# The Luna Light



"The People's College"
Becoming The Premier Rural Community College in America

Volume 1 Issue 2

January 11-January 17

# President Campos welcomes Luna CC students back



Luna Community College students stand in line as they wait to pay for tuition. The spring semester begins on Monday, Jan. 11. The last day to register is Tuesday, Jan. 19.

#### By Dr. Pete Campos LCC President

Students, please accept my heartfelt appreciation for choosing Luna Community College as your educational provider. Whether you are a first time attendee, enthusiast or nearing graduation we want your spring semester to be a meaningful experience.

I hope the following suggestions help you to be a better student. 1] Think positive – you are in control of your life – the biggest difference between people is their attitudes – aim high and do your best; 2] Build good habits – develop mental discipline – improve your learning skills – experience the joy of discovery and learning;

and, 3] Make time work for you – use time to create success – plan study time and measure your learning progress – complete your classes and programs of study.

Research has shown that quality education translates into a longer life. The reasons for such longevity appear to be that more educated people have better access to both information about disease and medical advances. Education empowers, it can lead to better health choices, to more employment options and ultimately, better pay which provides families with a myriad of opportunities from which to choose.

Today, education is available to all of us. It is affordable, a means to a healthier lifestyle, it provides job upward mobility and is the key for us to work smarter not harder. It brings out the best in us and assists us in reaching our full potential. When we reach that potential there is the ability to problem solve, accomplish goals, respond to job challenges and enjoy the outcomes produced because of our input.

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#### LCC tuition among the lowest in the Southwest

#### By Jesse Gallegos

Have you ever wanted to go to a small college where faculty and staff members care about you? Where you're not just a number and will not be lost in a crowd?

If you're answer to these two questions are yes, then Luna Community College in Las Vegas, N.M. is the school for you. At Luna Community College you will get quality instruction that will enable you to fulfill your dreams in several academic and vocational arenas. A good thing about this

is that you won't have to empty your wallet to pay for tuition. As many college's have increased tuition, LCC's tuition has remained steady. New Mexico in-district full-time students pay \$348 a semester while in-state out of district residents pay \$480 a semester. Out of state residents pay \$948 a semester. Senior citizens pay only \$5 per credit hour.

You may also want to contact our financial aid office or foundation office for fiscal aid.

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# Ortega-Gallegos says her students are great; she likes to help them achieve their goals

Name: Dawna Ortega-Gallegos Position: Dental Assistant Instructor

How many years at LCC (what year did you start)? Started fall of '08.

Favorite food and why? Buffalo wings with ranch dressing and green chili chicken enchiladas.

**Favorite hobby and why?** Spending time with my family and riding my Harley. My family is the center of my world, without them I would have never accomplished what I have this far. Riding my bike gives me the feeling of being free and gives me a chance to spend time with my friends.

Favorite TV show and why? Anything on "Lifetime." I am just hooked!

Where would you like to see yourself five years from now? I would like to see myself as a dental hygienist and an instructor. What do you like best about LCC? I like the people I work with, I feel like I am at "home" when I am at Luna Community College. My students are wonderful and through their feedback I believe that I am providing the structure and guidance that they need to achieve their goals

What do you like least about LCC and what would you offer as a solution? The parking! I would like to see all the empty space be turned into parking lots, I like exercise, but walking from one end of the campus to the other just doesn't cut it sometimes.

What is your greatest strength? Being positive and my love for life, I wake up each day thanking God for another opportunity to be who I am.



Dawna Ortega-Gallegos says that she loves life, but she would like to see better parking opportunities at the college.

LCC:
"The People's College"

#### Guessing Game Can you guess

The

Can you guess which LCC employee's picture this is?



The first person to give the right answer will get a free meal from the LCC Rough Rider Grill. You may enter the contest by e-mailing your answer to jgallegos@luna.edu or calling extension 1200.

# Quote of the Week

"Being happy doesn't mean that everything is perfect. It means that you've decided to look beyond the imperfections,"—*Anonymous*.

## Welcome back LCC students...

#### Continued from Page 1

I believe you have what it takes to pursue an education and be

a higher education. There are three qualities we all have at one degree or another. These qualities are patience, persistence and positioning. The definitions of these terms according to Wikipedia or Dictionary.com are: A] Patience – the state of endurance under difficult circumstances; B] Persistence - unremitting perseverance; and, C] Positioning – an image or identity created in the minds of a target market. When you apply the

terminology of these terms and related practices to your life you can overcome great obstacles and be recognized by others for your will to succeed. Many leaders in the labor market look for people who are educated and capable of moving their businesses forward with positive results.

