

# The Luna Light

*"The People's College"*

**Mission Statement: "Creating Opportunities for You!"**

**Vision Statement: "New Mexico's Premier Community College: Preparing Students for Success"**

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[www.luna.edu](http://www.luna.edu)  
1-800-588-7232

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## LCC Student Government sets high standards for themselves, college

Newly-elected Luna Community College Student Government President Victor Ramirez, along with his executive branch and senators, didn't talk a lot during their speeches at the induction ceremony on Monday, Sept. 30. However, the few words they did say left no doubt what their goals are for this school year.

"I want to get things done," said Ramirez. "Education is our No. 1 goal; students need to have faith in student government. I want students to be part of student government."

Ramirez is joined by Gilbert Garcia (vice-president); Billy Ortiz (treasurer); Lorenza Marcais (secretary); Brianna Abeyta (senator); Sharon Desanto (senator) and Evette Ulibarri (senator).

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**Newly-elected LCC Student Government Secretary Lorenza Marcais recites an oath during an induction ceremony.**

## LCC ACCESS tutors ready to help you



**Luna Community College ACCESS Center Tutoring Lab employee Alfred Kemm helps out Matt Martinez in math on Wednesday morning. The tutoring center, located in the Student Services Building, is open from 8 a.m. to 8 p.m. Monday through Thursday and 8 a.m. to 5 p.m. on Friday.**

*The following are short introductions from LCC ACCESS tutors.*

**Alfred Kemm**

"Hi, I'm Alfred Kemm. I graduated from Luna Community college in 2003 with an associate of science degree in public accounting. I have been tutoring here at LCC since the spring of 2000. My favorite subject is math, which I also enjoy tutoring in. I also enjoy tutoring in English and accounting."

**Dania Coleman**

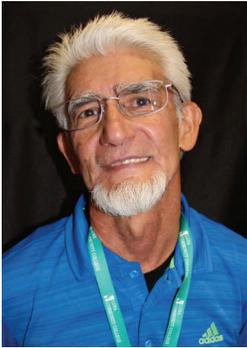
"My name is Dania Coleman and I have been working as a tutor for the ACCESS Center for a little over a year. I have a bachelors of arts in elementary education with an emphasis in mathematics.

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[www.facebook.com/LunaCommunityCollege](http://www.facebook.com/LunaCommunityCollege)

# LCC ACCESS tutors...



**Alfred Kemm**

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I am currently furthering my education as a graduate student of curriculum and instruction with an emphasis in reading at New Mexico Highlands University. My passion is teaching and mathematics and I would love to help and tutor you."

**Karen Wezwick**

"Hi, I am Karen Wezwick. I began work-

ing as a tutor in the LCC ACCESS Center five years ago. I love helping students learn how to apply themselves more effectively. I have a degree in art education with a minor in English. I have taken computer fundamentals, Microsoft Office, web design, Dreamweaver, math, as well as many other business classes. Being that I have also taken online



**Dania Coleman**

classes here at LCC, I know how to navigate through Blackboard, as well as many of the additional challenges that online classes may pose."

The tutoring center is open from 8:00 a.m. to 8:00 p.m. Monday through Thursday and Friday from 8:00 a.m. to 5:00 p.m.



**Karen Wezwick**

## Position Announcements

**LUNA COMMUNITY COLLEGE IS ACCEPTING APPLICATIONS FOR THE FOLLOWING VACANT JOB POSITIONS:**

- Instructor-Medical Surgical Nursing (closes 10-12-13 or until filled)
- Instructor-Family Nursing (closes 10-12-13 or until filled)
- Allied Health Director (closes 10-30-13 or until filled)
- PASS/ACE Lab Supplemental Instruction Leader (closes 10-2-13)

**FOR JOB DESCRIPTION(S) AND/OR CLOSING DATES, CONTACT THE HUMAN RESOURCES DEPARTMENT AT (505) 454-2503 OR VISIT OUR WEBSITE AT WWW.LUNA.EDU**

