

# The Luna Light

"The People's College"

Mission Statement: "Creating Opportunities for You!"

Vision Statement: "New Mexico's Premier Community College: Preparing Students for Success"

Visit us at  
[www.luna.edu](http://www.luna.edu)  
1-800-588-7232

Volume 6 Issue 30

August 12-August 18, 2013



**Arcenio Garcia is Luna Community College's newly-hired concurrent enrollment coordinator. To get in contact with Garcia, call him at 505/454-5374 or e-mail him at [argarcia@luna.edu](mailto:argarcia@luna.edu).**

## LCC gearing up for fall classes

Luna Community College employees have been working diligently over the course of the summer to prepare for the fall semester. The college had two orientations recently, where approximately 75 students and their parents attended. The college's nursing program also had an orientation for new students on Friday. There are individual advisement and tours available at the main campus, the Santa Rosa and Springer Satellite's as well as the Mora Site.

Luna Community College continues to provide a quality education at a very affordable price. New Mexico in-district residents pay \$35 per credit hour. New Mexico out-of-district residents pay \$48 per credit hour. The tuition for out-of-state residents is \$91 per credit hour and senior citizens pay only \$5 per credit hour.

Luna Community College offers over three dozen degrees and certificates.

Degrees can be earned in areas of: *Associate of Arts*--Criminal Justice, Early Childhood Multicultural Education, General Business, Liberal Arts, and Teacher Education; *Associate of Science*--Pre-Engineering and General Science; *Associate of Applied Science*--Accounting, Business Administration, Computer Science, Drafting Technology, Electronics Engineering Technology, Fire Science, Media Art and Film Technology, Nursing and Vocational/Technical Studies and *Associate of General Studies*--General Studies.

## A great college year ahead

By Dr. Pete Campos

Can you imagine this year being the cornerstone, anchor and starting block for your future? I can. Whether you are a student, parent, employee or community member it's time to refresh, rejuvenate and reinvigorate your being to reach for the next plateau, climb up a notch and advance your education, employment and inner being. C.S. Lewis, novelist and poet, said, "Has this world been so kind to you that you should leave with regret? There are better things ahead than any we leave behind."

Our lives pass quickly; they are extremely delicate and change with a heartbeat. So, let's use our time here at Luna Community College or wherever we are to the best of our ability. Every

day I encounter persons with financial, family and personal situations. I've yet to run across a problem that couldn't be solved. Some issues take longer than others, but there are solutions! Chanakya, author of the ancient Indian political treatise called Arthashastra (Economics), said, "Before you start some work, always ask yourself three questions -- Why am I doing it, What the results might be and Will I be successful? Only when you think deeply and find satisfying answers to these questions, go ahead."

Now, it's time to look ahead of us, find a direction to follow and move forward.

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Continued on page 2

## Gearing up...



**Thirty-six freshmen nursing students attended orientation on Friday, Aug. 9. Among the topics discussed were going over a nursing student handbook, signing of forms, financial aid information, a library tour and registering for classes.**

### Continued from page 1

Certificates can be earned in areas of: Accounting, Allied Health, Automotive Collision Repair Technology, Automotive Technology, Barbering, Building Technology, Computer Application Specialist, Cosmetology, Criminal Justice, Culinary Arts, Dental Assistant, Early Childhood Development, Electrical Wiring Technology, Fire Science, General Education, Office

Administration, Practical Nursing, Small Business Management and Welding Technology.

Students can also earn an associate's degree all online in business administration.

Luna Community College's core curriculum is transferable to any four-year university in New Mexico and has been accepted throughout the nation.

Students may register for classes online at

<https://pathways.luna.edu>

To view or print an updated schedule of classes go to [www.luna.edu](http://www.luna.edu) or pick up a hard-copy schedule at the college. For more information, call 505/454-2500 or 1-800-588-7232. Classes for the fall begin on Monday, Aug. 19. The last day to register is Monday, Aug. 26.

