Internship changes LCC’s Dominguez’ view on education

About a year ago, Luna Community College student Joseph Dominguez was at one of those points in his life where he wasn’t sure about his educational future.

After one semester as an intern with the U.S. Census Bureau in Seattle, Dominguez is more focused than ever. Dominguez, a 2009 Robertson High graduate, served as a supervisory survey statistician during the fall semester in Seattle. It was the first time he was away from home.

“This internship gave me real world experience, which has helped me to form and develop into a person that can better understand the demands of a career,” said Dominguez.

Dominguez, a criminal justice major, will transfer to Highlands next semester and one day wants to be a civil lawyer.

“The internship matured me,” said Dominguez. “I don’t waste time anymore; it made me appreciate my life in general and made me more appreciative of my family.”

It didn’t take Dominguez too much time to realize the difference between small town Las Vegas to urban Seattle.

“I had to walk about 25 minutes from my hotel room to the bus stop,” said Dominguez. “And then there was a 45-minute bus ride to downtown Seattle. It was rough mentally to be away for the first time. It made me realize how good we have it in a small town.”

As part of his job, Dominguez supervised five states and gathered information in community surveys which helps communities attain government funds.

“I learned how to persuade people on the benefits in participating in surveys to assist the government at a time (continued on page 2)

The Luna Community College Half Hour Radio Show, which aired over the last four years on KNMX Radio Station, ended this past week.

“I want to thank KNMX owner Matt Martinez and his staff for the kindness he has shown to Luna Community College during the time we had this show,” said LCC Public Information Coordinator and host of the show Jesse Gallegos. “It ran for four years at no cost to the college.”

During the span of the show, Gallegos interviewed many students, staff, faculty, administrators and community members.
Representing cosmetology in the New Mexico SkillsUSA Competition in March will be (l-r): Celerina Finnestad (competing in cosmetology); Domonique Anaya, nail care model; Amanda Martinez, courtesy corp; Victoria Perea, cosmetology; Marcus Montaño, competitor in nail care; Connie Ortiz, SkillsUSA advisor; Amberlyn Gonzales, competitor in nail care; Celine Kramer, courtesy corp; Marisa Saiz, cosmetology and Danelle Duran, nail care model. Not pictured are Danielle Carpenter, competitor in nail care and Valerie Martinez, nail care model. SkillsUSA is a national nonprofit organization serving students enrolled in career and technical education training programs in public high schools and colleges. SkillsUSA’s mission is to help its members become world-class workers and responsible American citizens. SkillsUSA complements technical skill training with instruction in the employability skills that make a well-rounded worker and citizen.

When distrust of people in general is at an all-time high. I learned how to keep information confidential and how to remain calm and collected in uncomfortable situations, such as speaking with respondents who want to curse the government. I learned what customer service means and how in any business this element can make or break an organization. I have learned how to work within an organization team environment and how important each member is to the overall success of completing tasks and missions.

Aside from the actual work, Dominguez says the fact of waking up at 6 a.m. and waiting at the bus stop in the cold made him realize things he never had before.

“This type of experience can not only change a person, but also make a person humble and change the way they view life,” said Dominguez. “I know it did for me, this experience has made me realize how fortunate I am and has inspired me to be thankful for the life I have and to get the chance to be part of a government agency at such a young age.”

Life lessons are important, but so is building confidence.

“I feel now that I can talk to anybody anywhere, no matter how important they are,” says Dominguez. “I have some new goals set out for myself. I want to keep up the hard work and focus it toward my new classes and any other job I encounter. This experience has given me all the power I need to believe in myself as well as being successful in life. I feel I can do anything and progress through it until I complete it.”

Dominguez says Luna Community College has played a major role in his life.

“If it wasn’t for Luna Community College, I probably wouldn’t be in school,” says Dominguez. “Luna Community College is a good starter school. I want to thank Mary Duran, Shirley Marlow and Cindy Armijo for all they have done for me.”

The plans are clear for Dominguez.

“I want to put my utmost effort in the rest of my schooling to get the best grades possible,” he says. “Ultimately, I want to get the highest level of education.”

