

The Luna Light



*“The People’s College”
Becoming The Premier Rural Community College in America*

Volume 2 Issue 43

November 9-November 15



Luna Community College Physical Plant employee Michael Jaramillo waves to the camera as he sets up lights on trees. The Annual LCC Luminaria Drive will take place on Saturday, Dec. 5. This year, the lights will be turned on only on the day of the event.



Conni Reichert, Director of Allied Health Sciences at Luna Community College, discusses nursing educational issues at the Fall NMHU/LCC Nursing Advisory meeting. Representatives from the various employing local health facilities met with nursing educational leaders to hear issues focusing this semester on the newly nationally accredited NMHU nursing RN-BSN program. Dr. Susan Williams, director of the NMHU program, seen to the right of the speaker, presented many positive developments of the RN-BSN program as they graduate their first individuals in December. Many efforts are made in the aligning of these two programs to best serve the needs of the community.

LCC looking for volunteers

Believe it or not, but it’s that time of the year when Luna Community College is once again asking for volunteers to help out in its annual “La Noche de las Luminarias.” This year’s event will be held on Saturday, Dec. 5.

Last year, there were about 40 volunteers that helped light nearly 5,000 luminarias around campus. A record-breaking 1,204 vehicles toured the campus last year, breaking the previous record of 1,189 in 2003.

LCC is also asking for volunteers to serve on the Luminaria Drive Committee. You may call Deborah Varela at 505/454-2559 for more information.

LCC is looking to set another record this year.

LCC:

“The People’s College”

Dennis Lopez likes the kindness, courtesy and professionalism from everyone at LCC



Dennis Lopez is pictured here with legendary NFL player Don Perkins. Lopez says that Luna Community College has a very attractive campus.

Name: Dennis Lopez

Position: Wellness assistant

How many years at LCC (what year did you start)? 3 1/2 years ago March 17, 2006

Favorite food and why? Green chili enchiladas and green chili stew.

Favorite hobby and why? My favorite hobby is motorsports. Strategy, precision and

team effort incorporated with commitment, desire and perseverance produce winning results. This breeds a great opportunity for mentoring a child, adolescent, and young adults.

Favorite TV show and why? Although I like comedy and NASCAR, documentaries are my favorite.

Where would you like to see yourself five years from now? I would like to employ my associate's degree in criminal justice in conjunction with my master's degree (pending) in social work where I can educate drug and alcohol addicted teens through therapeutic community programs.

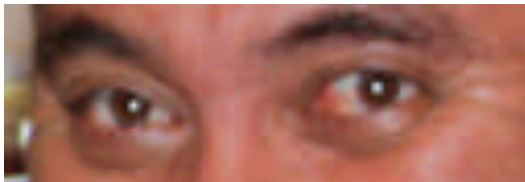
What do you like best about LCC? I like the kindness, courtesy, and professionalism from the instructors, administrators, staff, and employees. I also think LCC has an attractive campus.

What do you like least about LCC and what would you offer as a solution? This is a tough question because the word least has a negative connotation. I would like to see departments supporting each other, and more school pride from students and athletes to include self-challenge for higher GPA's. My solution or suggestion would be random recognition of students with GPAs of 3.5 or greater featured in **The Luna Light** where they can share some encouraging words. Incentives or rewards such as a free lunch at the Luna Roughrider Grill or something like that could be offered to the featuring student.

What is your greatest strength? Empathy may be my greatest strength because it keeps me from being judgmental. Unfortunate events happen to everyone so in order to understand poverty, unemployment, anger, bad attitudes etc., I must acknowledge and practice empathy. I feel having empathy is a blessing as it is strength.

The Guessing Game

Can you guess which LCC employee's picture this is? The first person to give the right answer will get a free meal from the LCC Rough Rider Grill. You may enter the contest by e-mailing your answer to jgallegos@luna.edu or calling extension 1200.



Quote of the Week

“All of us have to recognize that we owe our children more than we have been giving them,”—Hillary Clinton.