# LCC:

## "The People's College"

Anyone interested in sending a column, article, photo or information that they would like to see included in The Luna Light, please e-mail [jgallegos@luna.edu](mailto:jgallegos@luna.edu) or call him at 505/454-2510.

**MARIACHI**

AUG 19-OCT 9 MON/WED 6-8PM

LOCATION: LCC HUMANITIES BLDG, ROOM 110

INSTRUCTOR: BENNY LUCERO COST: \$150

**BEGINNING AND ADVANCED MARIACHI**  
 LOOKING FOR STUDENTS TO PLAY THE VIOLIN, VIRHUELA,  
 GUITAR, TRUMPET, GUITARRON, VOCALS.  
 BRING YOUR OWN INSTRUMENTS

**LCC COMMUNITY EDUCATION**  
 454-5311 \* 426-4931



Luna Community College physical plant employee Juan Macias works on the campus grounds. Recent rains have made the campus greener.



Although this particular cloud did not produce moisture, northern N.M. has been getting some much-needed rain recently.

**EARN your  
 Online**

**Business Administration  
 DEGREE at LCC**

## NEED HELP WITH YOUR ONLINE CLASSES?

Then you need to attend one of LCC's

# Blackboard Student Trainings

- Monday, August 12, 2013
- Wednesday, August 14, 2013
- Friday, August 16, 2013
- Tuesday, August 20, 2013
- Thursday, August 22, 2013
- Monday, August 26, 2013
- Wednesday, August 28, 2013



All trainings will be held at 10:00am in the  
Student Online Learning Lab  
Student Services Building Room 204  
For more information please call 505-454-5361

## Position Announcements

LUNA COMMUNITY COLLEGE IS ACCEPTING APPLICATIONS FOR THE FOLLOWING VACANT JOB POSITIONS:

- Instructor-Medical Surgical Nursing (closes 9-12-13)
- Instructor-Family Nursing (closes 9-12-13)
- Vice President for Student Services (closes 8-15-13)
- Youth Build GED Instructor (closes 8-14-03)
- Allied Health Director (closes 8-30-13)

FOR JOB DESCRIPTION(S) AND/OR CLOSING DATES, CONTACT THE HUMAN RESOURCES DEPARTMENT AT (505) 454-2503 OR VISIT OUR WEBSITE AT WWW.LUNA.EDU

LUNA COMMUNITY COLLEGE IS AN EQUAL OPPORTUNITY EMPLOYER. ALL POSITION POSTING FOLLOW THE LCC AFFIRMATIVE ACTION PLAN.

## Attention students:

Luna Community College registration for the fall semester is ongoing. You may view the schedule online at [www.luna.edu](http://www.luna.edu). You may also pick up a hard-copy schedule on campus or in several businesses across the LCC service area.

## Weekly calendar

### Monday, August 12, 2013

5:00 p.m. – 9:00 p.m. DWI Class (General Studies 102B)

### Wednesday, August 14, 2013

8:00 a.m. – 5:00 p.m. CDD State Mandated Training (LRC 104)

5:30 p.m. – 9:00 p.m. LCC Board of Trustees Regular Work Session (Student Services 102)

### Thursday, August 15, 2013

8:00 a.m. – 5:00 p.m. CDD State Mandated Training (LRC 104)

### Friday, August 16, 2013

9:00 a.m. – 12:00 p.m. LCC Employee Orientation (Nursing Lec-

ture Hall)

1:00 p.m. – 5:00 p.m. LCC Faculty Senate Meeting/ SLOA for Beginners (LRC Lecture Hall)

2:00 p.m. – 5:00 p.m. LCC Advisement Training (Education 101)

2:30 p.m. – 5:00 p.m. LCC Project Head Start Presentation (Culinary Arts Classroom)

### Saturday, August 17, 2013

7:00 a.m. – 4:00 p.m. CNA Testing (Allied Health NO-7 & MO-11)

10:00 a.m. – 2:00 p.m. LCC Baseball Meeting (LRC Lecture Hall)

