine. Thought and preparation will make a smoother transition. When considering an exercise program, choose something that is feasible, accessible, proven and enjoyable. For feasibility, you want to consider physical requirements, costs and time. First, if you have known health concerns, or are unsure of your current health status, a physician's clearance is recommended to identify types of exercise to pursue.

The physical requirements of a new exercise program that are too intense or too difficult can lead to excessive soreness or injuries which can lead to dropping out before benefits are realized. Choosing activities that are beginner friendly and low impact such as walking, light resistance training or beginner level classes will provide the appropriate intensity for new exercisers.

Cost will help you choose a program that matches your budget. Time is often cited as a major barrier to exercise. Choosing an activity that fits within your timeframe will help you feel comfortable of your daily life and not feel like a burden. Accessibility and convenience are possible to help develop a habit. Exercise options close to home or work may include fitness facilities, parks, and trails. When exercising during the week, pack a bag to carry with you to work.

Setting goals is a great start. Identify short term goals and specific desired results will help you stick to it. It is important to get a baseline measure of all variables of interest, short and long term goal, to set up the exercise program. This will help identify the best type of physical activity, intensity, duration and frequency for the exercise program.

Finding activities that are enjoyable will help transition to a healthy lifestyle; either with a partner, group and or alone. Starting and sticking with an exercise program is a challenge for many individuals, but by planning ahead the benefits of leading a healthy lifestyle will soon be evident.



Start Preparing For Midterms NOW



Tutors are available in the ACCESS Center Tutoring Center
Everyday.

Schedule an appointment with one of our tutors today, and be prepared for
Midterms early! The Tutoring Center is located in the Student Services
Building, Room 111. The Center is open Monday through Thursday 8:00 a.m. to
8:00 p.m. and Fridays from 8:00 a.m. to 5:00 p.m.

FREE Popcorn and Drinks

Tuesday Feb. 25, 2014 from 11:00 a.m. to 3:00 p.m. and
Thursday Feb. 27, 2014 from 12:00 p.m. to 5:00 p.m.
Come meet our Tutors!!!

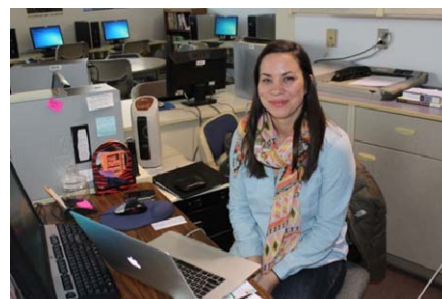


Meet your ACCESS tutors



Hi I'm Reyes Coca. I have worked as a tutor at NMHU and UNM and I enjoy teaching. I earned my bachelor's degree at UNM and my masters of business administration at New Mexico Highlands

University. My favorite subjects are business and math. I look forward to helping students achieve academic success.



Rachel Debuque received her MFA degree at the University of Georgia. She received her BFA from Indiana University of Pennsylvania. She is currently an instructor at New Mexico University Highlands and Santa Fe University of Art and Design,

where she teaches media, professional practices, and sculpture courses.

Continued on page 8

Pecos High Cheer Team recognized at State Capitol



Pecos High School Varsity Cheer Team was recognized recently at the New Mexico State Legislature for their accomplishments the last few years. They are two time (back to back) state champions and have also been state runner up. In addition, they have won various first-place competitions plus two overall grand champion trophies.

The team has a cumulative grade point average of better than a 3.0 and many seniors and juniors attend Luna Community College. They take pride in helping and participating in community events and are leaders in supporting their school athletic programs and encourage their fellow classmates in school spirit and pride. Many participate in clubs and organizations throughout their school.

The team was also invited to meet with Governor Susanna Martinez in her office to congratulate and speak with them on their accomplishments.

Team members are: Cisco Tapia, Leandra Benavidez, Angelica Ortiz, Shaelyn Flores, Bianca Recendez, Lauren Armijo, Caitlin Martinez, Cassandra CdeBaca, Reyna Dominguez, Brittany Vigil, Siarra Rivera, Reina Tapia, Addalisha Ortiz, Kamisha Ortega, Shania Leal, Julia Sanchez, Michaela Tapia, Anahi Dominguez, Iris Romero, Kiana Vigil and Chantelle Quintana.

