

The Luna Light



Volume 2 Issue 16

Special Edition

“The People’s College”

Becoming The Premier Rural Community College in America

Keep your dreams alive



Luna Community College President Dr. Pete Campos gives a speech to Phi Theta Kappa students. Dr. Campos has given several motivational talks throughout New Mexico over the last 10 months.

By Dr. Pete Campos

This academic year has been one of major change at Luna Community College. Our leadership team members have met constantly, reviewed and reflected upon educational trends and academic direction, implemented an aggressive plan to meet the growing expectations and needs of youth and adult learners and most importantly,

strengthened a system of communication, rigor and connecting the need for good mental and physical health with education and the training for a good job and sound career. This year of calculated change has motivated us to progress in a way that students will benefit, staff will grow intellectually and our service area will eventually prosper in ways not yet understood.

We have withstood the challenges of an uncertain national economy, cuts in funding from the state and the defeat of a badly needed bond issue. We haven't, nor do we ever intend to give up! Instead we are grateful for the resiliency garnered and economic lessons learned from these ordeals. These lessons have brought new and better opportunities for students who choose to be educated at our college, more diversified and efficient methods to implement courses of study and funding from alternative resources that will become recurring and lead to more program offerings and jobs that will increase faculty and support personnel.

We are honing our mission; expanding administrative transparency and college offerings; building a community college foundation that will become premier; promoting the intellectual, athletic and extra-curricular base for students so they may expand their holistic approach to understanding and contributing to a stronger social fabric one fiber at a time.

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LCC graduating cosmetology students Barbara Menchaca, Ashley Jaramillo, Julie Trambley and Laura Hurtado gather one last time. These four have been in college together for the last two years and have vowed to stay friends forever.

Gonzales entering 28th year at Luna CC



Catherine Gonzales says she has a sweet tooth and loves to bake. She says that laughing is good for her soul and her health. Someday she would like to open a bakery in Mora.

Name: Catherine Gonzales

Position: Financial Specialist/Accounts Payable



Luna CC Head Baseball Coach Peter Ortiz recently got LCC's home field ready for West Las Vegas High's game with Pojoaque recently. LCC works in conjunction with the City of Las Vegas for the use of the field. Plans are in the works for LCC to have its own baseball and softball field. The college has plans to continue looking at the viability of other women and men's sports.

Luna Light available

If you wish to be put on The Luna Light electronic mailing list please contact Jesse Gallegos at jgallegos@luna.edu or you may visit the LCC Website at www.luna.edu to view any of the newsletters.

LCC Half Hour Radio Show

Anyone interested in being a guest on the Luna Community College Half Hour Radio Show please contact Jesse Gallegos at 454-2510 or e-mail him at jgallegos@luna.edu. The show is aired at 1 p.m. every Thursday on KNMX, 540 on the AM radio dial.

How many years at LCC (what year did you start)? 27 YEARS (1981)

Favorite food and why? **DESSERTS!** I have a sweet tooth and I like to bake. I especially love Chocolate. I love strawberries and chocolate, pretzels and chocolate, candies, cakes, pies and many other desserts.

Favorite hobby and why? **BAKING!** I love to bake for my family. My family enjoys eating the vast variety of cakes, pies, candies and many other desserts that I create. I have also learned to bake for my oldest daughter Andrea who has Celiac Disease. Andrea can not eat anything with wheat, barley, rye and oats. It is a challenge to bake without these ingredients; however, I have mastered some delicious recipes.

Favorite TV show and why? **Two And A Half Men.** It's a great comedy show. I laugh throughout the entire half hour show. **Laughter** is good for my soul and it keeps me healthy.

Where would you like to see yourself five years from now? **RETIRED!** I would like to spend more time with my family. I plan on opening a bakery in **Mora** and making it a family business. If you happen to be traveling through Mora stop by and taste all the delicious desserts that I will be creating.

What do you like best about LCC? The privilege to contribute to the **STUDENT'S** goals in pursuing their **Education** and fulfilling their dreams for **Independence**.

What do you like least about LCC? The lack of **involvement** and not keeping an **open mind** to change.

What is your greatest strength? **FRIENDLINESS!** My genuine gift to be friendly to both students and staff without reservation or discrimination.

Anyone wishing to nominate an LCC employee to be featured in this section should call Jesse Gallegos at 454-2510 or e-mail him at jgallegos@luna.edu.