**Luna Community College:**  
“The People’s College”

# 2013-14 Back to School

# West Las Vegas Schools

# DONS

179 Bridge Street, Las Vegas, NM 87701  
Phone (505) 426-2300; Fax (505) 426-2318; www.wlvs.k12.nm.us

## REGISTRATION INFORMATION

### West Las Vegas Head Start

Children must be at least three years old on or before September 1, 2013, in order to be considered for participation in Head Start (registration ongoing). An annual application/reapplication is required to determine eligibility. The first day of services for all Head Start participants is Monday, August 26, 2013. Parents must bring their children to school. The last day of services will be Friday, May 23, 2014. For more information, please contact the WLV Head Start site at 426-2823 (Ms. Annette Garza) or the Los Niños' site at 454-2764 (Ms. Annette Maestas).

### West Las Vegas Pre-K Program

Children must be four years old by September 1, 2013, in order to be considered for participation in the Pre-K program. The first program day is Monday, August 26, 2013. Please contact Luis E. Armiño Elementary at 426-2661 for more information.

### Local Elementary Sites and Valley Schools

#### Don Cecilio Martinez, Luis E. Armiño, Tony Serna Jr., and Union Street Elementaries

- Registration—Ongoing at all sites (registration for Union St. Elementary ongoing at Don Cecilio Martinez Elementary (426-2861) through August 9. After August 9, please call Union St. Elementary at 426-2701. Union St. Elementary will reopen for the 2013-14 school year).
- Don Cecilio Martinez Elementary offering Dual Language strand, grades K-5
- First Day of School: Monday, August 19, 2013

#### Valley Elementary/Middle School

- Valley Elementary/Middle School registration will be ongoing beginning August 1, 2013, between the hours of 8:00 a.m. – 12:00 p.m., and 1:00 p.m. – 3:00 p.m.
- Grade level supply lists are available on the WLV website (Valley Schools link) and at Walmart
- Student Handbooks are available at the school's front office and on the WLV website (Valley Schools link)
- First Day of School: Monday, August 19, 2013

### Family Partnership (Grades 7-12)

On Monday, August 19, 2013, freshmen, sophomores and their parents **must attend** an orientation. Freshman will attend from 8:30 to 9:30 a.m., and sophomores will attend from 10:00 to 11:30 a.m., at WLV Family Partnership School. Schedules will be distributed after each meeting. On Tuesday, August 20, 2013, juniors, seniors, and their parents **must attend a meeting** in order to address revisions to the student handbook, complete an information packet, complete next step plan, pick up schedules, etc. **Students will not be issued schedules unless they are accompanied by a parent at orientation** (if parent cannot attend, arrangements need to be made for schedule pick up by calling 426-2535). The meetings will be held at the WLV Family Partnership School as follows:  
Juniors: 8:30 a.m. – 11:00 a.m. Seniors: 1:30 p.m. – 3:00 p.m.

First Day of Classes for WLV Family Partnership School is Wednesday, August 21, 2013

### West Las Vegas Middle School

All parents are **required** to accompany their child to orientation and complete a **registration packet/pick up their child's class schedule** on **Friday, August 16, 2013**, at the following times:  
Parents of 6<sup>th</sup> Graders: 8:00 a.m. Parents of 7<sup>th</sup> Graders: 10:00 a.m.  
Parents of 8<sup>th</sup> Graders—1:00 p.m.

Parents of students **NEW to the district** must bring: 1) report card from last school attended; 2) up-to-date immunization record; 3) birth certificate; and 4) student's social security card. Registration must be completed before class schedules are issued. **The Student Standard of Dress will be discussed at orientation.** A copy of the dress code will be in the student handbook, which can be obtained on the district's website or picked up at the WLVMS Office, along with materials lists.

First Day of Classes for WLV Middle School: Monday, August 19, 2013



### West Las Vegas High School

On Friday, August 16, 2013, freshmen and their parents **must attend** an orientation from 1:00 p.m. to 2:30 p.m., at the WLV High School Food Court. Freshmen will then pick up schedules from 2:30 p.m. to 3:00 p.m. On Monday, August 19, 2013, sophomores, juniors, seniors, and their parents **must attend a meeting** in order to review the student handbook, complete an information packet, pick up schedules, etc. Students cannot pick up schedules unless they are accompanied by a parent. The meetings will be held as follows:

Sophomores: 8:30 a.m. – 10:00 a.m. Juniors: 10:30 a.m. – 12:00 p.m.  
Seniors: 1:30 p.m. – 3:00 p.m.