The head coach is Jessica Flores and the assistant coach is Michael Flores.

Weekly calendar

Monday, February 10, 2014

8:00 a.m. – 5:00 p.m. YouthBuild OSHA 10 Training (LRC Lecture Hall)

Tuesday, February 11, 2014

9:30 a.m. – 5:00 p.m. United Health Care Orientation (LRC Lecture Hall)

5:30 p.m. – 6:30 p.m. Piyo Fitness (VoAg)

5:00 p.m. – 6:00 p.m. Safety Belt Class (General Studies 102B)

Wednesday, February 12, 2014

9:00 a.m., 11:00 a.m., 1:00p.m. LCC Softball v. Lamar CC (Lamar, Co)

Thursday, February 13, 2014

9:30 a.m. – 5:00 p.m. United Health Care Orientation (LRC Lecture Hall)

10:30 a.m. – 1:00 p.m. SkillsUSA Bake Sale (Technologies)

12:00 p.m. LCC Baseball v. Western Oklahoma (Atlas, OK)

5:00 p.m. – 8:00 p.m. Cub Scouts Scouting for Food (IPC Dining Hall)

5:30 p.m. – 6:30 p.m. Piyo Fitness (VoAg)

Friday, February 14, 2014

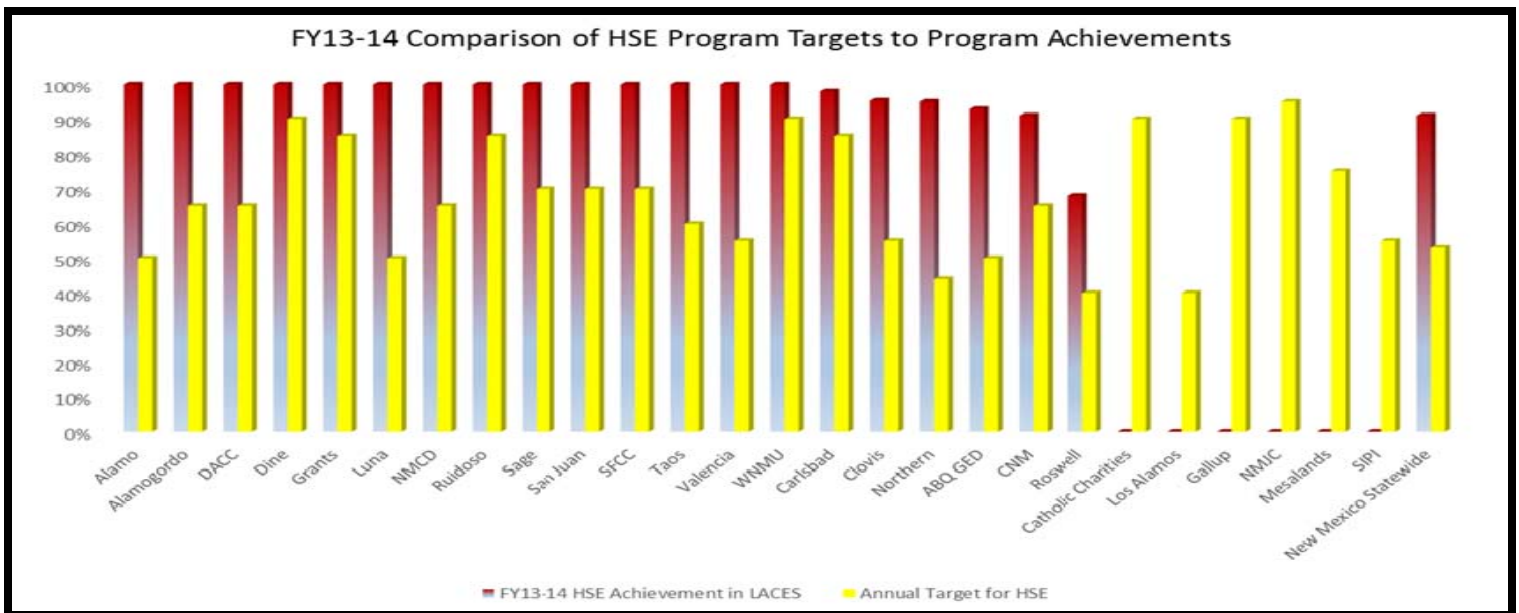
9:00 a.m., 2:00 p.m., 4:30p.m. LCC Softball @ Midland Classic (Midland, TX)