Albert Einstein, talking to a group of school children in 1934, said: I rejoice to see you here today. Bear in mind that the wonderful things successful at it. You may ask how he knows whether or not I can earn you learn in your schools are the work of many generations, produced

by enthusiastic effort and infinite labor in every country of the world. All this is put into your hands as your inheritance in order that you may receive it, honor it, and add to it, and one day faithfully hand it to your children.

Regardless of the sacrifice you must make, I ask you to never stop learning, stay on a positive can-do path, and don't succumb to the naysayers. Why, because your self-worth is priceless, you will be

recognized for your talents and, although we don't know how or when, your life's contribution will never be replaced. I believe in you with all my heart and soul and remain fully confident that you will change the world for the better!

#### LCC tuition...

From the moment you step on to our campus, you will see a friendly smile, great attitudes and a faculty and staff who are willing and able to help you accomplish your

goals.

So why not start your dreams here at Luna Community College. Remember life is all about choices and your educational choice

"I believe in you with all my

beart and soul and remain fully

confident that you will change

the world for the better,"—

President Campos.

could very well be Luna Community College.

For more information on Luna Community College call 1-800-588-7232 or visit our Website at www.luna.edu



Reese Lucero, Ray Ray Tafoya, Jennifer Himes and Dezi Griego are pictured here studying last semester. The Luna Community College family wants to welcome every student back this semes-

LCC: "The People's College"

## Farwell from Terri Mares



Terri Mares

#### To all my friends here at LCC,

As most of you know I will be retiring on Jan. 15, 2010. I want to thank you all for your assistance, support, good wishes, and the kindnesses you have shown me over the years.

I will miss each of you—I have many wonderful memories to take with me.

a good and kind staff, hard-working and dedicated, with the potential to take LCC to the number one spot among community colleges in our state, and even our country. Each of you

deserves to enjoy that level of excellence. I challenge the leadership of this college to join hands with all of you to improve communication and to involve staff at every level of decision-making so that you can help make this dream a reality.

I wish every one of you and your families LCC is blessed with people that care. We are God's blessings for health, happiness, and success in all you strive for.

> Love, Terri

Terri Mares worked at LCC from 1984-88 and from 1999-2010.



View and print the Spring 2010 Schedule of Classes @ www.luna.edu

#### **ENROLL TODAY FOR THE SPRING 2010 SEMESTER:**

November 16th to December 18, 2009 8:00 am to 12:00pm and 1:00 pm to 5:00 pm

LUNA COMMUNITY COLLEGE WILL BE CLOSED FOR THE HOLIDAYS ON DECEMBER 18, 2009 THRU JANUARY 3, 2010

> Spring registration resumes: January 4, 2010 thru January 19, 2010

**CLASSES BEGIN MONDAY, JANUARY 11, 2010** 

1.800.588.7232 OR 505.454.2500 Register online at https://pathways.luna.edu

#### Weekly Activities

Monday, Jan. 11, 2010

■ 9:00 a.m. – 12:00 p.m.

tion (LRC/Lecture Hall) Tuesday, Jan. 12, 2010

■ 11:00 a.m. – 4:00 p.m.

nation Clinic (IPC/Cafe) ■ 6:00 p.m. – 9:00 p.m. Session" (Stud. Srv/Conf. Rm)

Wednesday, Jan. 13, 2010

■ 3:00 p.m. – 5:00 p.m.

■ 7:30 p.m. – 9:00 p.m.

Monthly Student Learning Outcome Assessment Meeting (Student Services/Conference Room)

LCC Board of Trustees "Work

Spring 2010 Dual Credit Orienta-

H1N1 & Seasonal Influenza Vacci-

Study Hall - LCC Softball

(General Studies/Room 112)

Thursday, Jan. 14, 2010

■ No Activities scheduled

Friday, Jan. 15, 2010

■ 10:00 a.m. – 12:00 p.m.

Meeting (Stud. Serv./Conf.Rm)

Saturday, Jan. 16, 2010

■ 9:00 a.m. – 3:00 p.m.

(Student Serv./Conf. Rm.)