**LUNA COMMUNITY COLLEGE IS AN EQUAL OPPORTUNITY EMPLOYER. ALL POSITION POSTING FOLLOW THE LCC AFFIRMATIVE ACTION PLAN.**



**Luna Community College employees Matthew Cordova (left) and Rick Roybal share a laugh Wednesday during Roybal's get-together. Roybal, who worked at LCC for about eight years is moving to Albuquerque. Roybal was also a student at LCC where he earned three degrees.**

**Tip of the week  
Try to be happy**

**LCC Faculty Senate October Meeting  
Monday, Oct. 7, 3:30-5 p.m. STEM 126B**

# Coaching in today's world



Henry Sanchez

*Editor's note: The following is an article written by former Luna Community College instructor Henry O. Sanchez. This is a tribute to Sanchez who passed away two years ago. During the latter part of his life, Sanchez shared many articles with **Luna Light** readers about his philosophy in coaching and teaching. This is the first of two articles that will be re-printed.*

**By Henry O. Sanchez**

A coach is a teacher, an educator who plays a crucial role in the development in a child's life. A coach introduces and trains the child to a lifestyle that will last a lifetime—that of competition and training for it. It is a fact that children are not naturally competitive, but must learn this skill.

Once you become a teacher/coach the influence you will have over a student-athlete is a great responsibility. High on this list of responsibilities is to understand and communicate with your student-athletes and parents.

In our society where coaches/teachers are held responsible for areas in which they have never been trained, the psychological dimensions of coaching and teaching prove to be the most confusing and demanding part of the job. How do you deal and work with the athletes, the parents, the administrators, the news media and the general public?

In years gone by, the coach seldom heard from the parents; today they are more vocal and involved in all programs. If a team is losing it has become totally the responsibility of the coach who has to consistently defend the program.

I tell the young coaches that they must understand that these athletes are the pride and joy of their parents. When you as a coach yell, insult or do not play their son or daughter, you are directly or indirectly hurting the parents. It is understood that this was not your intention, but it is the way it goes over. The main solution is for the coach and parents to communicate and do what is best for the student-athlete.

We must also remember that it is difficult for parents and fans to be objective when the team is losing. The old adage "That winning takes care of everything," seems to apply in most cases. But we know that if you coach long enough, the losing seasons will come.

Again, the psychological aspect of coaching, communication and organization must come into play. It is not uncommon for people in positions of authority to micromanage or second-guess the coach. The parents' threats of lawsuits seem to control all rational thinking and

influence many key decisions. What can we expect from the athletes when all they hear at home is negative thoughts and comments on the coach and the program?

We must mention that a team is everyone working together for the same goals and respect for each other. When the concept of team breaks down it exposes involved into the vulnerable positions and creates many unwanted situations. Competition exposes our personality, character flaws and strengths in all involved (the coach, the athletes and the parents).

We all admit coaching has changed and may never go back to what some call the "good old days." Acknowledging all the problems and changing times what are some things that can help to improve our current situations.

**No. 1**—Administrative staff should attempt to hire full-time teachers and coaches who are on campus full time (entire staff is ideal situation).

**No. 2**—Create and sign contracts with students, parents and

coaches. (Philosophy of programs, rules and penalties, etc.). I know this contract will not help in court, but it shows commitment and organization, it gets everyone communicating and understanding the value of working together.

**No. 3**—School workshops on psychological training. (Can be in-service or meeting with all concerned). Workshops on legal information is also important, because we live in a litigious society and must understand its importance.

**No. 4**—Meetings (Social in nature get parents, administrators and coaches together). It is important for all to realize you are on the same team. (Pre-season meetings at the start are helpful.)

**No. 5**—Invite administrators on road trips. Let them travel with team to see a different side. The more they understand and appreciate what the coach goes through, the more likely you will be supported.

**No. 6**—Deal with the news media (Newspapers, T.V. etc...) on a professional and informative nature. They, the media, can be your friends and greatest supporters; you don't need hostile sportswriters reporting on your teams. Find ways to keep them informed and involved in your program.