12:00 p.m. LCC Baseball v. Western Oklahoma (Atlas, OK)

Saturday, February 15, 2014

9:00 a.m., 2:00 p.m., 4:30p.m. LCC Softball @ Midland Classic (Midland, TX)

12:00 p.m. LCC Baseball v. Western Oklahoma (Atlas, OK)



The "FY13-14 Comparison of High School Equivalency Program Targets to Program Achievements" chart ranks Adult Education programs around the State based on a comparison of their High School Equivalency achievement to date with their individual targets. The statewide goal was 53 percent. The Luna Community College Adult Education (GED) Program has surpassed its annual program goals for HSE and has already achieved 100 percent for this program year.

Transparency and the magnitude of our mission

By Dr. Pete Campos/LCC President

Transparency is at the forefront as we move ahead with the process seeking reaffirmation of accreditation. In order for us to succeed as a community college we continue to function through openness, communication and accountability (OCA). Luna Community College operates in a way that is easy for others to see what actions are performed. For example: When a student enrolls: he/she picks a program of study, establishes a schedule of classes, is advised what tuition and fees are owed, is provided with financial options and engages in the process of learning which eventually leads to program completion and a strong opportunity to enter the chosen field of employment.

Transparency often generates more questions, debate, opposing points of view and personality differences. That being understood, I continue to emphasize to our Luna Family "don't take the criticism personally" rather, take it as constructive and positive means to improve the work we do on behalf of students and personnel. While few, often with ill intent, attempt to sensationalize our mistakes, decisions or areas needing improvement, more people realize we work tirelessly to serve student needs and prepare them for the job market.

Transparency may provoke defensive behavior, but in reality, when applied rationally, stimulates healthy conversation and constructive implementation of best practices which lead to optimum and highly productive operational systems. We're working every day to improve the efficiency of our operations, services to students and outreach to expand enrollment. Mahatma Gandhi said, "A small body of determined spirits fired by an unquenchable faith in their mission can alter the course of history."

Transparency and the magnitude of our mission are huge. We are

authorized to serve most of the communities and students of Northeastern New Mexico. This means we serve numerous small communities, people who live everyday with minimal economic resources and limited job opportunities. I believe it is our mission to construct and operate good infrastructure and buildings; obtain and maintain modern equipment; provide highly qualified instructors to teach students; keep educational costs to a minimum; and, commit to the mission of student completion. We want every student who attends Luna Community College to earn an education so they can go to work at a good wage.

Transparency may make some feel uncomfortable. So, to get past the uneasiness, communicate with others in your department and talk about: strategies, costs, purposes, productivity measures, how to share functions and progress through the Luna Light, ways to build trust in each other, and other issues that will improve your contribution to make our college better.

Transparency is meant to help us become a stronger college. We are a diverse college and our Luna Family members have many points of view. That's good! But, we still have some connecting to do so we better understand each other and respect one another's opinion.

Transparency, when applied ethically and in good faith, will greatly assist our mission to provide student's solid education so they will succeed at the career they choose. I hope you take time to reflect upon this article, review and strengthen your best practices, reach out to friends on campus who share a can-do and positive approach to their work and life, focus your efforts on serving students and don't be swayed by those with hurtful or selfish intent. **Luna is a great college providing students opportunities they may not otherwise receive.**

Luna CC Student Government seeking student input

Dear Luna Graduating Class of 2014:

It has been brought to my attention that we have been offered use of various schools for a possible graduation ceremony venue free of charge.

Members of the Board of Trustees have asked me to survey the students and ask their opinion. Remember, this is your graduation and your voice is important.