■ 8:00 a.m. – 1:00 p.m.

CNA Testing, Allied Health Cen-

**Treatment Foster Parent Training** 

MdN AHEC Advisory Board

ter-N7 and 3.

Sunday, Jan. 17, 2010

No Activities Scheduled

# MASS MEDIA COMMUNICATIONS DEPARTMENT

The term "mass media communications" may not sound exciting, but it is among the most dynamic and fastest growing fields of study in the world. Mass media communications include books, newspapers, radio, television, film, and the Internet. If you're interested in exploring a career in publishing, journalism, broadcasting, film, advertising, public relations, media art, or Internet media, check out the new Program. For more information call Rand Kennedy at (505) 454-2564, or email: rkennedy@luna.edu

#### SPRING SEMESTER COURSES

#### INTRODUCTION TO MASS MEDIA COMMUNICATIONS

Learn about and understand what the new mass media is, how it influences and reflects society, who and what makes up the "media", and how does it works.

TUESDAYS AND THURSDAYS, 3:00PM- 4:40PM, MAIN, MORA, AND SPRINGER CAMPUSES FRIDAYS, 9:30AM-11:20AM, MAIN CAMPUS

#### INTRODUCTION TO FILM PRODUCTION

Want to learn how movies are made and how to make movies? This is a hands-on introductory course on the art and technique of film making.

TUESDAYS AND THURSDAYS, 12:00PM-1:40PM, MAIN CAMPUS MONDAY EVENINGS, 5:00PM-8:50PM, MAIN CAMPUS

#### INTRODUCTION TO MEDIA ARTS

Learn to create graphic art and design using the computer. This is a hands-on introductory course on creating media art.

MONDAYS AND WEDNESDAYS, 3:00PM-4:40PM

#### INTRODUCTION TO JOURNALISM

Extra! Extra! Learn about news reporting and the newspaper business.

TUESDAYS AND THURSDAYS, 12:30PM-1:45PM

#### INTRODUCTION TO CREATIVE WRITING/FICTION

Have stories to tell but don't know how to tell them? This is an introductory course on writing fiction taught by a published novelist.

**SATURDAYS, 10:00AM-12:50PM** 

#### **PUBLIC RELATIONS IN MASS MEDIA**

Public perceptions are important to almost every business, government, politicians, and celebrities. Learn the basics of how to manage and develop effective public relations.

FRIDAYS, 12;00PM-2:50PM

## Why should you go to a community college?

#### By Rand Kennedy

Most high school graduates realize that in today's world going to college is extremely important. College graduates make more money on average than high school graduates, and now many companies and organizations hire only college graduates for even the most basic entrylevel positions. However, to get a college education it is not necessary to attend a good university right out of high school. Attending a community college first and then transferring to a university is probably the best, most practical educational choice a student can make.

Here are some great reasons why you should consider attending a community college:

#### It's cheaper!

Even if someone else like your parents or the government through financial aid is going to pay for college, it's always wise to choose the best value. Often financial aid is provided as a loan that must be repaid, so it is smart to avoid having high amounts of debt by spending all four years at a university. Even if your parents can afford to pay for your education, the least that you can do to show your appreciation is helping keep the costs down. Courses at a university typically cost more than double the cost of courses at a community college.

Ultimately, a bachelor's degree from a major university is still a degree from a major university, no matter where you got the first part of your college education. Paying for the core courses that are required by all colleges and Universities at a community college just means that you get that degree for a lot less money than someone who started at a four year University as a freshman. It's like getting a \$100,000 car for \$50,000.

#### Community colleges have smaller classes.

At many major universities, your basic freshman general education classes, like English and math that everyone needs to take, are going to be huge. Sometimes these classes have over 300 people in them. At

community colleges though, most classes are limited in size to around 10-30. In addition, at universities these lower level classes are often taught by student assistants, but at community colleges, you will get a real experienced professor. Having smaller classes means you get more individual attention. It also means that there is a good chance the teacher will actually remember who you are when they go to do the final grading, and so they can take into consideration things like your participation in class.

Community college professors are usually more than willing to go out of their way to help you out. They will meet with you individually to explain things you don't understand, discuss an idea for a term paper with you, and write you recommendation letters for scholarships or acceptance into universities. This is a major benefit that you will not often find at a major university.