**No. 7**—Get the athletes more involved in the program:

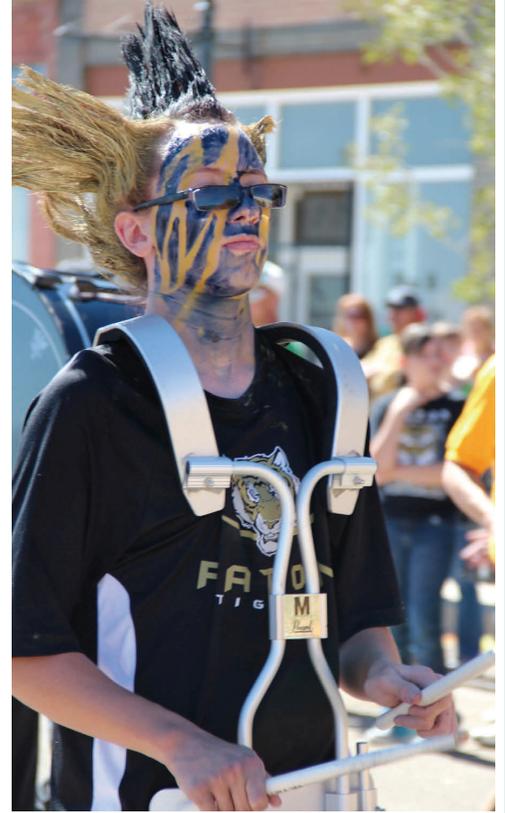
- Help design uniforms and/or warm-ups.
  - Allow them to design uniforms and/or uniforms.
- Allow them to have an impact on offense and defense ideals. (They must feel it is their team).

These are a few things that will help any program.

Good luck to all.

*I tell the young coaches that they must understand that these athletes are the pride and joy of their parents. When you as a coach yell, insult or do not play their son or daughter, you are directly or indirectly hurting the parents...the main solution is for the coach and parents to communicate and do what is best for the student-athlete.*

# Raton High Homecoming Parade



"The People's College"



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"The  
People's  
College"





## Emergency Procedures

In all emergency circumstances, it is important to remain calm.

### Fire –

1. Activate fire alarm.
2. From a safe location call the Fire Department (911) Give the nature and location of the fire.
3. Evacuate the building and help individuals needing assistance.
4. Use a fire extinguisher, if trained to do so.
5. Notify LCC Security cell 629-8244 if not already notified.
6. Notify Security Director cell 699-9883
7. Report to your supervisor.

### Lock Down Active Shooter Situation

1. **Run** – if there is an accessible escape route, evacuate regardless whether others agree to follow, helps others to evacuate if possible
2. **Hide** - if evacuation is not possible, hide! Be out of plain view, lock the door, blockade the door with heavy furniture, silence your cell phone, and remain quiet.
3. **Fight** – as a last resort, act as aggressively as possible, improvise weapons, yell, and commit to your actions

### Medical Emergency –

#### If the individual is Unconscious

1. Call for an ambulance (911).
2. Do not move the individual unless there is an imminent hazard.

#### If the individual is Conscious

1. Call for an ambulance (911) if requested by the individual, or if individual isn't capable of making that decision.
2. Notify LCC Security cell 629-8244
3. Never delay in requesting medical assistance.

### Security Department Safety Tips

- Travel in groups of two or more at night; travel in well-lit, heavily traveled areas. If you do not have someone to walk with you, please contact Security at 505-629-8244 for an escort.
- Follow your instincts, if something doesn't feel right, change directions and go into the nearest public building. Call Security or dial 911 for Police assistance.
- Always lock your car and keep valuables out of sight.
- When walking to your car, have your keys ready rather than having to search for them. Take a look and check the back seat before getting in.