The reason I bring this to you for your thoughts and consideration is that the school rents the large white tent for the graduation ceremony at a cost of \$10,000.

Other uses for this money have been suggested, such as a reception after the graduation for you and the attendees, and the

remainder of the money to go to a scholarship fund. My opinion is that this money could be better used in being able to provide future students the opportunity that we had to receive a quality education. In view of the current situation with the Lottery Scholarship, I feel that this would be the best use of the money.

Once again, this is your ceremony and your views will be presented to the board. So please take a few minutes of your time and email us at studentgovernment@luna.edu with your views.

Thank you,
Victor Ramirez
President, LCC Student Government

Seed Stories and Agri-Culture

SeedBroadcast presentation and an evening of seed story cultivation

Join us for an evening of SeedBroadcasting and
Seed Story Cultivation.

February 17, 2014

5pm - 7pm

Luna Community College

Learning Resource Center (LRC) Lecture Hall

Las Vegas, New Mexico

Bring the whole family and any stories and seeds you
might have to share!

SeedBroadcast is a collaborative project exploring grassroots seed action through collective inquiries and hands-on creative practices.

SeedBroadcast believes everyone in our communities, possesses a genius of place that nourishes our sustenance. This is the fluid, dynamic, and innovative knowledge we uncover, in ourselves and the world around us, that pollinates our thinking and grows our gardens, as creative forces to be reckoned with. These are our seed stories, voicing a declaration of food for thought, vitality, and our future.

www.seedbroadcast.org

Sponsored by: Luna Community College Faculty Senate

Meet your ACCESS tutors

Continued from page 4





Courtney Aragon

"I'm originally from Kansas, but attended NMHU for my bachelor's in exercise & sport sciences with a minor in chemistry. I'm now finishing my prerequisites to attend pharmacy school and would love to share my knowledge in various subjects."



"Hi, I am Karen Wezwick. I began working as a tutor in the LCC ACCESS Center five years ago. I love helping students learn how to apply themselves more effectively. I have a degree in art education with a minor in English. I have taken computer fundamentals, Microsoft Office, web

design, Dreamweaver, math, as well as many other business classes. Being that I have also taken online classes here at LCC, I know how to navigate through Blackboard, as well as many of the additional challenges that online classes may pose."



Student Veteran Support Group

- Would you like the opportunity to connect with other student veterans?
- Do you sometimes struggle transferring your military leadership skills into the academic setting?
- Would you like a place to go to feel understood as a veteran?
- Are you adjusting from a military lifestyle into civilian life?
- Do you want to improve your stress management and coping skills?

The ACCESS Center is starting its Student Veteran Support Group, with the intent of bringing student veterans together to provide support to one another and to share their experiences in a safe and confidential environment. Topics of the group may include: stress management, coping skills, social support, and exploring experiences of leadership. This group aims to be a place to help student veterans feel understood within a supportive environment.

Any student veterans interested in participating in this support group will need to call the ACCESS Center at (505) 454-5357, (505) 454-5374, or (505) 454-5317 to schedule an intake no later than **MONDAY, February 10, 2014**. The anticipated start date of the support group is **Wednesday, February 12, 2014**. The group will meet weekly and will run throughout the academic school year.

Time: Every **WEDNESDAY** from 11:30-12:30
 Location: Student Services Conference Room
 Call: (505) 454-5357, (505) 454-5374, or (505) 454-5317

SLOA PRESENTERS FOR SPRING 2014

Humanities Department

Isabel Gallegos
Linda Tapia
Juan Ortega
Dorothy Simpson

Business Department

Dolores Gutierrez
Elaine Ortega
Brendaleigh Lobato

Education Department

Dr Sandra Coca
Mary Helen Ortiz

Vocational Education Department

Adrienne O'Brien
Wayne Roper
David Fresquez

Fire Science Program

Andrew Duran
Joseph Montoya

SMET Department

Dr Elizabeth Juarros
Betsy Sanchez
Nichole Collins

Allied Health Department

Roberta Montano
Jacque Romero-Arguello
Debbie Smith

Wednesday, May 14th
LRC Lecture Hall
8:30am — 12:00noon