First Day of Classes for WLV High School: Tuesday, August 20, 2013

## Daily Schedules

- Kindergartens:**  
8:00 a.m. to 3:00 p.m.  
Full-day Kindergarten will be offered at Luis E. Armiño, Don Cecilio, and Valley elementaries. Kindergarten students must be five years of age on or before September 1, 2013. Birth certificates and immunization records are required.
- Elementary Schools:**  
8:00 a.m. to 3:00 p.m.
- Middle Schools:** 8:00 a.m. to 3:05 p.m.
- High Schools:** 8:00 a.m. to 3:10 p.m.

## Birth Certificates/Immunizations

Any student enrolling at West Las Vegas Schools for the first time must bring his/her immunization record and birth certificate to registration. Public Education Department regulation and local school board policy require that all students be properly immunized. School districts must maintain records of the immunization status of every student and report to the NM Department of Health student immunization status for grades Pre-K, K, 1<sup>st</sup>, and 7<sup>th</sup>. For additional information, please contact Ms. Yvonne Baca, School Nurse, at 426-2334.



## Food Service

Federally sponsored Universal Free Provision II Feeding program—All students receive a **FREE** breakfast and lunch regardless of family income. Please call Jose J. Baca, FSD, at 426-2529 for more information. High school & middle school will have à la carte Cash sales after lunch is served.



## Standard of Dress

Standard of Dress information is available in your child's student handbook. Please visit the district's website ([www.wlvs.k12.nm.us](http://www.wlvs.k12.nm.us)) or contact your child's school site for information on appropriate attire.

## Transportation

School bus transportation services will start Monday, August 19, 2013. Please visit the Transportation Office at 179 Bridge Street to register for services. For general questions, please call Ms. Loretta Salazar, Transportation Director, at 426-2313.

## STAFF ORIENTATION

Orientation for **ALL STAFF** will take place at the WLV High School Food Court on Wednesday, August 15, 2012, starting at 8:00 a.m., followed by staff reporting to their assigned site or a location designated by their immediate supervisor.



Herman Gallegos, Athletic Director—426-2517  
Andrea Gabaldon, Secretary—426-2519

- ATHLETICS**
- Football—Robert Alarcon
  - Boys Basketball—TBA
  - Girls Basketball—Jose "Majic" Medina
  - Cross Country—Leroy "Caro" Armiño
  - Volleyball—Mary Bustos
  - Wrestling—Joel Luna
  - Tennis—TBA
  - Golf—Jose "Majic" Medina
  - Baseball—TBA
  - Softball—Lucas Griego
  - Track—TBA
  - Cheer—Sarah Bustos
  - Drill—Brenda Wagoner

#### DON CECILIO MARTINEZ ELEMENTARY

Grades K-5 — 426-2861  
Delbert Saavedra, Principal  
Glenna Martinez, Secretary

#### FAMILY PARTNERSHIP

Grades 7-12 — 426-2535  
Anna Valdez, Principal  
Loretta Roper, Secretary

#### LUIS E. ARMIÑO ELEMENTARY

Grades K-1 — 426-2661  
Margarita Larrañaga, Principal

#### TONY SERNA JR. ELEMENTARY

Grades 2-5 — 426-2621  
Margarita Larrañaga, Principal

#### UNION STREET ELEMENTARY

Grades 2-5 — 426-2701  
Delbert Saavedra, Principal  
Carmel May, Secretary

#### VALLEY ELEMENTARY/MS

Grades K-8 — 426-2581  
Cathy Lucero, Principal  
Helen Padilla, Secretary



#### WLV MIDDLE SCHOOL

Grades 6-8 — 426-2541  
Jullanna Trujillo, Principal  
Mary Lou Sanchez, Secretary

