

What's Happening at Luna Friday, 12/08/2023 ©

Ending Week 16 of the Fall 2023 – Final's Week! Whew! Preparing for Week 17 – In-Service week. Here's what's happening at Luna.



Allied Health



Contact us about Spring 2024 Registration



Allied Health/Public Service

Program	Who to Contact for Help
Allied Health Pre-Nursing Certificate	Yvonne Pina 505 454-2525, ypina@luna.edu Vanessa Torres 505 454-2566, vatorres@luna.edu Carol Linder 505-454-5387, clinder@luna.edu
Emergency Medical Technician – Basic Certificate	Allen Sanchez <u>alsanchez@luna.edu</u> Carol Linder 505-454-5387, <u>clinder@luna.edu</u>
Community Health Worker (CHW) Certificate	Denise Fox 505-454-5382, dfox@luna.edu Carol Linder 505-454-5387, clinder@luna.edu
Allied Health Associate of Applied Science Degree (AHAS) Allied Health Certificate (AHC) Certified Nursing Assistant (CNA) Certificate	Carol Linder 505-454-5387, clinder@luna.edu

Licensed Substance Abuse Associate (LSAA) with an AAS and 2 electives	
Surgical Technology AAS in partnership with San Juan College	Maxine Chapman 505-566-3492, chapmanm@sanjuancollege.edu Carol Linder 505-454-5387, clinder@luna.edu
Criminal Justice Associate of Arts Degree (CJUS) Criminal Justice Certificate	Kimberly Baca 505-454-2540, kbaca@luna.edu
Dental Assisting Certificate Fall 2024	Gloria Pacheco 505-454-2528, gpacheco@luna.edu Denise Fox 505-454-5382, dfox@luna.edu

Student Success Center Specialists are also available to provide advisement and registration. Contact 505-454-2549

studentsuccess@luna.edu





LEARN HOW TO SUPPORT YOUR FRIENDS, FAMILY AND NEIGHBORS

Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

You'll build skills and confidence you need to reach out and provide initial support to those who are struggling. You'll also learn how to help connect them to appropriate support.

AFTER THE COURSE, YOU'LL BE ABLE TO:

- · Recognize common signs and symptoms of mental health challenges.
- · Recognize common signs and symptoms of substance use challenges.
- · Understand how to interact with a person in crisis.
- Know how to connect a person with help.
- · Use self-care tools and techniques.

Join the more than

2.6 MILLION

First Aiders who have chosen to be the difference in their community.

REGISTER TODAY!

Delivery Format:

In person presented by Chelsea Lucero, PsyD, LPCC, LADAC, NCC

*Paid for by the MSG Local Collaborative

Date and Time:

Wednesday December 13, 2023 8:30am to 4:00pm

Location:

Luna Community College, Las Vegas, NM, Board Room

Where to Register:

Register by scanning QR code here ->

Learn how to respond with the Mental Health First Aid Action Plan (ALGEE):

- ssess for risk of suicide or harm.
- isten nonjudgmentally.
- G ive reassurance and information.
- El ncourage appropriate professional help.
- Encourage self-help and other support strategies.



For more information, visit MHFA.org

Sucessorize Purse and Scarf Sale Sat December 9th

11 AM TO 4PM

Luna Community College Media Education Center

> Contact: Phyllis Ludi (505) 429-0106 pcludi@outlook.com



All proceeds support

AAUW Scholarships for nontraditional female students at NMHU and LCC.

AAUW Tech Trek NM STEM
Summer Camp for NM 7th grade
girls.

AAUW.org lasvegas-nm.aauw.net





Emergency Medical Technician EMT –Basic

12 Hour Certificate – one semester

12 Students max

The Certificate in Emergency Medical Technician - Basic prepares individuals to sit for National Registry EMT certification exam.

DATES: January 16 - May 10, 2024

CLASS TIMES

Mon and Wed 5:30-9:30 PM

Fridays 4:00-8:00 PM

For more information about registration details, fees and requirements **Contact:** Allied Health and Public Service Department at Luna

Amberlyn Gonzales, Admin Asst, 505-454-5303 Ext: 1022_ambgonzales@luna.edu Dr. Carol Linder, Director, 505-454-5387 Ext: 1404_clinder@luna.edu

Allen Sanchez, Instructor, 505-470-7444_alsanchez@luna.edu

Camille Atkinson, Northern New Mexico WIN Navigator, 505-356-9791, camillea@ncnmedd.com





Supported by the Northern NM Workforce Integration Network (WIN) grant with Integrated Education and Training (IET) Adult Education and a WIN Navigator





Bookstore and Café'

The Bookstore/Cafe will be closed from December 11, 2023 thru January 03, 2024. We wish everyone a safe and happy much needed winter break.

Luna Strong and tbh are here for you!