### EMERGENCY NUMBERS



Fire – 911 non-emergency 425-6771



Police – 911 non-emergency 425-6771



Ambulance – 911 non-emergency 425-6771



Poison Control – 1-800-432-6866

Hospital – 426-3500

Campus Security – cell 629-8244, office 454-2557

Security Supervisor - cell 660-0386

Director of Security - cell 699-9883

## 8-Week Class Schedule

Course	Sec.	Hours	Title	Days	Dates	Times	Campus	Bldg.	Instructor
BT112	40	3	Building Construction I	—RF	10/17-12/6	3-8 p.m.	Off Site	OFFS	Honeyfield
CRT 140	01	3.0	Estimation for Collision Repair	T-R	10/15-12/6	1-8 p.m.	Main Campus	Auto	Martinez, G
CUL237L	01	2.0	Restaurant Experience Lab	---F	10/18-12/6	8 a.m.- 4 p.m.	Main Campus	CAFÉ	O'Brien, A
MATH075	04	4.0	General Mathematics	MTWR	10/14-12/6	3-4:50 p.m.	Main Campus	TECH	McAllister
MATH116	04	4.0	Intermediate Algebra	-MT-RF	10/14-12/6	3-4:50 p.m.	Main Campus	TECH	Sanchez, B
PSYC101E	03	3.0	Introduction to Psychology (DL)	-M-W---	10/14-12/6	4-6:50 p.m.	Online Course	EWEB	Harris, R
PSYC242E	02	3.0	Developmental Life Span (DL)	---R--	10/17-12/6	2-7:50 p.m.	Online Course	EWEB	Hughes, R
SOC101E	01	3.0	Introduction to Sociology (DL)	-M-W---	10/14-12/6	7-9:50 p.m.	Online Course	EWEB	Harris, R

# Veteran student services outreach

The transition from the demands of military life to those of a college can create a significant amount of stress. For the many individuals returning from war-zones, the amount of stress from that experience added to what they already face is often, immeasurable and overwhelming. Studies show that as many as one in three returning veterans have already, or will experience one or more psychological conditions.

Often times, the psychological condition that veterans face is Post-Traumatic Stress Disorder (PTSD). PTSD is a disabling disorder that may develop following a traumatic event. Students experiencing symptoms of PTSD while trying to manage the stress of college can find themselves feeling extremely overwhelmed with the stressors in their life. Failure to participate in counseling services or student support services may further impact the results of war-related psychological difficulties and may lead them to withdrawal from courses.

The Luna Community College ACCESS Center is implementing a new Veterans student services outreach program which aims at provid-

ing veteran students with services and support that they may need to be successful in their transition into college. ACCESS Center will be providing counseling services as well as community resource information

to those veteran students who are struggling with the transition into college. Within this new initiative, the ACCESS Center will be providing LCC staff and faculty with the necessary training to appropriately accommodate

those veteran students who need help with the transition into college. Counseling services will be offered by counseling credentialed staff, who have knowledge and experience working with students struggling with transition into college. Melissa Lopez and Arcenio Garcia will be facilitating group counseling starting Wednesday, Oct. 23, in the Student Services Board Room.

To schedule a meeting, or for any questions or concerns, feel free to contact Melissa Lopez (505)454-5357 or Arcenio Garcia (505)454-5374.

**Within this new initiative, the ACCESS Center will be also providing LCC staff and faculty with the necessary training to appropriately accommodate those veteran students who need help with the transition into college.**

## Skills USA Auto Club Swap Meet



October 19th, 2013

8am-3pm

At the Luna Community College Las Vegas Campus

Auto & Motorcycle Parts and Accessories  
New & Old



FREE admission to the public  
Vendor Fee of \$10

Buy-Sell-Trade

For more information call

Anthony Bacon (505) 426-0425

Chris Castellano (505) 699-3828



SkillsUSA



## Fight the FLU

It starts with you  
**FLU SHOT CLINIC**

Healthy adults over the age of 18, provided by the LCC Nursing Students in cooperation with the NM Public Health Department, San Miguel County.

Location: Allied Health Atrium

Dates and Times: Fri. Oct. 25 from 9am-1pm & Fri. Nov. 1st from 1pm-5pm



The Luna Community College Student Government has three vacant senate positions. A letter of interest is to be submitted by email to [dortega@luna.edu](mailto:dortega@luna.edu). It is due by noon on Oct. 17. Requirements for these positions are as follows: must be enrolled part-time (6 hours), have a declared major and a 2.0 GPA. Student Government Officers will review all submissions and vote for the top three, which will be announced at their Oct. 18 meeting which will be held at 1:30 p.m. in the LRC Lecture Hall.

