

The Luna Light



*“The People’s College”
Becoming The Premier Rural Community College in America*

Volume 5 Issue 36

September 10-September 16, 2012

From working at a business to owning his own business

Chris Montoya coming back to school to reach his goals

Chris Montoya has his sights set on the big picture. It’s simple really—he is tired of working for someone else and someday soon wants to make a comfortable living by running his own business.

And Luna Community College is the avenue he is taking to make this happen.

“I got tired of working for the man,” says Montoya, 31. “I’d rather work for myself and make something happen for me. The last job I had, I was underpaid and overworked.”



Chris Montoya (left) is pictured here with fellow LCC welding student Larry Bell.

Montoya is focused on earning his welding technology and building technology certificate and everything that goes with it, including being OSHA and National Center for Construction Education and Research certified.

“I have an eight-year-old daughter named Angel and she tells me ‘Can I study with you daddy,’” says Montoya. “I told her she’s going to have to tutor me.”

Continued on page 2

Aragon joins LCC Wellness staff

NMHU graduate available for personal training

Paul Aragon is an Albuquerque native. He attended Fresno State University, Adams State College and New Mexico Highlands University and wrestled at the college level. He was an assistant wrestling coach for NMHU in 2010, and an NCAA national championship qualifier in 2005 while at Adams State College.

While attending NMHU, Paul received his bachelor’s degree in human performance and sport with a concentration in exercise and sport sciences, and master’s in human performance and sport with a concentration in sports administration.



Paul Aragon

He is First Aid & CPR certified by American Red Cross, and CPO Certified by National Swimming Pool Foundation. Paul has newly joined the staff at LCC Wellness Center and brings knowledge in sports exercise, designing programs, and fitness assessments.

Paul is available for personal training and will be assisting in the high-intensity class at the LCC Wellness Center.

He can be reached at 425-8767 or e-mail paragon@luna.edu.

Please see page 4 for more information on a class being taught by Aragon.

**Luna Community College:
“The People’s College”**

Chris Montoya...

Continued from page 1

It's been a while since Montoya has taken classes at any level. He dropped out of high school in 1997 to help take care of ranching and farming duties in his hometown of Chapel. After earning his GED, Montoya worked different jobs over the years.

"I'm older now and I have developed some wisdom. I want to be able to support my family comfortably and give her whatever she needs," says Montoya.

Montoya says that eventually he wants to have his own welding and construction business.

"I want to graduate and put all my will power into school," says Montoya. "Right now, I'm selling wood to pay for my tuition."

Montoya is currently taking 13 credit hours, but wants to take 18 in the spring semester. He will use the summer months to work.

"If I can give any young student any advice it would be not to quit high school because they will regret it. Time seems to just fly by. Don't get me wrong, I've accomplished a lot but I know having a proper education will get me further in life,"—Chris Montoya.

"If I can give any young student any advice it would be not to quit high school because they will regret it," says Montoya. "Time seems to just fly by. Don't get me wrong, I've accomplished a lot but I know

having a proper education will get me further in life."

Although he is older than most college students, Montoya says it's never too late to get an education. "If you find yourself working odd jobs, come back to school," says Montoya. "It's not worth working for someone that doesn't appreciate you.

One person that Montoya appreci-

ates is his daughter.

"I'm hoping I can be an inspiration to her," says Montoya. "I hope she says 'look daddy is in college' and that will want her to graduate from high school and go on and get a post-secondary degree."



Luna Community College students enjoy the summer weather. The first day of autumn is Saturday, Sept. 22.



**NEW MEXICO HIGHLANDS UNIVERSITY
LUNA COMMUNITY COLLEGE STUDENTS**

NMHU CHEERLEADING & NMHU DANCING SQUAD

We will be conducting tryouts this coming week

We are trying something new this year with incorporating
Cheerleading and a Dance Squad

Do you love to Cheer?

Do you love to Dance?

Do you love doing Gymnastic?



Then why wait , come out and try out for the **NMHU Cheerleading** or **NMHU
Dance Team**



September 10-13, 2012

Time : Monday & Wednesday 6:00pm-8:00pm

Tuesday & Thursday 7:00pm-9:00pm

Where : NMHU Wilson Complex Gym

If this time conflicts for you send us your
class/work schedule and we can try to make ...

other arrangements.



Any questions contact Coach Michael Campbell or Captain Destiny Torres @ 505-795-3295,
Squad Manager Amanda Rae Sims

WWW.FACEBOOK.COM/ HU.CHEERLEADING

GO COWBOYS & GO COWGIRLS !!!