LCC MEAL CARD
$50

Rough Rider Grill

Buy it at the Fiscal Office Today!
Luna Community College is accepting applications for the following vacant job positions:

- Adjunct Faculty/Per Course Instructor
- Temporary Part-Time Substitute Teacher/Caretakers
- Temporary Part-Time Assistant Baseball Coach

For job description(s) and/or closing dates, contact the Human Resources Department at (505) 454-2503 or visit our website at www.luna.edu

Luna Community College is an equal opportunity employer. All position posting follow the LCC affirmative action plan.

LCC:
“The People’s College”

Weekly Activities

Monday, February 27, 2012
5:00 p.m. – 9:00 p.m. DWI Class (General Studies/102B)
5:30 p.m. – 6:30 p.m. Hip Hop Class (VO-AG./101)

Tuesday, February 28, 2012
8:30 a.m. – 4:30 p.m. Emerge BIP Training/AHEC/CDSMP (Student Services/Conference Room)
5:30 p.m. – 6:30 p.m. Zumba Fitness Class (VO-AG./101)

Wednesday, February 29, 2012
8:30 a.m. – 4:30 p.m. Emerge BIP Training/AHEC/CDSMP (Student Services/Conference Room)
5:00 p.m. – 7:00 p.m. Laws of the Universe (Manifestation) Community Ed. Class (IPC/Café/Dining Quad)
5:30 p.m. – 6:30 p.m. Hip Hop Class (VO-AG./101)
6:00 p.m. – 8:00 p.m. CACFP Training/Day Care Provide (Early Childhood/101)

Thursday, March 1, 2012
5:00 p.m. – 7:00 p.m. Intuitive Healing with Essential Oils/Community Ed. Class (IPC/Café/Dining Quad)
5:30 p.m. – 6:30 p.m. Zumba Fitness Class (VO-AG./101)

Friday, March 2, 2012
8:00 a.m. – 5:00 p.m. First Aid/CPR Training/Citizens Developmentally Disabled (LRC/Lecture Hall)
5:30 p.m. – 6:30 p.m. Hip Hop Class (VO-AG./101)

Saturday, March 3, 2012
7:00 a.m. – 4:00 p.m. C.N.A. Testing (Allied HltNrsng.Lab#3,Comp.Lab#7,MO-11)
# Student Government Office Hours

<table>
<thead>
<tr>
<th>Member</th>
<th>Day and Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Joanna Tsyitee, President</td>
<td>Mondays from 12:15pm – 1:30pm</td>
</tr>
<tr>
<td>Joelynn Sanchez, Vice-President</td>
<td>Tuesdays from 8:00am – 9:00am</td>
</tr>
<tr>
<td>Shannon Saiz, Secretary</td>
<td>Fridays from 9:00am – 10:00am</td>
</tr>
<tr>
<td>Ben Casey Encinias, Treasurer</td>
<td>Wednesday from 3:00pm – 5:00pm</td>
</tr>
<tr>
<td>Danielle Archuleta, Senator</td>
<td>Fridays from 10:30am – 11:30am</td>
</tr>
<tr>
<td>Diane Carrillo, Senator</td>
<td>Tues/Thurs. from 1:00pm – 3:00pm</td>
</tr>
<tr>
<td>Richard Flores, Senator</td>
<td>Thursdays from 10:00am – 11:00am</td>
</tr>
<tr>
<td>Tyler Piña, Senator</td>
<td>Wednesdays from 9:00am – 10:00am</td>
</tr>
</tbody>
</table>

Student Government office hours provide the perfect opportunity to ask questions or share an opinion. We are located right next to the Registrar’s Office in room SS-104.

---

**Student Government**

Open meetings will be held on the dates below at 11:30 am in the LRC.

- February 24th
- March 9th
- April 20th
- May 4th

Softball season-opener images

Pictured clockwise are: Evangeline Samora and Yesenia Hernandez; Krynisha Betoni and Elisse Tapaha; Samora and Betoni.
The Ag Mechanics Class under the direction of Mark Honeyfield at Raton High School recently had a 1989 Dodge truck donated to the program by Mr. Steve Hicks. Tommy Alderette and Nathaniel Alderette, dual credit students, at Raton High, modified the frame, cab and fenders to produce a demonstration engine transmission stand that will be used for the General Automotive and Ag Mechanics classes at the high school. Pictured here are Tommy and Nathaniel with the engine.