SEED Program

June 1, 2009-July 24, 2009

Summer

Excellence (in)

Educational

Development



Get the Edge on the Competition!

What is the SEED Program?

The LCC SEED Program is for pre-college students who want to accomplish their educational goals, whether they are looking for college credit or just wanting to discover their passion. Academics are at the core of the SEED Program experience, with over 162 summer courses to choose from, in a variety of formats and course lengths.* [See Summer Schedule.](#)

Who is eligible?

Public High School students who are classified as a Junior or Senior for the 2009-2010 academic school year.

How do I apply?

The **first step** in applying for the SEED Program is to fill out an application at the LCC Dual-Credit Office located within the Technologies Building in Room TE-144.

The **second step** is to complete the LCC COMPASS Assessment with the LCC ACCESS Center in the Student Services Building if COMPASS has not yet been completed or student has not taken the ACT.

The **third step** is to bring in a copy of your LCC COMPASS Assessment or recent copy of ACT scores and meet with LCC Dual-Credit staff to complete career cluster survey and advisement.

Each student who is accepted in the SEED Program will receive an Educational Care Package (ECP) that includes:

Tuition Waiver

Book Fee Waiver

\$150 Stipend

Each student will be assigned to a College Success Mentor.

Summer extracurricular activities will also be available for students participating in the SEED Program.

*Prerequisites may apply

(505) 454-5377 or 1-800-588-7232 X1075

Keep your dreams...

Continued from page 1

Through our improved college strategy, we are collectively chipping away at poverty and promoting independent thinking and real democracy. This happens when students are provided and participate in strong teachings and training; they express themselves regarding social and other issues affecting their overall health, education and economic success; and, provide proactive responses to the questions that impede the quality of life they expect. This network of commitment leads to a community working together for a common good.

When we remain positive through good and hard times; provide real solutions; don't get caught up on negativity, hatred, fear or jealousy; learn to the best of our ability; never give up; practice good health habits; and, be high producers in the job market, we will grow and thrive as individuals and a community.

Blast from the past

Can you guess which LCC employee's baby picture this is? The first person to give the right answer will get a free meal from the LCC Rough Rider Grill. You may enter the contest by e-mailing your answer to jgallegos@luna.edu or calling extension 1200. LCC employees are encouraged to turn in a baby photo of themselves to Jesse Gallegos at the LCC Student Services Building.



Last week winner: Janet Maes
Last week's picture: Terri Mares

Quote of the Week

"Education would be much more effective if its purpose was to ensure that by the time they leave school every boy and girl should know how much they do not know, and be imbued with a lifelong desire to know it,"—William Haley, (1901-1987).

Luna Community College students Mary Lou Griego, Dinah Trujillo, Silvia Carr and Shanna Maestas were involved in the Individual Taxation Preparation class for Spring 2009. The coordinator for this course is Janice Encinias. This class is sponsored by TaxHelp New Mexico out of CNM. It is a statewide endeavor, acknowledged by state legislators, to assist the elderly and low income with their tax refunds. TaxHelp is a free service performed by volunteers. Each year this program prepares approximately 350-550 tax forms.

We have put our dreams on the table as a starting point. We have created the images, ideas and concepts that we would like to have occur in the future. At-first, dreams may not always seem realistic or achievable, but they provide hope and inspiration. The dreams that have become our goals are quantitative, qualitative and achievable and we are moving forward with in-depth experience, validated research, ingenuity, cautiousness and great confidence to move them into action!

Oscar Wilde said, "A dreamer is one who can only find his way by moonlight, and his punishment is that he sees the dawn before the rest of the world." Dreams allow us to look at the "not yet" and help to transform what is "to become!" Dreams allow us to stretch, to bend and to reach in ways that defy realities. Dreams allow us to go beyond the status quo, safe circumstances and regular situations. *As we focus on keeping our hopes and dreams alive, let us never stop evolving at Luna Community College for the sake of our students!*



Luna Community College's honor society named International Distinguished Chapter

By Dr. Twila Quintana
LCC Faculty

Luna Community College's Beta Mu Nu Chapter was recently recognized as a Distinguished Chapter during Phi Theta Kappa's 91st Annual International Convention held in Dallas. This means LCC's PTK chapter is among the 'Top 25 Chapters' out of almost 1,300 chapters world-wide.