# LCC Student Government ...



**Newly elected Luna Community College Student Government officials listen to LCC President Dr. Pete Campos. Pictured (l-r) are: Dr. Campos, Evette Ulibarri, Sharon Desanto, Brianna Abeyta, Billy Ortiz, Lorenza Marcais, Victor Ramirez and Gilbert Garcia.**

## Continued from page 1

“What I would like to see is better communication between the staff and students and also improve communication between the administration and faculty,” said Ramirez.

Ramirez also said that he would like to see Wi-Fi capability campus wide. Overall, Ramirez would like to see a high standard from both student government and the college.

“I am firmly behind Victor,” said Garcia, who is the vice-president. “We want to have great communication with students, faculty, staff and administration.”

Marcais, the secretary for student government said it is a great honor.

“I’m in great company here,” said Marcais. “We are going to help students reach higher and create a harmonious student government.”

Billy Ortiz, the treasurer said he was em-

ployed at Luna Community College for 11 years.

“I’ve served two tours in the navy and I am a small business owner,” said Ortiz. “I am working on my third degree here at Luna. I’m a person that loves to listen.”

Abeyta, a senator, reiterated the importance of everyone working together.

“I’m very happy to be part of this organization,” said Abeyta. “I’m motivated to get students more involved; I will support ideas that benefit students.

Desanto, a senator, is the president of the Student Nursing Association.

“Moral is an important issue to me. I’m here to help students achieve their aspirations.”

Ulibarri remained steadfast from what she said during her campaign.

“I will do everything within my power and represent students to help them accomplish their goals,” said Ulibarri.

Luna Community College President Dr. Pete Campos spoke to the entire student government.

“Really apply discipline and prepare yourself; there is wisdom that develops,” said Dr. Campos. “Work to develop thoughts and ideas and mark every step of the way—have respect for one another. All things are achievable when you work for the right reasons.”

Dr. Campos advised that they develop the ability to debate and have an open dialogue.

“Over a period of time, you will evolve,” said Dr. Campos. “You all will become stronger with understanding. Be a team working together you will set an example for all of us. We’re going to look for your leadership.”

## Weekly calendar

### Monday, October 7, 2013

5:30 p.m. – 6:30 p.m. Hip Hop Aerobics (VoAg)

5:30 p.m. – 6:30 p.m. Piyo Fitness (Business 115)

3:30 p.m. – 5:00 p.m. LCC Faculty Senate Meeting (Technologies 126B)

5:00 p.m. – 9:00 p.m. DWI Class (General Studies 102B)

### Tuesday, October 8, 2013

9:00 a.m. – 4:00 p.m. SBDC Social Media Training (Student Services 102)

5:30 p.m. – 6:30 p.m. Piyo Fitness (VoAg)

5:30 p.m. – 6:30 p.m. Safety Belt Class (General Studies 102B)

### Wednesday, October 9, 2013

■ 8:30 a.m. – 5:00 p.m. CDD State Training (LRC Lecture Hall)

9:00 a.m. – 4:00 p.m. SBDC Social Media Training (Student Services 102)

5:30 p.m. – 6:30 p.m. Hip Hop Aerobics (VoAg)

5:30 p.m. – 6:30 p.m. Piyo Fitness (Business 115)

### Thursday, October 10, 2013

8:30 a.m. – 5:00 p.m. CDD State Training (LRC Lecture Hall)

5:30 p.m. – 6:30 p.m. Piyo Fitness (VoAg)

6:00 p.m. – 8:00 p.m. Cub Scouts Pack Meeting (IPC Dining Hall)

### Saturday, October 12, 2013

9:00 a.m. – 12:00 p.m. Driver’s Ed. Course (LRC Lecture Hall)

9:00 a.m. – 3:00 p.m. Defensive Driving Class (General Studies 102B)