#### Community colleges offer you a flexible schedule with a variety of options and programs.

Perhaps you will have to work to pay for school. Even if your parents are paying for school, or you will be getting scholarship money, you may be in the situation where you are going to need to work to pay your living expenses. You have a much better chance of finding a job if you are able to be flexible with your school schedule. Community colleges usually have a more flexible schedule than universities by offering evening and weekend courses.

In addition, four-year college degrees are not the only pathways to success. Many professions do not require a four year degree to get started. For example, maybe you want to become a contractor, electrician, or truck driver. Community colleges offer two year training and education programs that lead directly to the licenses and certifications required for many rewarding jobs and careers.

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#### Celebrity Look-Alike Contest

We are asking individuals to vote on which Luna Community College employee looks more like their celebrity look-alike. Please e-mail your vote to jqallegos@luna.edu or by calling extension 1200. Votes will be taken until 3 p.m. on Monday, Jan. 11. Remember this is all in fun.



and



Nia Vardalos





Richie Valens

Terri Mares

**Ben Crespin** 

## Community College...

#### Continued from page 6

Community college is a great place to explore and to decide what you are truly interested in as a career or profession.

If you are undecided on your major, or even if you have declared a major but are uncertain if it is really the one for you, community college is a great place to explore and experiment by taking classes in a several different departments. You may discover something that you really love doing that you never even knew about before.

At big universities, classes in specific departments, such as music and art, are often limited to students who have been accepted in that major, simply due to lack of space. At a community college, if you want to take a class that will teach you the basics of playing the guitar or of designing a website, you can. Most important, you can do this experimenting at a fraction of the cost of what you would be paying to take classes at a university.

Sometimes people end up with degrees in programs that they find they are not really interested in, and end up working in a completely different area because they felt it would have been a waste of time and money to change their major halfway through. It is much easier to make those changes during the first two years at a community college and avoid ending up in profession you don't like or that bores you.

#### You can live at home.

You will most likely be able to find a community college within driving distance of where you live, which means that you can live at home. Although you might think that nothing could be better than getting out of your parents' house, living at home is obviously less expensive than living in a dorm (with roommates you don't get to pick) or an apartment. Living at home also means that you get to use the family washing machine, which means you don't have to spend

hours and money at the Laundromat. By living at home while you go to community college, you may be able to save money for the costs and living expenses for later attending a university.

#### You get a second chance at getting into the school of your dreams.

Maybe your goal in life is to get accepted to Harvard, Yale, UCLA, or some other major university, but you did not either get accepted as a freshman or have enough money to attend. Attending a community college gets you started on your higher education journey while at the same time you can save the money or improve your grades and qualifications for acceptance at the school of your dreams.

#### A change of scene halfway through will help keep your motivated.

Many more students enroll in college their freshman year than end up graduating, and this happens for several reasons. One major reason is burnout. It is usually easier to be motivated and do well when something is new and exciting. One of the benefits of attending community college is that you get to leave after just a few years. So about the time you are starting to feel like you just couldn't stand to spend another day on that campus, you won't have to. You will get to transfer to a university, which will mean something new and exciting again. Believe it or not, just the fact that it is new and different will help you stay motivated. By the time the university is starting to become too common to you, and you feel like you want to get out of there, you can... with a degree.

Whether you need a two year training program or a bachelor's degree, a community college may be the best first step to achieve your goals. Community college is not only easy way to begin your higher education; it is the smart and economical way!



Luna Community College faculty attended a professional development seminar last week. The seminar was given by **Highlands** University professor Chris Nelson.

# Luna CC Cosmetology Program celebrating eight year anniversary

# Barber program in Santa Rosa culminates one year

#### By Germaine Sandoval

The Luna Community Cosmetology Program started on Jan. 28, 2002 with the collaborative efforts of Carla Romero who was Director of Business and Professional Studies Department, Marcella Garcia cosmetology instructor and Rose Tapia with all her (perfect) office skills. Our maintenance department had to reconstruct the old book store for the Cosmetology Department.