Meet your Rough Riders



Rebecca Marrujo

Name: Rebecca Marrujo
Nickname: Becca
Position: Right fielder
Major: Education
Classification: Sophomore
Hometown: Roswell
High School: Roswell High
Previous college or high school: LCC

Parents and family: Valerie Marrujo, mother; Carlos Marrujo, father and Carlos Marrujo, brother.

What are your interests? My interests are spending time with family and friends, playing all

sports, going to church, sleeping, coloring, laughing, playing rock band/guitar hero, chasing butterflies, taking long walks on the beach, spending time outdoors, swimming and singing is by far my favorite thing to do.

College or high school honors: Five-year varsity letterman; north/south all-star in 2008; 3-time first-team all-district player; 2-time all-state outfielder.

Plans after graduation? To become a teacher and a coach.

Whom do you admire the most and why? God, because without him I wouldn't be where I am today. I also admire my family because they have always been there to support me in everything I have done.

Name: DeVonne Jo Martinez

Nickname: Dee, Devo

Position: Second base

Major: Liberal arts

Classification: Sophomore

Hometown: Los Lunas

High School: Los Lunas High

Previous college or high school: Luna CC

Parents and family: Yvonne Chavez, mother; Ronald Chavez, step father; Joseph Martinez, brother; Emmanuel Martinez, brother and Harley Chavez, sister.

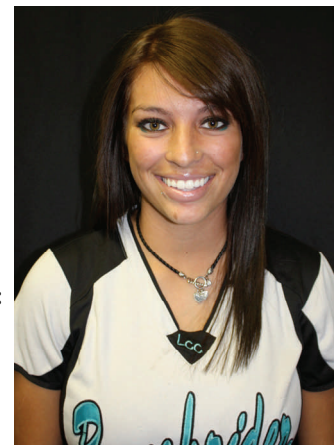
What are your interests? Reading, texting, hanging out with friends, being with my family, watching baseball, softball, and football on TV, swimming, baking and eating.

College or high school honors: Lettered 3 years in volleyball and softball; honorable mention in volleyball in 2007; all-district second baseman in 2007 and 2008 in softball; 2008-09 MVP on defense in college.

Plans after graduation? To finish school and become a nurse.

Favorite pro athlete: Derek Jeter and Jennie Finch.

Whom do you admire the most and why? I admire my mom the most because she has showed me what there is in life. She has made me become the person I am today and I thank God everyday for giving me someone so special in my life. She is my hero!!!!



DeVonne Jo Martinez



Mike Padilla

Name: Mike Padilla

Nickname: Mikey

Position: Catcher

Major: Liberal arts

Classification: Freshmen

Hometown: Santa Fe

High School: St. Michael's High

Previous college or high school: St. Michael's High

Parents and family: Eddie Baca, father; Cheryl Baca, mother.

What are your interests? God, my family, school, baseball, the Arizona Cardinals and

collecting hats.

Plans after graduation? To move on to a four-year university, get my degree, play baseball and live a successful life.

Favorite pro athlete: Jason Repko of the Los Angeles Dodgers and Dominique Rodgers-Cromartie of the Arizona Cardinals.

Whom do you admire the most and why? I admire my parents because my mom is always there for me and my dad has done all he can to help me.

Luna Community College's Janice Medrano and Melissa Lopez took boxes to every department on campus last week in hopes that they are returned with non-perishable food items for the Annual Thanksgiving Food Drive. Lopez has set a goal of 75 food baskets that will be given to students this Thanksgiving.



Annual Thanksgiving Food Drive

*Donations may be dropped off at the
ACCESS Center*

from

November 2nd thru November 20th

*Food distributions will take place at the
ACCESS Center*

for LCC students on November 24th

Distributions will be on a first come first serve basis

Call Melissa Lopez at 454-5357 for further information



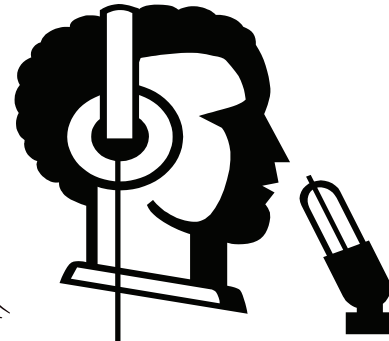
GET PAID TO TALK



COMMUNITY EDUCATION

Have you ever wondered how people get started recording....