HIGH INTENSITY INTERVAL TRAINING

**WHEN: MONDAY'S & WEDNESDAY'S
5:30 PM-6:30 PM
SEPTEMBER 10th-OCTOBER 31st**

**WHERE: LUNA COMMUNITY CENTER
WELLNESS CENTER**

INSTRUCTOR: Paul Aragon

BOOT CAMP WITH A KICK

**8 WEEK CLASS
AT \$40**

**Call for Info:
505-425-8767**

HIIT is a specialized form of interval training that involves short intervals of your maximum intensity exercise. HIIT will push you beyond the upper end of your aerobic exercise zone. HIIT will improve your cardiovascular fitness while spending less time doing cardio. At the same time it will increase your strength by including resistance training. HIIT helps improve overall body composition, increases muscle mass, decreases body fat, improves VO2 max, helps with recovery time in between sets, and allows you to become more efficient while exercising

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Luna
Community
College

LUNA COMMUNITY COLLEGE – RATON



AH105 Nursing Assistant Training (CNA)

Tuesday and Thursdays

4:00 pm – 8:15 pm

Location: MCMC Long Term Care-Raton

Instructor: Nancy Passikoff

**For registration information, contact Shannon
Romero at 800-588-7232 Ext. 1809 or
Vanessa at 483-5009. Also, check out our
website at www.luna.edu**

LCC Title V final evaluation results

The following are excerpts of LCC Title V evaluators. If anyone is interested in seeing the full report, please contact the LCC Title V office at 505/454-5331.

PART II: PROJECT IMPLEMENTATION AND IMPACT

1. Notable Strengths

- Appreciation for the commitment and competence of the Title V staff is general. One respondent indicated that this group is looked up to by others on campus because the project staff is functional, team-centered, and models excellent communication. Others highlight the staff's responsiveness in providing assistance to meet the immediate needs of faculty, staff and students in relation to distance learning services.

- The project has the support of a constructively involved Internal Monitoring Team, including members from diverse areas of the institution. The IMT has met regularly and provides practical assistance as well as advice and encouragement.

- The project has set high quality standards for online courses and services. Online services, including registration, orientation, account payment, career advisement, and financial aid processing were developed from a student perspective and were intended to be student-friendly and easy to use. Positive responses to a satisfaction survey on use of services bears out that this effort was successful.

- There was some initial skepticism about the notion of developing a Registered Nursing delivery option offering substantial online instruction. Courses were developed and piloted, and initial results have been highly encouraged. From the first cohort of online completers, 8 of 10 completers have passed their board exams, a success rate comparable to that of students completing in a face-to-face format.

- Luna has taken care to maintain a personal touch in distance learning. Help has been available not only during the workdays, but after hours and on weekends. As many as 500 students are called each semester to ask how they are doing with their online classes. The four community outreach sites that have been established or improved through the project indicate LCC's commitment to its rural area served and strengthen partnerships with those communities. Some enrollment gain is being realized from this effort, with hopefully more to come.

- Through the project, Luna has been able to obtain a wealth of state-of-the-art equipment, including an audio and video recording studio, distance learning equipment and cooling units for servers at the outreach sites, laptops, servers, secure storage, and classroom equipment for the LCC campus. In addition, extended licenses for Blackboard and PLATO will insure availability of these resources until 2014. This kind of investment would not have been possible from institu-

tional funds, especially in the depressed economic environment of the past few years.

The LCC Title V project has been recognized as a national model for the Strengthening Institutions Program, and as a result, project staff members have been invited to present at national directors' meetings in Washington the past two years. The project director, Lorraine Martinez, did present and share Luna's successful experience with other Title V directors who are looking for solutions for their Hispanic-Serving Institutions. This recognition reflects well on LCC, its employees and students, and the Title V project.

PART VI: SUMMARY STATEMENT

Luna has fully implemented an ambitious and innovative project that stakeholders view as having been transformative and valuable for the institution. Those who have been involved in the project, including the College president, the Internal Monitoring Team, participating faculty and staff colleagues, and project staff members, agree that the concept was valid as conceived, and that it is as sound today as when the project was submitted for funding more than five years ago. Virtually everyone who has been actively involved agrees that expansion of online learning and services, and the building of capacity for further development of distance learning, is entirely consistent with an important trend in postsecondary education, and one that LCC cannot afford to sit out. The list of courses developed is impressive, as are the standards of quality adopted for courses and online student services. Recognition of the LCC Title V project as a national model is evidence of the College's commitment to quality and ability to produce exemplary results.