Luna Community College employees who are classified in range 12 pay scale will be moved to range 14. This was approved by the LCC Board of Trustees regular board meeting on Wednesday, Feb. 22.

The annual cost to the college will be approximately $12,000. The salary adjustment will take effect on March 1. There are 13 employees currently in range 12.

The Ag Mechanics Class under the direction of Mark Honeyfield at Raton High School recently had a 1989 Dodge truck donated to the program by Mr. Steve Hicks. Tommy Alderette and Nathaniel Alderette, dual credit students, at Raton High, modified the frame, cab and fenders to produce a demonstration engine transmission stand that will be used for the General Automotive and Ag Mechanics classes at the high school. Pictured here are Tommy and Nathaniel with the engine.

Luna Community College employees who are classified in range 12 pay scale will be moved to range 14. This was approved by the LCC Board of Trustees regular board meeting on Wednesday, Feb. 22.

The annual cost to the college will be approximately $12,000. The salary adjustment will take effect on March 1. There are 13 employees currently in range 12.

College Night on Tuesday

COLLEGE NIGHT 2012
TUESDAY, FEB. 28
5-8 P.M.
ABE MONTOYA REC. CENTER
MARDI GRAS THEME
SNACKS PROVIDED
ENTERTAINMENT: STEVE LEGER; DANCERS (Sarah Flores)
SET UP TIME: 3 P.M.-4:45 P.M.
(Vocational programs with set-ups may use back entrance to haul in equipment/projects.)

LCC baseball team splits with Trinidad St.

The Luna Community College baseball team split a four-game series with Trinidad St. over the weekend.

After dropping the first two games 3-1 and 7-11 on Saturday, the Rough Riders bounced back on Sunday to win 14-0 and 7-3.

The Rough Riders are 7-13 on the year.

“We just need to start believing that we are a good team,” said LCC Baseball Coach Antonio Siqueiros. “I believe at times we don’t trust our skills; I don’t think they realize how good we are when we play as a team. We need to play like the second two games against Trinidad.”

The Rough Riders are scheduled to play Dodge City at 1 p.m. on Monday, Feb. 27 at Highlands and then travel to Altus, Okla. to play Western Oklahoma this weekend.

The Lady Rough Riders dropped two games this past week to Otero Junior College 10-0 and 11-2 at home. A doubleheader with North Platte Community College that was scheduled this past Sunday at home was postponed. No makeup date has been set.

“We’re working really hard,” said LCC Softball Coach Meredith Gilpin. “We have a lot of home games in the month of March and we hope to turn things around. We’re a really young team.”

LCC is scheduled to play Frank Phillips Community College on Saturday and Sunday at home. Start times are at 1 p.m. both days.

The Lady Rough Riders are 1-10 this season.

LCC has 12 freshmen on the team with only six sophomores. The Lady Rough Riders start an average of seven freshmen per contest.
HIGH INTENSITY INTERVAL TRAINING (HIIT)

HIIT is a specialized form of interval training that involves short intervals of maximum intensity exercise. HIIT will push a person beyond the upper end of your aerobic exercise zone. HIIT will improve your cardiovascular fitness while spending less time doing cardio and at the same time, increasing strength by including resistance training. HIIT helps improve overall body composition, increase muscle mass, decrease body fat, improve VO2 max, helps with recovery time between sets, and become more efficient while exercising.

Session 01-Jan 24 thru March 15  Tue/Thur  5:30-6:30 pm
Session 02-March 20 thru May 10  Tue/Thur  5:30-6:30pm
Location: LCC Wellness Center
Instructor: Carl Vigil
$40 per session
For more information, call LCC at 425-8767, or 454-5311
2012 St. Patrick's Day Race for the Gold

March 17, 2012
at
Santa Rosa Lake State Park

The race is broken into four stages to different areas of the park consisting of:

2.5 mile run
4 mile bike
2 mile run
4.5 mile bike

Entry Fee's:
$30.00 Per 2 Person Team
$20.00 For Single Participants

Registration forms and Race Information Packets can be picked up at the following Santa Rosa locations:

P&M Connections
The Feed Store
Santa Rosa Lake State Park

Registration deadline is March 14th, 2012
For more information contact Chris Baca @
Phone: (575) 472-3110
E-mail: www.ChristopherA.Baca@state.nm.us

Sponsored by the Friends Group of Santa Rosa Lake