This is the penultimate level of acknowledgement a chapter can receive from the largest honor society in the world. To be considered for this exceptional distinction, chapters submit Hallmark entries for Scholarship, Leadership and Service. These entries are scored and ranked by PTK Headquarters' committees. "Hallmark entries are due during the beginning of February. This becomes a very stressful time of year as advisors and officers work diligently to write and submit quality entries that accurately summarize the best of the previous year's activities. The amount of time these entries require is daunting when we first begin looking at the Hallmark questions, but then the task becomes rewarding when we are recognized at the regional and international levels," said Cindy Armijo, Chapter Advisor and New Mexico Regional Coordinator.

This is the second international chapter award the Beta Mu Nu Chapter has received. Last year the chapter was recognized as a 'Top 100 Chapter.' The Beta Mu Nu Chapter has also dominated Chapter Hallmark Awards within the New Mexico Region for the past four years. There are 19 chapters in the New Mexico Region. Consistent achievement definitely describes this chapter and the advisors who lead it.

"As advisors, Dr. Quintana and I, set high standards for our chapter and provide constant mentorship to our officers and members to insure our chapter remains competitive and our students receive the full Phi Theta Kappa experience. Even though we, as a chapter, continuously strive to meet Phi Theta Kappa's Hallmarks of Scholarship, Leadership, Service, and Fellowship, the magnitude of this recogni-



Chapter advisors and officers displaying their International Awards. (L to R) Chapter Advisor Cindy Armijo, Chapter Officer Shalena Bailey, Chapter Officer William Wilson, Chapter President Naomi Ortiz and Chapter Advisor Dr. Twila Quintana.

tion for our chapter, school, community and region is unprecedented. Our five-year-old chapter is successfully competing against chapters who have been in existence since 1918," said Armijo.

LCC students Naomi Ortiz, chapter president and New Mexico Region Northern vice president, and Shalena Bailey, chapter secretary, along with Chapter Co-Advisor Dr. Twila Quintana accompanied Armijo to the International Convention.

During the four-day convention, approximately 3,500 students and advisors participated in general sessions and a multitude of educational forums. For the first time at an International Convention, an Honors In Action project was completed by 400 convention attendees. The majority of the New Mexico contingent participated in this effort to im-

prove areas of Grapevine, Texas that were decimated by flooding. In addition to service and fellowship, scholarship and leadership components were built into this life-altering lesson.

"For me, the most significant part of the convention was what was accomplished during the Honors In Action project. Volunteering to clean flood-ravaged areas, working with Phi Theta Kappans from around the world, hearing the gratitude in community members' voices; these are the memories that will remain with me as I bring that energy back to my chapter and region," Ortiz said.

Bailey added, "I will always keep with me all that I learned from running for International Vice-President; even though it still feels so unreal, I can't believe I did it!"

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Luna Community College's honor society...

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Armijo was recognized by Phi Theta Kappa Executive Director Rod Risley for the leadership she has provided as the New Mexico Regional Coordinator and for an innovative plastic bag initiative presented at New Mexico's Spring Convention. As a Regional Coordinator, Armijo is part of an exclusive group of twenty-nine Regional Coordinators.

International conventions conclude with the Hallmark Awards Gala, part of the Hallmark Awards Program, which reflects the scholarly ideals of Phi Theta Kappa and serves to recognize superior individual and chapter achievement in Society programs. Participation encourages excellence, reflects fairness, recognizes quality and leads to enhanced student, advisor and chapter development.

In addition to being named a Distinguished Chapter/Top 25 Chap-

ter, Armijo received her first International Distinguished Advisor Award (Armijo has previously received two Paragon Awards) and Co-Advisor Quintana received her third International Paragon Award for new advisors. This further demonstrates the level of accomplishment and commitment Armijo and Quintana continually strive to achieve. There are over 3,000 advisors who are eligible for these awards. Competition for Distinguished Advisor is among any advisor who has served as an advisor for a minimum of five years. Paragon Awards recognize exceptional advisors who have served less than five years.

From the chapter leader, Armijo concluded, "Dr. Quintana and I are already looking toward laying the foundation for activities that will hopefully surpass what we achieved this year. Although awards are nice, the greater accomplishment is positively affecting our students, campus and community by providing quality education and opportunities."

Flores-Medina passes national exam

By Donna Flores-Medina/LCC Vice-President of Finance

Having recently passed the national examination for Group Exercise Instructor, I am even more interested in fitness and lifestyle habits and helpful tips. I adapted one I read in Dr. David Jeremiah's May magazine Turning Points.