#### WLV HIGH SCHOOL

Grades 9-12 — 426-2500  
John Bustos, Principal  
Patsy Pacheco, Secretary  
Mary Gonzalez, Receptionist

#### RIO GALLINAS CHARTER SCHOOL

Grades 1-8 — 454-8687  
Yann Lussiez, Director



**OFF**

Labor Day  
September 2  
Veterans Day  
November 11  
Thanksgiving Break  
November 27-29  
Christmas/New Year's Break  
Dec. 23-January 3  
Martin Luther King, Jr. Day  
January 20  
Spring/Easter Break  
April 14-21  
Memorial Day  
May 26

## STAFF SERVICE DAYS

Aug. 14-15,  
Oct. 14,  
Feb. 17, &  
Apr. 11



October 25 &  
March 13

Aug. 16, Oct. 21,  
**Elementary Jan. 14, Pre Days**  
March 7, & May 14  
*No school at Elementary Level only*

**HOME COMING**  
Dons vs. Raton Tigers  
WLV Football Stadium  
Friday, October 11, 2013; 7:00 p.m.

**WLV High School Graduation:**  
Saturday, May 24, 2014, 10:00 a.m.

**Last Day of School: May 30, 2014**

## Administration Office Staff

- Kenneth Abeyta, Assistant Business Manager, 426-2305
- Darice Balizan, Associate Superintendent, 426-2328
- Carla Benavidez, Personnel Coordinator, 426-2315
- Jerry Maestas, Facilities Manager, 426-2516
- Dinah Maynes, Business Manager, 426-2306
- Leona Montoya, Payroll Clerk, 426-2304
- Gene Parson, Superintendent of Schools, 426-2311
- Rose Marie Quintana, Payroll Coordinator, 426-2307
- Loretta Salazar, Transportation Director, 426-2313
- Terry Singletary-Romero, Bookkeeper, 426-2308
- Robin Sena, Bookkeeper, 426-2309
- Veronica Ulbrann, HR Coordinator, 426-2310

On behalf of the WLV Board of Education,  
have a rewarding 2013-14 school year!!!



- David Romero, Chairman
- Henry Abeyta, Vice-Chairman
- Christine Ludi, Secretary
- Gary Gold, Member
- Marvin Martinez, Member



# Title V Newsletter

VOLUME 1, ISSUE 1

JULY 2013

"Creating a Pathway to Success in High-Demand Programs"

## Preparing Year 2 Initiatives

Year 1 activities are slowly coming to an end and Title V has begun preparing for the Automotive Technologies initiatives scheduled to start in October. Title V received approval to move the Automotive Fiber Optics project to grant Year 4. This will occur in 2015-16, because of the required mandate of Electronic Charting for all nursing students.

Planning meetings with Vocational Director Gary Martinez, automotive faculty, Title V Director Lorraine Martinez and Title V staff have transpired throughout the first year in preparation for grant Year 2. Instructional Designer Larry Paiz is preparing for future Automotive Technologies faculty trainings. These trainings will prepare them to instruct vocational courses using Hybrid and Lecture Capture equipment. Four courses are scheduled for development during Fall 2013.



Unfinished Collision Repair facility

### Electronic Charting soon to be taught at LCC

Electronic medical records mandate is less than one year away and pertains to the vision of President Obama in transforming all medical records to an electronic format. Originally an initiative led by the medical record industry, electronic records systems has received a push from President Obama's Economic Stimulus Plan. The new legislation known as ARRA (*American Recovery and Reinvestment Act*) contains healthcare components that help with the adoption, development, and meaningful use of electronic medical record systems for all patients in 2014. Starting in early January 2015, the HITECH (*Health Information Technology for Economic and Clinical Health*) act has provided some penalties that could be considered a serious consequence to medical offices not adopting an EMR.

LCC nursing students will be exposed to an EMR program through their Simulation Lab experience. This will give our students an edge amongst other graduating nursing students during live practicum and when going into the workforce.