TV Commercials, Audio Books, Radio Commercials, Documentaries, Animation, Voice Mail Systems, Movie Trailers and more?



Whether you're just curious about Voice Overs or considering Voice Work professionally, this single-evening class is a great place to start!

You'll learn: what a voice over is * how to create a demo * what voice-types are in demand * students will have the chance to record a commercial script under the direction of VoiceCoaches.

LUNA COMMUNITY COLLEGE
TUESDAY, NOVEMBER 17, 2009
LEARNING RESOURCE CENTER, LECTURE HALL
6:30-9:00 pm
Call LCC @ 454-5311, or @ 800-588-7232, ext. 1204

LCC students share their opinion on Poe

Edgar Allan Poe has captured the interest of chills and thrill-seekers of all ages and all generations. Born in 1809, Poe celebrates his bicentennial this year as a unique place in our literature. To help commemorate Poe's contribution, our reading class has studied his biography and has read only a fraction of his many terrifying stories. The following are a few of our classes' reactions and thoughts of the "Master of Mystery," —Jacque Hampleman READ105



Edgar Allan Poe

famous. Some of the most famous and most recognized writing is "The Raven" and "The Tell-Tale Heart." Edgar Allan Poe, I believe, had a lot of demons and grief locked away in side of him. His writing was just a way for him to deal with it. I like dark, ghostly, and mysterious stories and I am hoping to read more of his work.—Valerie Tenorio

My reaction to Edgar Allan Poe is that of a weird and twisted man. Even his stories were twisted. I dislike him because he had crazy thoughts and he must have lost his mind. I also think he was crazy to marry a 13 year old girl.—Deserae Perez

In reading "The Raven" and "The Tell-Tale Heart" by Edgar Allan Poe, my reaction would have to be somewhat sympathetic. He dealt with so much loss in his life, not to mention the love of his life: his wife. In my opinion, I feel he dealt with his loss and hurt in a wrong way. Obviously, through his stories, he was very disturbed in his way of thinking.—Anonymous

Life was full of wonders when he was married to his wife. Life became hard, though, when his wife died, and like so many of us, he turned to alcohol for comfort. His emotions are strongly expressed through his stories, which help the reader understand the complex vocabulary. Even though, the ups and downs of his life were hard to deal with during that time. He still wrote these stories and poetry that have affected our generation. He has had a tremendous impact on history.—Gary Gamertsfelder.

I like Edgar Allen Poe because he writes good, scary stories. He has been through a lot. My favorite story he wrote was "The Raven" because it means he needs to get over his wife's death. He was a very emotional man. He had been through a lot in his life. He knew a lot of people in his family that passed away. No one knew his cause of death; there are a lot of theories what people think happened. He was an alcoholic. He was always drinking. My reaction to him was he is a very serious man. He would put a lot of thought and emotion in his stories. That's what made them so good to read. He is a good writer.—Matthew Sandoval.

Poe was a weird author. The reaction I had to him was indifferent because now-a-days writers who are weird and difficult to understand are widely accepted. My favorite short story would be "The Tell-Tale Heart." It is scary, yet curious. The end was a bit disturbing, but it intrigued me to do some more reading on Poe.—Alicia Gabaldon.



Luna Community College Physical Plant employees Leon Roybal, Gene Trujillo and Juan Macias place grass in front of the LCC Administration Building on Friday. The picture to the right shows the finished renovated project which features a tribute to Maximiliano Luna who the school derives its name from. It also has a native plant and tree. Physical plant employees took this on as an in-house project.



Luna CC student Jennifer Himes compares the first Thanksgiving to today's traditions

By Jennifer Himes
LCC student

In 1621, the Plymouth colonists and Wampanoag Indians shared an autumn harvest feast which is acknowledged today as one of the first Thanksgiving celebrations. It became a symbol of cooperation and interactions between English colonists and Native Americans. It was a three-day long tradition of celebrating the harvest and giving thanks for a successful bounty of crops. Many Native American groups throughout the American, including the Pueblo, Cherokee, Creek and others organized harvest festivals, ceremonial dances, and other celebrations of thanks were being practiced for centuries before the arrival of Europeans in North America.