The patience everyone had with me was admirable. We had a lot of help from different people such as Donna Flores opening accounts for us to order our supplies along with her accounting skills to help us deposit our money properly at the end of the day; Cathy Gonzales helping with requisitions and our orders; Johnathan Ortiz helping us with the schedule to balance credits with state board required hours; Marcella Cannone with her binding, copies and faxes; the book store ordering our kits/books; Freddy Carrillo waiting for us to finish at the end of the night making sure we were safe; Leroy Sanchez and Dr. Gilbert Sena making sure we were meeting students needs; LouElla Marr-Montoya with recruitment not only students but also clients even if she had to pay for them herself; Rick Jaramillo hooking up my phone lines in a matter of minutes and Access Center's Diana Medrano helping us with all our student needs.

Eventually we moved here to the Administration Building. We were, at that time, under the direction of Ron Gonzales. With the team effort of Ron Gonzales, Mr. Sanchez and Dr. Sena and of course once again maintenance working day and night, we were up and running again

We had our orientation with students on Jan. 14, 2002 and our first day of attendance was Feb. 2, 2002. We had a total of 11 students enrolled. They were a great group of students and were a blessing. We had started late in the semester and they wanted to graduate in May, so they suggested to me if we could pitch in for lunch and stay in for that hour We would pitch in and buy cold cuts have pot lucks here and there. Dr. Sena and Mr. Sanchez found out and they soon donated a refrigerator to us for our cold cuts and lettuce.

Out of gratitude and appreciation the students wanted to give Dr. Sena and Mr. Sanchez haircuts. They finally convinced Mr. Sanchez to do this. He came in during lunch; got a good hair cut and the students sent him off with some lunch. We have had very good blessings in our cosmetology program as students. We also had our co-worker by the name of Ms. Lorraine Martinez. She came in as a volunteer for the office. In order to stay in compliance with state board we had to enroll her (and also to make count) she would finish two days work in less than an hour. I would happen to come in the office and she was doing something to her daughters walking dolls hair. So we had to enroll her.

By the way thank you Dr. Campos for the computer you loan us. Dr. Sena and Mr. Sanchez were always mentioning that we were connected with Robertson High and West Las Vegas High, so Dr. Campos loan us a computer.



Barbara Menchaca is one of many students who have graduated from the LCC Cosmetology Program.

On Oct. 23, 2002 we had College Night here at cosmetology where we were doing services. We had the privilege of convincing Horace Lucero to get a hair cut. Our student was really good with fades and Mr. Lucero told him do whatever. My students were happy to be giving a board member a hair cut wanted to make him look really good. A little different from Mr. Lucero's look but he was proud of our students.

On Aug. 19, 2002 Connie Ortiz was hired part-time, I was working at the beauty school in Santa Fe when I received a phone call and on the other end of the line was Connie Ortiz from Las Vegas, N.M. She was recruiting students to work for her in her shop "Hair Etc." I was in the middle of class but was expecting a fax.

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## Luna CC Cosmetology Program...

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As it turned out it was a phone call. I took the call and it was Connie Ortiz. Because I was working in a private school, I had to log all long distance phone calls and explain the reason for calling. I couldn't call her back because she needed something from us. I told her to call me back in half an hour after I got out of theory class. I had said half an hour because

that's how long it would have taken me to finish my class and also to get the clinic floor started. The phone rings in exactly half hour so that said a lot about her. When I came to Luna to a hair dresser orientation I met her along with other hairdressers here in Las Vegas. One day Connie came to inquire about how to go about getting her Cosmetology Instructor License. I loaned her study materials gave her a list of exam dates for state board exam. Due to the fact that she had had her license since 1991, she could study, pay the fee and take the exam. She did exactly that (and brought the materials I had loan



**Connie Ortiz and Germaine Sandoval** 

on full time Oct. 16, 2003. She too had a blessing of 15 students.

On Oct. 31, 2002 my class had an all day nail class with a very special nail tech from Albuquerque Clarabelle Hern. She is originally from Anton Chico, N.M. who attended beauty school, passed her exam and became licensed. She told her instructors she would never do another set of nails in her life. She then realized it was the nail product she was working with that she didn't like, so she went on working saving her money and hired her own chemist to create her own nail product. She came here with my students for an all day class and invited her friend Rosalie Ortega to come and meet her here to see our beautiful school.

While Ms. Hern was conducting her class. I was setting up the special food we had all prepared at home for our pot luck and all day class. Ms. Rosalie saw me, she got up and immediately started to help me. I got the table cloth from one end and she got it from the other end. I placed the food and she was finding the serving spoons for them. We worked well together. We talked during lunch about her amount of years experience in the business and her having her own shop. I fell in love with her self motivation and the way she got along with everyone and of course her history. Between Ms. Hern and I, we gathered study materials for her. She went and took her test and passed and got hired here at Luna on Aug. 27, 2003 on a part-time basis. She later became full time Jan. 10, 2004. Ms. Rosalie has been a licensed hair dresser for 40 years and owned her own shop for 36 years.