The project has been successful not only in *what* it has accomplished, but in *how* it has been implemented. The Title V project has exemplified focus on service to students, faculty, and communities. Through exemplary observance of applicable federal regulations and state and local policies, the project has been implemented in such a way as to ensure maximum benefit for taxpayer investment, while protecting LCC from possible embarrassment or liability.

Having completed the project, LCC has access to the potential student population that it had before the grant, plus other potential target groups, including (1) those in remote rural locations, (2) those who lack transportation to campus but can get access to technology, (3) those who work shifts that interfere with traditional attendance, (4) those whose family obligations might preclude attendance, (5) those who are beyond Luna's geographic area of responsibility. The next big tasks in building enrollment and fiscal stability may be to fully develop these new audiences through creative marketing and continued service excellence, and to focus efforts on groups of students who have high attrition, and working to retain them at higher rates.

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Luna Community College’s Title V Mission:

“Developing a comprehensive online learning network for rural, time and place-bound students.”

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The End of the Road



The Luna Community College Title V program is slowly coming to an end and we will go down in the books as a successful and productive program. This program helped faculty in their development and delivery of courses through Blackboard, Wimba, PLATO, and in all online services such as online registration, online payment, online financial aid, career advisement, instructional videos, unofficial transcripts and freshman orientation. The rigorous training and commitment to the Title V initiatives was evident in the data that transpired from the past five years as the faculty worked very hard in completing all tasks required of them. We can now say we’re at the end of the road and we are heading into a new direction of uncharted endeavors.

Finally, the Title V staff would like to thank Luna Community College President Dr. Pete Campos, Internal Monitoring Team members, staff, faculty, Ron Gonzales and staff, Norman Sena, and the Luna Community College Board of Trustees for all of their support and participation in the Title V program for the past 5 years.

Online instruction and online services are now prevalent at Luna Community College!

Thank you Jesse!



Title V Staff
Lorraine Martinez, Project Director
Tiffany Young, Administrative Assistant
Larry Paiz, Instructional Designer
John Tiernan, Online Student Services Developer
Rick Roybal, Distance Education Technician

NOW is the time to prevent seasonal Allergies, Colds, and Flu

Traditional Oriental Medicine can **boost immunity,**
lessen symptoms and **promote healing.**

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Ancient Wisdom, Modern Medicine



Attention students

**Registration
Deadline**

**for second half of
8-week courses is on
Oct. 15**

Luna Community College students, faculty, staff and community, a Rough Rider Meal Card is now available. The Rough Rider Meal Card can be purchased at the LCC Fiscal Office. For more information, call LCC Food Services Manager Paul Sandoval at 505/454-2581.

Weekly activities

Monday, September 10, 2012

8:00 a.m. – 11:00 a.m. Weight Training (Vo-Ag. Bldg.)

5:00 p.m. – 9:00 p.m. DWI Class (General Studies/Room 102B)

Tuesday, September 11, 2012

8:00 a.m. – 11:00 a.m. Line Dancing (Wellness Center)

5:00 p.m. – 9:00 p.m. Safety Belt Class (General Studies/Room 102B)

Wednesday, September 12, 2012

5:30 p.m. – 9:00 p.m. LCC Board of Trustees "Work Session" (Stud. Serv/ Cnf.Rm)

Thursday, September 13, 2012

8:00 a.m. – 11:00 a.m. Line Dancing (Wellness Center)

9:00 a.m. – 5:00 p.m. State Mandated Training/Sponsored: Citizens for Developmentally Disabled (LRC/Lecture Hall)

10:00 a.m. – 3:30 p.m. United Blood Services Blood Drive (Allied Health/NO-3)

Friday, September 14, 2012

8:00 a.m. – 11:00 a.m. Weight Training (Vo-Ag. Bldg.)

8:00 a.m. – 4:30 p.m. OSHA-30 Safety Training (Student Services/ Conference Rm)

9:00 a.m. – 5:00 p.m. State Mandated Training/Sponsored: Citizens for Developmentally Disabled (LRC/Lecture Hall)

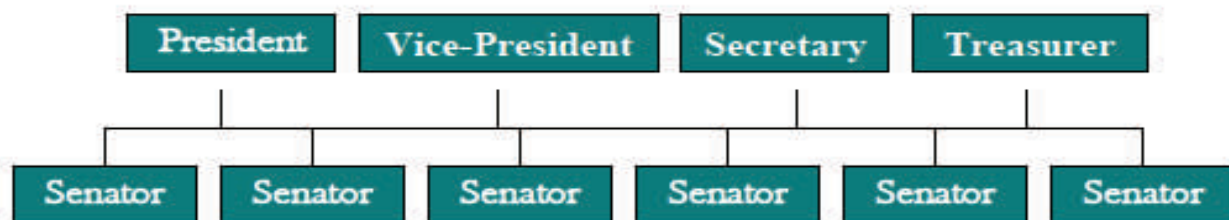
Saturday, September 15, 2012

6:00 a.m. – 1:00 p.m. Regional Early Care Education Conference for Child Care Providers (General Studies/Rooms 101, 103, 104, & 109)

We want you!