### Larry Paiz Prepares Nursing Faculty

Distance Learning Services Coordinator Larry Paiz, along with assistance from Simulation Lab Supervisor Susan Olson-Smith, provided extensive training in using Hybrid, Lecture Capture and simulation systems for class delivery. Starting Fall 2013, six nursing courses will incorporate one of these delivery procedures. The use of this equipment will provide our students with a hands-on approach to education. Thank you Larry Paiz, we appreciate your dedication and hard work preparing the LCC faculty!

#### Title V Staff

Lorraine Martinez, Director • Veronica Serna, Activity Director • Tiffany Young, Office Manager  
Susan Olson-Smith, Sim Lab Supervisor • Larry Paiz, Instructional Designer

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"The People's College"

# Employee orientation set for Friday

Luna Community College's employee orientation is set for 8:30 a.m. to 4:30 p.m. on Friday Aug. 16 at the nursing auditorium. The LCC Faculty Senate is organizing the orientation. This year's theme is focused on student completion. There will be a morning general session from 8:30 a.m. to noon and employees will get to choose which smaller break-out sessions they attend in the afternoon.

Lunch is being provided from noon to 1 p.m. at the Rough Rider Grill.

"Recharging our batteries, starting the year together and energizing each other for a successful academic year is very important," said Faculty Senate Chair Adrienne O'Brien. "Every moment of every day is an opportunity to work with each other and with students to help them reach their academic goals."

The agenda for orientation includes: 8:30-9 a.m., coffee and socializing; 9-9:30 a.m., a general welcome by Dr. Pete Campos; 9:30 to 10 a.m., a C-4 Commit to Complete presentation by Cindy Armijo and Dr. Twila Quintana; 10-10:20 a.m., Reaffirmation of Accreditation Self Study Update by Dr. Pete Campos; 10:20-10:45 a.m., LCC Safety Plan by Andrew Duran; 10:45-11 a.m., a break and opportunity to visit the nursing simulation lab; 11-11:30 a.m., a presentation by Ernestine Chavez from the N.M. Public School Insurance Authority; 11:30-noon, introduction of new employees by Rebecca Silva.

After a one hour lunch break, a faculty senate general meeting will be held from 1-2:15 p.m. at the Learning Resource Center Lecture Hall.

Two breakout sessions are scheduled from 2:30 p.m. to 4:30 p.m.

Session one from 2:30 to 3:30 p.m. includes: Adrienne O'Brien's presentation on Advisement 1: Intrusive/Proactive Advisement at the Early Childhood Center; Larry Paiz will speak about Blackboard Primer at the Student Services Second Floor Classroom; Dr. Vidal Martinez will talk about SLOA for Beginners at the LRC Lecture Hall and Karl Stoltze, a second-year medical student from the UNM School of Medicine will provide a presentation and hands-on demonstration on "Project Head Start" at the culinary arts classroom.

Session two from 3:30 to 4:30 p.m. includes: Debbie Trujillo's presentation on Advisement II: Practical/Progressive Advising at the Early Childhood Classroom; Larry Paiz will speak about Blackboard Primer at the Student Services Second Floor Classroom; Dr. Vidal Martinez will talk about SLOA for Beginners at the LRC Lecture Hall and Karl Stoltze, a second-year medical student from the UNM School of Medicine will provide a presentation and hands-on demonstration on "Project Head Start" at the culinary arts classroom.



Certified nursing assistant students take a break from class. Luna Community College offers several sections during the semester. For more information on these classes, call 505/454-5321. Pictured clockwise are: Judanna Ortega, Chantel Davis, Dolores Romero-Cruz, Loretta Salazar, Marian Gabaldon and Jordan Lopez.



**New Mexico's Medicaid program has great news to share, including a new name—Centennial Care!**

Come learn about exciting changes to improve healthcare coverage for New Mexicans...you have an important decision to make and we want your decision to be the right one for you.