The pilgrims didn't use forks; they ate with spoons, knives, and their fingers. They wiped their hands on large cloth napkins which they also used to pick up hot morsels of food. Salt was something that they used for cooking but wasn't available on the table. In the 17th century, a person's social standing determined what he or she ate. The best food was placed next to the most important people. People didn't tend to sample everything that was on the table as we do today. Instead, they just ate what was closest to them. Serving in the 17th century was very different from serving today. People weren't served their meals individually. Foods were served onto the table and then people took the food from the table and ate it. All the servers had to do was move the food from the place where it was cooked onto the table. In a pilgrim household, the adults sat down to eat and the children and servants waited on them. (Curtin: *Food Historian at Plymouth Plantation*)

Now, we traditionally set the table with plates, forks, spoons, knives, cups, bowls, and plates to serve and pass the food. Everyone sits together, and the head of the house says grace to bless the bounty-

ful food and the family. The traditional turkey or ham is placed next to the head of the house who carves it. The vegetables and appetizers are spread throughout the table, and the deserts are placed on a table behind the main eating area. The main course is served first. After the men wash the dishes, the desert is served. The traditional Thanksgiving dinner in the eastern states consisted of: turkey or ham, stuffing, mashed potatoes, gravy, green beans with bacon bits and onion, broccoli and cheese sauce, corn on the cob, sweet potato pie or candied yams, cranberry sauce, deviled eggs topped with paprika and sweet

pickle, fresh baked bread, pumpkin pie topped with cool whip, and cherry pie a la mode. This is the traditional list; however, each family adds a dish or two that has been passed down from family generations. Some families don't like certain side dishes and limit them to the things best liked by the family.

In my family, Thanksgiving is a time when we all go to mom's place and all the women do the cooking. Each lady has her own specialty dish. I have not been able

to travel the 1600 miles to have Thanksgiving with my family, so I started my own Thanksgiving tradition with my immediate family and friends here. We have the traditional food list; however, I changed a few things that I have found to be quite favorable in the dishes. Instead of corn on the cob, I make a corn dish that has corn, red bell pepper, onion, green chili, and fresh garlic. You put it all together and sauté it. Another dish I have changed is the bread. I add jalapeño and cheddar to a mixture of flour and corn meal and bake it. Our gravy sauce consist of green or red chili sauce. These really spice up Thanksgiving dinner. After everyone has had their fill of food, we make plates of the leftovers and take them to the old-folks home or underprivileged families. This way they may also have a taste of a home cooked Thanksgiving dinner.

Happy Thanksgiving!!

I have not been able to travel the 1600 miles to have Thanksgiving with my family, so I started my own Thanksgiving tradition with my immediate family and friends here.



Luna Community College President Dr. Pete Campos meets with New Mexico Athletic Association Executive Director Gary Tripp recently. The two both spoke to the New Mexico Sports Authority which is designed to recruit and retain all forms of professional and amateur sporting events to New Mexico. Campos dressed in an LCC baseball uniform when he made his presentation.

LCC: "The People's College"

It's never too late

By Dr. Pete Campos/LCC President

I have heard it said; it is too late to change the way things are done. Some even say; I have fulfilled my career goals and dreams, I'll just put in another few years and then retire. Others even say; things will never change, just the players will. Repeating and believing these adages sets a sluggish tone at home, work and in the community. In fact, these inhibitions can be felt and stated at any age. I've even heard youth in their twenties make statements that discourage others.

I hope we don't buy into statements like these! I have always sought out the positive and use the more upbeat examples of many from throughout history to inspire my life. For example: Michelangelo was 71 when he painted the Sistine Chapel; Luigi Cornaro, a Venetian scholar, wrote his classic treatise *The Joys of Old Age* in 1562 when he was 95; and, Grandma Moses did 25 percent of her more than 1,500 paintings after she was 100.