You could be a student leader by serving on **your**
Luna Community College Student Government.



Petitions open Monday, September 10, 2012 and can be obtained from Student Government Advisor Denise Montoya in Tech-104 and must be returned by 5:00pm Thursday, September 13, 2012.

Elections will be held 9:00am-3:00pm on Thursday, September 20, 2012 in the area outside of the President's Office in the Administration Building.

LCC kickboxing and step combo class



LouElla Marr- Montoya is an experienced instructor who has taught many students in the Las Vegas area. She is credited for helping to begin the P.E. courses at Luna Community College. LouElla believes there is an athlete in all of us and it is her quest through movement to motivate and empower students to achieve their personal best. She will start you off with a warm-up that prepares you for a step, kick and basic punch/boxing workout. Step kick-boxing does more than just deliver a great high-adrenaline workout – it awakens your inner strength. A fun, safe, easy to follow workout, it incorporates punches, kicks and stepping “combos” to tone and slim. Students will burn calories while building endurance, coordination, power, flexibility, cardiovascular endurance and self-confidence.

This low-impact, high-intensity activity attracts both men and women of all ages interested in a simple yet challenging aerobic workout. Abdominal and hand weight training is also incorporated into the workout. **YOU WILL FEEL GREAT AND YOU WILL LOVE IT!**

Lou Ella will be teaching:

Kickboxing and Step Combo Monday & Wednesday from 12:00- 12:50pm.

LCC:
**“The People’s
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Using Your (Android) Smartphone for Your Business

Topics we will cover:

- Comparing Options: Cell phones, Smartphones and Computers
- Smartphone Basics
 - ◊ Using your Smartphone Smartly (including I Phones)
 - ◊ How To's
 - ⇒ Getting around the screens
 - ⇒ Keyboarding
 - ⇒ Connecting to the Internet
 - ⇒ Connecting to your Computer
 - ⇒ Managing Applications
 - ◊ Avoiding Overload
- The Productivity Suite: Communicating Fully
 - ◊ Contact Management
 - ◊ Email
 - ◊ Time Management
 - ◊ Task Management
 - ◊ Social Networking
- An Office Away From your Office
 - ◊ General Office Applications
 - ◊ Research Tools
- Business Specific Applications

This class is friendly for both Android and I Phone users, however, demonstrations will be done using the android phone!



at



With almost 35 years of Computing and Information Technology experience, Steve Ediger provides solid solutions for any Technology-related project. He got his hands on his first computer in 1969, when he was invited to learn how to program on an early mainframe computer at the University of Denver. In 1978, Steve began providing IT consulting services to local small businesses. By 1980, he joined the new microcomputer industry and built its second-largest distributor. In 1987, Steve took the position of World-wide Product Manager/Personal Computers at Thomson Consumer Electronics. From 2006 through 2011, Steve served as IT Director at United World College. At the beginning of this year, he restarted a consulting agency and is currently providing IT and business consulting to individuals, small businesses, non-profits, schools and local government agencies in New Mexico.

The New Mexico SBDC is funded under Cooperative Agreement No. 11-609001-Z-0032-23 by the U.S. Small Business Administration through such funding does not constitute an express or implied endorsement of any of the cosponsors' or participants' opinions, findings, conclusions, recommendations, products or services. All of SBA's programs and services are extended to the public on a nondiscriminatory basis. Special arrangements for the handicapped will be made if requested in advance.

September 18, 2012

10 am - 12 pm

Luna Community College

Student Services Conference Room

FREE!

Preregistration Required!

~Register~

Online: www.nmsbdc.org/lasvegas/

E-mail: tromero@luna.edu

Phone: (505) 454-2582

or

(800) 588-7232 x1759



Community Health Fair 2012

**Saturday
September 15
9 am-1 pm**


Abe Montoya Recreation Center Gymnasium
1751 North Grand Avenue
Las Vegas, New Mexico

FREE  EVENT



**Health
Screenings
&
Information**

- Blood Drive
- Free Health Screenings
- Health Care Services Information
- Health Information
- And More



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