**Monday, August 12, 1:00 PM**  
NMHU, Laura Shields Building  
806 National, Lecture Hall 1, Las Vegas

**Thursday, September 5, 10:00 AM**  
Las Vegas Senior Center  
500 Sabino Street, Las Vegas



For more information and a complete listing of events, please call 1-888-997-2583 or visit us at [www.centennialcare.net](http://www.centennialcare.net).

The New Mexico Human Services Department complies with the Americans with Disabilities Act of 1990 and reasonable accommodations will be provided upon request. Persons with disabilities who plan to attend this meeting and who may need auxiliary aids or services, such as Signed Language Interpreters, assistive listening devices, readers, large print or Braille, or other reasonable accommodation are requested to contact Anisa Goodman-LaCour at (505) 827-8230 no less than 5 business days prior to the meetings so that accommodations can be obtained and provided.

# Great college year...

Continued from page 1

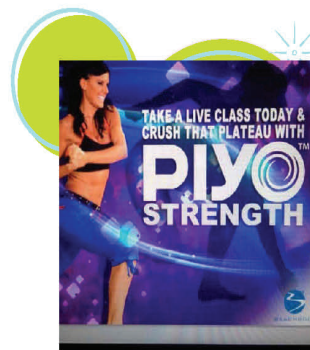
While age, health and outlook may determine how fast, determined and non-stop you take on your challenges, it's time to move ahead. Nurture your health, savor the laughter your family can generate, look into the eyes of a friend or loved one and realize how fortunate you really are to be at this juncture in your life. Winston Churchill, Prime Minister of the United Kingdom from 1940 to 1945, said, "It is a mistake to look too far ahead. Only one link of the chain of destiny can be handled at a time."

Hope, optimism and hard work will greatly assist you as you seek to achieve your goals. Don't be discouraged when the bills come, family issues seem to overtake the moment or someone keeps chipping away at your positive attitude. Don't let these experiences or thoughts cross your path and stop you from never giving up and accomplishing even a portion of your life's objectives. Remember, only you can stand in your way, discourage your future and not finish what you would like to accomplish. George S. Patton, General in the United States Army, said, "The time to take counsel of your fears is before you make an important battle decision. That's the time to listen to every fear you can imagine! When you have collected all the facts and fears and made your decisions, turn off all your fears and go ahead!"

**Now, it's time to look ahead of us, find a direction to follow and move forward. While age, health and outlook may determine how fast, determined and non-stop you take on your challenges, it's time to move ahead. Nurture your health, savor the laughter your family can generate, look into the eyes of a friend or loved one and realize how fortunate you really are to be at this juncture in your life.**

So, take your classes seriously, don't be afraid to ask questions. Education is structured to ask questions and master learning not just sit there as if you already know all the information taught. Education is dynamic, stimulating, fun and entertaining. The more you learn, the more you want to learn. The learning you develop then turns into fun and becomes entertaining because you can answer questions on the mid-term and even those asked on jeopardy. Norman Schwarzkopf, United States Army General, said, "True courage is being afraid, and going ahead and doing your job anyhow, that's what courage is."

Through thick and thin, we are here to work together, help students and each other, share knowledge and get along. This is one of Luna's mantras. After all, we are family! As a student, if you have problems, let us know. As an employee, if you have a concern, let us know. Together, we will make it through this year and make it memorable, meaningful and GREAT! Henry Ford, American Industrialist, said, "It has been my observation that most people get ahead during the time that others waste."



**ALL LEVELS WELCOME!!!**  
Incorporating dynamic balance, dance condition, plyo-metrics, strength, & functional training while emphasizing the athleticism of Pilates and yoga!

**Starts 8/19/13  
\$35/ 8 week session.  
Mondays and  
Wednesdays  
5:30—6:30  
@ Business Rm#115  
Luna Community College**



**With: Erin Lopez  
PiYo Instructor**

**For more info: 716-934-8880**

**Luna Community College students, faculty, staff and community, a Rough Rider Meal Card is now available. The Rough Rider Meal Card can be purchased at the LCC Fiscal Office. For more information, call LCC Food Services Manager Paul Sandoval at 505/454-2581.**