One night Connie, Rosalie and myself we were at College Night -and a young man came to our table and asked about our cosmetology program. We shared information with him and he started sharing his personal info with us. He was raised by his grandmother landed up in an all boy's

school. Had a very low self esteem and mentioned he had always cut hair and wanted to attend school to learn how to cut hair. He was afraid to go into society because of his background. Rosalie and I talked to him and mentioned that education was freedom.

We then later talked about the prisons and how they must all feel. Being Ms. Rosalie was from Santa Rosa we thought that would be a good

> thing for all. The possibility of educating in Santa Rosa with the idea of "EDUCATION IS FREEDOM" and many other purposes including her commuting here daily and her teenage grandson she is raising. So back in Jan. 7, 2005 with the help of a lot of our co-workers we had already put together cross -over into barbering. Ms. Rosalie took the class, took her exam and passed. Once again we are very fortunate to have the support of the college and GCCF to carry out our program. Albert Campos has done an excellent job putting it together over there. I had chills the whole entire time I was there for the graduation in Santa Rosa

her back). She passed her exam and got hired at Luna part-time and went because of the pride of everyone's team accomplishments and to see the happy faces of those students in their neatly pressed barber jackets and their happy faces as they were called up for their certificates of accomplishments.

Cosmetology is also doing dual-credit special thanks to everyone once again. We have Rebecca Rice first known to cosmetology as Rebecca Martinez. Rebecca attended cosmetology in Feb. 4, 2002. Rebecca was always a good student always on time and always brought everything she needed to bring with her including her own clients. She specialized in flat tops. Her grandfather was her No. 1 client; he would sit in her chair and tell her the exact measurements his hair had to be when she finished. Her grandmother was also another one of our good clients she used to like to come and get facials because she got to rest. Rebecca also had the privilege of cutting and coloring her moms hair. Rebecca completed cosmetology here at Luna. Rebecca passed her exam, worked at Cool Cuts and is now working here with us at LCC and Sally Beauty Supply part-time.

Special thanks to everyone here for at one point or another you know we have needed you and we know we will still need you. We are so blessed to have such great co-workers and students.

Also, a special thanks also to all our clients that continue to come here and a special thanks to Dr. Campos for his help with our continued needs. Also, a special thanks goes out to Gary Martinez for taking the time to learn cosmetology and his continued help. And a special thanks to Karen Coca, she keeps us on our feet with our deadlines.

HAPPY ANNIVERSARY TO EVERYONE HERE, SANTA ROSA AND GCCF.

## Addressing sexual harassment in education

#### By Lawrence Quintana

The Luna Community College Board of Trustees has taken a firm stand on the issue of sexual harassment in education. The LCC Board of Trustees has provided direction to staff and administration that the college must commit to students and employees that Luna Community College will build an environment of mutual respect that is free of discrimination, including sexual harassment. The LCC Professional, Support Staff, Faculty Policy and Procedure Handbook, and the Student Handbook address sexual harassment to include the purpose of the policy, what behavior is prohibited, definitions, basic facts, how to report the behavior, confidentiality, investigations, and consequences. The college has a responsibility to address sexual harassment awareness and train employees and students about the importance of reporting and addressing this negative behavior.

So why will Luna Community College continue to be proactive in dealing with sexual harassment? The answer is simple. Luna Community College is enhancing the learning environment with new programs, revitalized programs, and ensuring that students feel comfortable in their classrooms. The ACCESS Center has been very responsive when sexual harassment issues have been reported. Educating students

about proper and positive behavior toward their fellow student, this has been effective. Students who are confronted with sexual harassment by students, employees or non-employees are encouraged to report the incidents to the ACCESS Center or the Human Resources Department. All issues will be addressed immediately and confidentially.

Employees are also encouraged to report sexual harassment issues to the Human Resources Department. Training has been provided to employees to educate them on their role in preventing negative behavior, but also reporting sexual harassment issues immediately, so the college can identify and be proactive in addressing the issue.