What can we learn from these examples? It is obvious these individuals were all positive and passionate about what they were doing. Passion is a source of energy and youthfulness. This leads me to quote our beloved and late President John F. Kennedy. He said; let us think of education as the means of developing our greatest abilities, because in each of us there is a private hope and dream which, fulfilled, can be translated into benefit for everyone and greater strength for our nation. If the term nation is too broad, let's bring it home and replace it with Luna Community College.

I wish to share a couple of other quotes with you: 1] Niccolo Machiavelli said, make no small plans for they have no power to stir the soul and 2] Doug Ivester said, never let your memories be greater than your dreams. These notions have inspired me to spend my time aspir-

ing to reach for great things that will make life better than I found it. I am confident you subscribe and commit to the same principle! **Why?** Students have chosen us as their guides and place trust in us to lead them towards personal and educational fulfillment. If we fall short, they become discouraged, move on and may just adopt the attitude that they cannot change the way things are done. If we remain energized and open to change, we can stimulate the minds and captivate

the attention of students who have or will choose us to provide them with an opportunity to reach their career goals, aspirations for life-long learning and quality of life regardless of their physical age.

Edwin H. Stuart said; those who do things without being told draw the most wages. Dale Carnegie stated; most of the important things in the

world have been accomplished by people who have kept on trying when there seemed to be no hope at all. William James said; most people never run far enough on their first wind to find out they've got a second. Give your dreams all that you've got and you'll be amazed at the energy that comes out of you.

If we don't have personal goals and dreams, then let's transmit the energy it will take to establish and energize ourselves with goals and dreams for others, namely our students. When they learn more, graduate and find a meaningful career, these students will meet up with us someday, when we least expect it, and share their gratitude with us for the investment we made in them.

When we channel our energy and youthfulness to blame and criticize others and think that things will never change, **then how can they?** It is truly never too late to make a positive difference in the life of someone else.

It is truly never too late to make a positive difference in the life of someone else.



Student Nursing Association members pictured are (l-r): Stacy Cordova, Ben Casey Encinias, Robin Pilley, Karla Garcia, Teya Moore, Angelica Herrera-Medina and Andrea Yee.

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Energy Conservation Tips

Doing the below listed conservation measures
will save valuable Dollars:



- Turn your computer off at the end of the day or when you are away for more than a couple of hours.
- Plug components into a power strip so you can cut off all power when not in use.
- Avoid turning your printer on when you don't need it.
- Disconnect desktop calculators when not in use.
- Disconnect personnel radios when not in use.
- Disconnect coffee pots when not in use.
- Disconnect microwaves when not in use.
- Do Not use space heaters.



- Turn office lights off—for lunch, at the end of the day, when away from the office for long periods, when you have sufficient natural light.
- Leave thermostats at 68—70 degrees, if feeling a little chill use a sweater, if a little warm open a window.



Facts:

Many appliances continue to draw energy even when turned off, (Phantom). These load draws occur in appliances such as TV's, VCR's, Stereo's, Computer's, Kitchen Appliances.

Commercial Buildings account for two-thirds of energy use:

Office: 17% consumption

Education: 13% consumption

Electricity accounts for 55% of energy consumption used by commercial buildings.

Green Your Computer...

For PCs: First, right click on the desktop and select Properties. Then turn off your screen saver. The screen saver actually doesn't save energy—it keeps your computer running at full power, rather than going to sleep. Next, go to your control panel in the start menu and select power options. Change your settings to allow your computer to go to standby and to shut off your monitor and hard disks when not in use.

For Notebooks: It is also important to use a power save scheme on laptops, which allows you to adjust the screen brightness, display options, and sleep mode timing for further energy savings when you're unplugged from your charger. These settings are also available in the power options area.

Energy conservation equals substantial savings

By Ron Gonzales/LCC Facilities Director

Energy Conservation: Why it is important

I assume that each one of us has had to pay monthly bills for electricity and gas for heating/cooling, lighting and other uses in our homes then you already know the importance of energy conservation. There is no way for you not to have noticed that your bills have been increasing. It has happened and energy conservation is one thing that you should consider doing not only at home but also in your work place. Energy conservation is not always something that is on our minds. If we find ourselves only thinking about it when the bills for the month arrive, then we may be missing the boat.