Luna is partnering with tbh: an online mental health platform that helps you take charge of your mental health! With tbh, you get FREE access to mental health support online and on your schedule (weekends, holidays — you name it). You can sign up for:

- 1:1 sessions (if you want to work independently) or group support (if you like to do less talking and more listening), all led by diverse therapists.
- Conversations are private and designed as a safe space for you to address any topic you wish!
- Visit https://tbh.us/luna to sign up. If you have questions or concerns, text tbh at (415) 895-3932





Luna Strong

Everyone,

Before you leave for the semester, we have potatoes, good looking honeydew melons, block cheese and shredded cheese in the kitchen tiendita and refrigerator. Please take what you need as I'd like to have all this gone by the end of next week. - Crystal Western Ford

I.T.

Good afternoon,

Luna Community College is currently working on the implementation of the Workday Student Information System. This means that all Jenzabar functions that support students, i.e. Financial Aid, Registration, Student Services, etc. will be moved to Workday. We are in the discovery phase of the project and we need information to help us move forward.

I am needing to put together a list of any reports used in the legacy system (Jenzabar).

If anyone runs reports for student data from Jenzabar can you please send me a copy of the report so I can start working on getting the layouts together for the implementation. You can either send me a copy of a current report you run or headings on a spreadsheet of what you would like to be able to run.

Thank you Denise

Denise E. Gibson

Lead Database Administrator Computer Services office: (505)454-2547 dgibson@luna.edu What's Happening This Weekend and Beyond...





City Of Santa Rosa, NM







Springer December Events

- Drop-off

 3rd Annual "Share the Warmth" Drive —unwrapped hats, gloves, scarves, socks,
 Thru Dec. 16 _and mittens donations can be dropped off at City Hall or the Springer Fire department between 8:00 AM-5:00 PM or by contacting any Springer firefighter.

 Donations go to local Springer children. Contact Craig Eppler with any questions at 575-707-0265 or springerfire@gmail.com.
- **December 1** <u>Christmas cookie drop-off.</u> Anyone interested in donating a batch of cookie (Friday) for the X-mas Tree lighting on 12/3 should contact Luella Smith at 575-707-1354 and drop cookies off at City Hall before 5 PM.
- **December 2** <u>2022 Christmas Bazaar</u> at St. Joseph's Parish Hall. (9 AM to 2 PM). Contact **(Saturday)** Judy Phelps for more information or to reserve a booth space at 575-447-3967.
- **December 3** -Christmas Tree lighting in Museum park with Hot Chocolate and Cookies being **(Sunday)** served at 6:00 PM.
- **December 5** -Silver Spurs Cowbell Bazaar at the Methodist Church from 8:30 AM 2:30 (Tuesday) P.M.
- **December 15** Home and Business Lighting applications should be turned into City Hall (Friday) before 5 PM. Applications for the home and/or business lighting contests may be picked up at City Hall.
- **December 16** Home and Business Lighting Contest Judging is from 6 to 9 PM, so turn on (Saturday) your lights! (Prizes for both home and business category winners are 1st—\$100; 2nd -\$75; and 3rd—\$50).
- Obscember 17 Light parade Anyone who wants to decorate their vehicle should plan to line (Sunday)

 Up by the nursing home at 5:30 PM with the parade scheduled to begin at 6:00 PM. Prizes for the top three floats will be awarded 1st—\$100, 2nd—\$75 3rd—\$50. After the parade, at Museum park, the winners will be announced and prizes handed out for both the parade and the Home and Business light Ing contests.
- **December 19** Springer Elementary Christmas Program will be held at 6:00 P.M. The **(Tuesday)** Town of Springer, Mayor Boe Lopez, and Trustees will pass out goody bags to the children after the performance.



HOLIDAY WORDSEARCH

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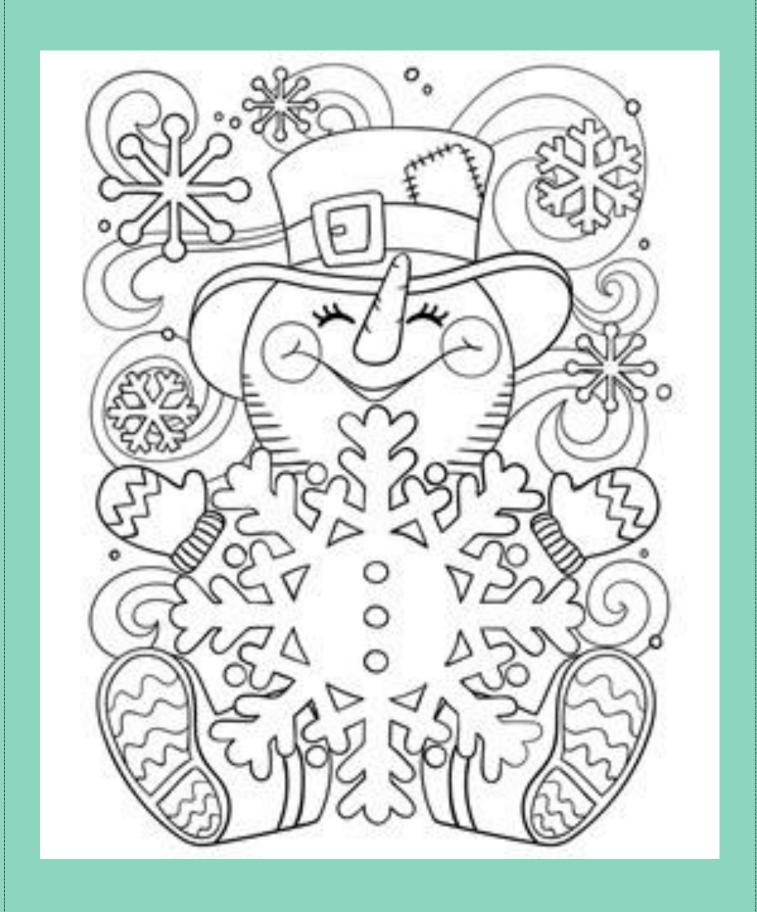
SANTA CLAUS SLEIGH SNOWMAN SWEATER TINSEL WINTER