Weight is not the only thing we need to lose as the article "**Lighten Up!**" explains. The first point is: **Lose the Weight of Conflict**, urge forgiveness, give more grace and get a mediator if necessary. Secondly: **Lose the Weight of Junk Food**, we must resist the temptation to get things done in a fast food manner, that is, no planning, minimal interactions, supposedly no stress. Like a good nutritious home cooked meal, it takes time and commitment. Next: **Add More Nutrition**, study, research learn from others. Lastly: **Connect With a Good Gym**, look for opportunities to work together, to encourage the best in each other and celebrate success even if it's small.



Luna Community College's Vice-President of Finance Donna Flores-Medina recently passed the national examination for Group Exercise Instructor. During her studies, Flores-Medina found that weight is not the only thing individuals need to lose. She says it is important for people to also lose the weight of conflict.



Gabriel Griego, a senior at Robertson High, diligently works on her car as part of a concurrent enrollment class at Luna Community College.



The Financial Aid and Fiscal Offices provided a piñata as part of the Cinco de Mayo festivities. Several prizes were given and a lucky student, Elias Pacheco was the winner of a cash prize. The Sponge Bob piñata survived the festivity and remained intact. A special "thank you" to all departments who generously donated prizes for this activity. Pictured (middle) is LCC Financial Aid Director Regina Madrid.

Luna CC Mora Site students have a lot of courses to choose from

By Wanda Martinez
Mora Site Director

Spring has finally arrived even though the weather belies this fact especially at the Mora site. It is business as usual here and soon another semester will be ending with the summer semester just around the corner.

We are taking advantage of ITV courses from the main campus and the satellites so that the students from Mora have more of a variety from which to choose. These courses enhance the ones we are currently offering which include developmental, business, nursing pre-requisites, and mainly core. In the fall, we will be offering all these courses as well as some to introduce our newest program, fire science. The GED program is also in full swing giving the students that option and all these conveniences save students from having to travel to main campus.

The library is still a work in progress and with the assistance of individuals from computer services as well as the physical plant it gets closer to being fully operational. Janet and her staff from the LRC will soon be assisting me in setting it all up. I want to take this opportunity to thank all those involved in coming to Mora to get the library up and going. I really appreciate you taking time from your busy schedules to make the trip up north! I would also like to thank the community for their patience and support.

In eight short weeks you can get a head start by taking a couple of courses, so enjoy the time in between semesters and come in to register for summer courses. Registration began on April 20 and classes begin on June 1. Or you can just stop by the library, we will certainly enjoy your visit!

Phi Theta Kappa demonstrates leadership

By: Dr. Twila Quintana/LCC Faculty

Luna Community College's Phi Theta Kappa Beta Mu Nu Chapter advisors and officers recently attended the New Mexico Region Spring Convention in Albuquerque. The convention was a day filled with personal and professional development in learning about current Phi Theta Kappa programs. Attendees participated in two Honors In Action projects – the first dealt with reducing plastic bag waste, the second involved support for *Cuidando Los Niños* homeless children's program. Honors In Action projects combine the Society's hallmarks of Scholarship, Leadership, Service and Fellowship into meaningful, far-reaching endeavors.

A Regional Hallmark Awards Banquet was also held to recognize chapters, members and advisors for their latest accomplishments. LCC's Beta Mu Nu Chapter, once again, received top recognition by sweeping all chapter hallmark awards and three individual awards at the regional level. Hallmark Awards reflect participation and reported outcomes in Phi Theta Kappa programs and activities. Award Nomination Entries are submitted to the Phi Theta Kappa Center for Excellence in Jackson, Miss., where entries are rated and ranked by Phi Theta Kappa Headquarters' committees.

The following is a listing of the award recognitions the Beta Mu Nu Chapter garnered: Scholarship Hallmark Award; Leadership Hallmark Award; Service Hallmark Award; Distinguished Chapter Award; Pinnacle Award; Five-Star Status Award; Distinguished Chapter Officer – Shalena Bailey; Paragon Award for New Advisors – Dr. Twila Quintana; and Distinguished Chapter Advisor – Cindy Armijo.

Current Chapter President Naomi Ortiz, was elected 2009-10 New Mexico Regional Vice-President for the north.

"These awards and recognitions are the culmination of much work and effort on our part," said Chapter Advisor and New Mexico Regional Coordinator Cindy Armijo.