Bottom line up front, part of the mission of Luna Community College is to uphold the commitment to provide an atmosphere of civility, mutual trust, and respect. In addition the college will provide information to students, employees, and non-employees that unwelcome behavior of a sexual nature that interferes with a student's or an employee's ability to learn, study, work or participate in school activities will not be tolerated. The LCC Sexual Harassment Policy will be posted on the LCC Website.



#### **COMMUNITY EDUCATION - SPRING 2010**

#### Making Chokecherry Jam— The Old Fashioned Way!

In this one-day workshop, students learn the secrets of making an excellent jam and actually concoct a batch of Chokecherry jam to take home! Topics include: preparation & storage of the fruit, preparing chokecherry pulp, procedure of cooking, proper procedures for jarring hot liquid, jarring with commercial jars & lids, temperature information & water activity concerns. Safety directives & regulations will be discussed.

\$30 + \$10 materials fee

Saturday, January 23, 9am-3pm Luna Community College, Culinary Arts Lab Instructor: Patti Goetsch Call LCC @ 454-5311



# Tuesday, January 12, 2010 Wednesday, January 21, 2010 Wednesday, January 21, 2010 Thursday, January 21, 2010 Tuesday, January 21, 2010 Tuesday, January 27, 2010 Wednesday, January 27, 2010 Wednesday, January 27, 2010 Wednesday, February 3, 2010 Thursday, February 4, 2010 All trainings will be held at 10:00am in the Student Online Learning Lab Student Services Building Room 204 For more information please call 505-454-5362 \*Times and Dates subject to change due to weather conditions and/or work schedule changes.

# LCC faculty Henry Sanchez has article printed in national magazine

Luna Community College faculty member Henry Sanchez had a article printed on "Coaches Quarterly," a national magazine that is distributed on a quarterly basis.

The article focuses on coaches and teacher burnout as a new disease that is facing these professions today. The same article also received state attention

in "New Mexico Sports." The article was first published in The *Luna Light* back in May.

Sanchez, a National Hall of Fame Coach, teaches sports performance at LCC.





# & Seasonal Influenza Vaccination Clinic

HINI Flu Shots HINI Nasal Spray Seasonal Flu Shots

When: Tuesday, January 12, 2010

11 AM to 4 PM

Where: Luna Community College

Instructional Programs Center (IPC)
Cafeteria Dining Room

366 Luna Drive, Las Vegas, NM

For more information you may call

Luna Community College -

Montañas del Norte AHEC

505-454-2583 or

San Miguel Public Health Office

505-425-9368, Ext. 121

Who:

OPEN TO ANYONE WHO HASN'T RECEIEVED AN H1N1 or SEASONAL FLU VACCINE

# Meet your Rough Riders

Name: Josh Parsons Nickname: Oilfield Position: Shortstop Major: Physical Therapy Classification: Freshman Hometown: Hobbs High School: Hobbs High

Previous college or high school: Hobbs High Parents and family: Sammy Parsons, father; Sheila Parsons, mother and Ryan Parsons, brother.

What are your interests? God, sports, music and

watching television.

**College or high school honors:** Most valuable player, two-time all-district performer and two Golden Gloves awards.

Plans after graduation? Continue my education



**Josh Parsons** 

and play baseball.

Favorite pro athlete: Ozzie Smith

Whom do you admire the most and why? God and my parents. They always have good advise and lead me the right way.





Here is a photo of the sunrise that was taken at about 6:45 a.m. on Monday, Jan. 11 at the south entrance at Luna Community College.

# BASIC



Do you feel uncomfortable using a computer? Maybe never used one at all? Would you like to learn some Basic Computer Skills?

#### IONTHLY 2-DAY CL use a keyboard

learn: turning computer on

9AM to 4PM on two Saturdays Each Month Through May

write & print First Session a document, play a game January 9th and January 16th, 2010 Room 125-A in the Technologies Building

on the Luna Main Campus in Las Vegas Register

a friend! Cost: \$40 per person, \$30 for seniors & veterans Payment due at first class. Set grandma

online! email give the gift of internet progress

Registration forms available at the Office of Recruitment & Admissions Room 110 in the Student Services Center on the Luna Main Campus.

Or register on the day of the class. is limited. Space

Forms Online at http://www.luna.edu/schedule/ (Click on Community Ed. Schedule) Presented through Luna Community College Department of Community Education



and a mouse,