Why we need to know.

Energy conservation is helpful in a number of ways to each of us. The most profound way that it affects us directly is the cost or cost savings we practice. If you turn off a few lights at home you may not notice, but at work with so many of us doing this it will be noticeable. If we do several things (lights off, heating/cooling set at 68 degrees, turning off equipment when not in use) to keep ourselves in line with energy goals, we will find ourselves able to save money in these economic times that we are experiencing at home and at work. Energy costs continue to rise and even if they slow down in that rise, they are not likely to come down. If we want to cut our bills down then we must use less energy.

As you can see, there are many reasons why we, as citizens of earth should consider energy conservation in our daily lives.

Yet there are other reasons for conserving energy as well. Consider, for example, the fact one of the most vital fuels that we rely on is that of oil. Some scientists believe that we will run out of oil within the next 60 years. Can you image the cost of our bills then? Still, consider the fact that many of these energy need's also produce toxins in the air. That makes them not only running out but also destroying the environment while they do it.

As you can see, there are many reasons why we, as citizens of Earth should consider energy conservation in our daily lives. Even if we just cut back slightly here and there, we will notice a difference in our energy savings. There are many benefits to taking care of the energy we use. The end result is a result that satisfies everyone's needs. Find a few ways that you can cut down on the amount of energy that you use. Challenge yourself to a few different limits. See if you can conserve energy for our own and for the world's well being.

Here at Luna Community College, we have taken on the challenge by cutting back our night lighting by 60 percent after 10 p.m., we have also set heating/cooling units to set back during off hours. We have also adjusted temperatures in buildings to maintain 68 to 70 degrees as mandated by federal law. We ask every one to take additional steps to conserve energy as this will translate to substantial monetary savings during these economic times. By working together to achieve these measures we will succeed.

Let's give out some NFL first half awards

By Jesse Gallegos/LCC

One of the things I have observed here at Luna Community College is how knowledgeable people are of sports, especially the NFL. With that in mind, I came up with some first half season awards. I want to get one thing out of the way early on—I am a big Dallas Cowboys fan. I hope you enjoy reading it.

MVP—This will probably be the most disputed pick, but I really like the way Brett Favre has played. Keep this in mind, you take him out of the Minnesota lineup and the Vikings are 4-4 instead of 7-1.

Coach of the Year—There are a couple of good candidates here. The obvious choice is Josh McDaniels of the Denver Broncos. But I'm going with Jim Caldwell of Indianapolis. I know that Caldwell has plenty of talent, but what impresses me the most is that he has not allowed the Colts to skip a beat. McDaniels will get the award at the end of the year, though.

Best rookie—My heart may say Mark Sanchez from the Jets, but my mind says Percy Harvin of Minnesota. The bottom line in this choice is that Harvin is simply the more accomplished player. I think Sanchez will be better in the long run, but after eight games the award clearly belongs to Harvin.

The I think you finally got it award—Believe it or not ladies and gentlemen, but Cowboys' quarterback Tony Romo appears as if he is finally playing up to his potential. Right now, he is living up to his contract.

Most disappointing team—It has to go to Tennessee. The Titans have been a model of consistency for around 10 years or so. But that is clearly not the case this year. It may be time for the Titans to start thinking of rebuilding.

Most disappointing player—If you would have told me a year ago that Dallas was making the right move by trading Terrell Owens, I would have had to confidently dis-

agree. Well folks, it sure seems like the Cowboys made the right move after all. Owens is not playing well this year. I think that Oakland's JaMarcus Russell along with Tennessee's Kerry Collins should also be in this conversation.

Biggest surprise team—I'm going with No. 1 and No. 1-A on this one. I never would have thought that the Denver Broncos would be this good. The same can be said for Cincinnati. Last year, the Bengals would have had a difficult time with Ohio State.

Coach on the bubble—Although I liked Jim Zorn as a player, I don't think he has it as a coach. Washington has too much talent to be hurting as they are.

Super Bowl picks—All the experts are picking Indianapolis and New Orleans. Those are safe choices. I'm going out on a limb here and say it will be Pittsburgh and Dallas. Now this is a matchup everyone would like to see.