Homemade GGIFTS MADE EASY









Holiday Recipes

Best Holiday Cheeseball

(https://mariebostwick.com/best-holiday-cheese-ball/)

Ingredients:

12 oz. cream cheese, softened

2 T sour cream

1.5 cups shredded sharp cheddar, divided

8 slices bacon, minced, divided

½ cup pecans, chopped, divided

4 green onions, chopped fine, divided

1/4 cup chopped parsley, divided

1 T smoked paprika

½ tsp garlic powder

½ tsp salt

1/4 tsp pepper

Instructions

Place soften cream cheese, sour cream, smoked paprika, garlic powder, salt, and pepper into medium-sized mixing bowl. Use a spatula to mix spices into the cream cheese and sour cream.

Add half the cheddar, half the bacon, half the chopped pecans, half the chopped onions, and half of the parsley to the bowl. Mix into the cream cheese, making sure the ingredients are evenly distributed. Use the spatula to press the cheese mixture into a loose ball. Set aside.

Place the remaining ingredients – bacon, cheddar, pecans, parsley, green onion – on a large piece of plastic wrap spread on the kitchen counter. Use your fingers to toss the ingredients so they are well mixed.

Place the cheese ball onto the plastic wrap. Roll the ball into the loose ingredient mixture, pressing the ingredients onto the surface with your hands while forming a more even looking cheese ball. (There will be extra loose ingredients. Save for another use, such as a topping for a green salad.)

Serve immediately or wrap tightly in plastic wrap and store in the refrigerator for up to 4 days.



Christmas Tree Tarts

Recipe from Ree Drummond - Pioneer Woman (https://www.foodnetwork.com/recipes/ree-drummond/christmas-tree-tarts-7953768)

Ingredients:

One 14.1-ounce box refrigerated rolled pie crusts

1 large egg

One 21-ounce can cherry pie filling

Fresh rosemary sprigs, for garnish

2 tablespoons confectioners' sugar

Special equipment: 2 1/2-inch round plainedged cookie cutter, 2-inch round plainedged cookie cutter, 1 1/2 inch Christmas to

edged cookie cutter, 1 1/2-inch Christmas tree cookie cutter



- 1. Preheat the oven to 375 degrees F. Line a baking sheet with parchment paper.
- 2. Unroll one of the pie crusts onto a cutting board. Using a 2 1/2-inch plain-edged round cutter, cut out 8 circles from the crust. Place the circles on the parchment-lined baking sheet. Discard the remaining dough.
- 3. Unroll the second pie crust onto the cutting board. Using the same 2 1/2-inch round cutter, cut out 8 more circles. Then, use a 2-inch plain-edged round cutter and cut out 8 smaller circles from the larger circles on the board. Set aside the rings. Using a 1 1/2-inch Christmas tree cutter, cut out 8 small trees from the smaller full circles. You should now have eight 2 1/2-inch full circles, eight 2 1/2-inch rings and eight small Christmas trees of dough.
- 4. Beat the egg with 1 tablespoon of water. Use your finger or a brush to brush the edge of the 2 1/2-inch circles. This will help the rings adhere during baking. Lay the rings on top of the egg-washed circles. Working carefully, spoon 3 cherries into the center of each tart. Place a tiny tree on top of each tart over the cherries. The trunk of the tree should be touching the outer ring. Using your finger or a pastry brush, brush the pie-crust ring and tree with the egg wash. Bake the tarts until the dough is golden brown, about 15 minutes. Allow to cool completely.
- 5. Create a bed of rosemary on a platter or cake stand and arrange the baked tarts on top of the rosemary. Dust with confectioners' sugar and enjoy!

Reminders

- All committees, departments, and individuals with information to share are encouraged to send their knowledge to sgoodyear@luna.edu each week by 5:00 P.M. on Wednesday (unless otherwise noted) for inclusion in the week's update. If you miss a deadline, don't worry, your information will be included in the following week's update. When possible, your information should be in tidy bullet points that can easily be added to the basic update format. It is also helpful if you respond to the request for information for the week of update in the reminder email that was sent out, as it makes it easier for me to find and included what you send in the update. Please submit any pictures in the form of jpegs.
- Thanks to all who shared information for this week's edition of "What's Happening at Luna."
- If you missed an edition of "What's Happening at Luna," find it here: https://luna.edu/whats happening.



Have a wonderful weekend, Everyone!