Elvis invades 2009 LCC Hair Show



The first three pictures clockwise are: Dr. Andrew Feldman, 70s; Adelina Martinez, 20s and Julienne Rirsi-maah donates hair to Locks of Love as April Sandoval cuts it.

The other photos in this page are of photos clockwise are: Chris "Crescencio" Villanueva gives his impression of James Dean; Earl Gonzales prepping fellow student Kathy Maes; Nick Baca, 30s and students Miranda Romero and Jewell Vigil prep LCC employee Shirley Marlow into the "I love Lucy" look.

The 2009 theme was "Blast from the Past"

The purpose of this show is to assist our graduating students in marketing themselves to the employment world. This event also provides an opportunity for LCC cosmetology students to showcase their creative skills and training in hair fashion.

5th Annual event draws huge crowd



Pictured clockwise are: Elvis (Paul Hurtado from Trinidad, Colo.) entertains the crowd during intermission; Jesus Ortiz, 30s; Angeliqe Medina and Christina Crespin working on model Tamara Ortiz, 60s; and several cosmetology students take stage (l-r) Tammy Archuleta, Christina Crespin, Earl Gonzales, Laura Hurtado, Ashley Jaramillo, Anita Ledoux, Stephanie Lucero, Kathy Maes, Alicia Martinez, Angeliqe Medina, Barbara Menchaca and Theresa Ortega.

What can we contribute to students and community?

By **Henry O. Sanchez**
LCC Faculty Member

A psychological disease that often attacks teachers and coaches is called “Burnout.” It has become a very common disease according to clinical psychologists.



Henry O. Sanchez

The simplest way to explain burnout is that the coach or teacher gets to a state where there is a lack of incentive, motivation and enthusiasm. The coach simply gets tired of what he/she is doing and reaches a state where he/she cannot or will not work with the same dedication.

In 40 years of teaching and coaching, I have observed burnout occurring to young coaches in a very short time or to veteran coaches who have been dedicated and successful for many years; suddenly, the enthusiasm and effort are gone and their teams or students reflect it.

The symptoms of burnout seem to be:

No. 1—Spending less time on the job and less time preparing for it;

No. 2—Having a negative attitude about almost everything;

No. 3—Evidence of emotional disturbances (e.g., impatience, temper tantrums, an over-critical “everything wrong” attitude);

No. 4—Deliberate avoidance of administration and staff;

No. 5—Absenteeism—loss of sense of responsibility;

No. 6—No concern for others—becomes self-centered;

No. 7—Being bored with it all—coaching gets a little repetitious and a person gets in a rut;

No. 8—Re-establishing one’s sense of values—loss of feeling of importance for coaching. “It’s just not as important anymore.”

According to the National Education Association, the average length of a teacher’s career has dropped from 20 years to 14 years in the past two decades. It is even lower for the coaching profession.

The basic cause for burnout seems to be the inability to cope with the stress or strain. As we all know, stress has been linked with many known human diseases.

Among the primary cause for burnout among coaches are:

No. 1—Too much work and responsibility. Teaching all day, practice after school, scouting games at night and preparation.

Solutions:

Administrators should lighten the school duties and responsibilities as much as possible during their coaching season. Coaches should coach no more than two sports. Ideally, a person should coach only one sport.

When possible, allow the last period of the day for an athletic period with the coaches assigned to their teams.

No. 2—Poor time organization and management on the part of the

coaches.

Solutions:

You must plan your program and put it on paper. Utilize one’s assistants properly. Don’t be afraid to delegate responsibility. Utilize and work effectively with the administration, teachers, parents and students.

No. 3—Blind dedication to one cause and inability to have diversions in your life.

Solutions:

Learn to include other interests in life such as exercise, gardening, reading, fishing, golf, camping, etc.

Learn to enjoy multi-faceted activities.

No.4—The pressures to win from parents, students, administrators and those that are applied by one’s self.

Solutions:

Take a good look at your job and profession in the true perspective. Look at the importance and side effects of a true coach. Dr. Eldred Harrington, Ph.D., a man who was a superintendent of schools, a principal, a director of instruction, a teacher, a coach and a man who earned eight different degrees in math, chemistry and physics, before his death wrote to legendary coach Jim Hulsman of Albuquerque High: “I have been influenced a great deal by my teachers, especially by my coaches. These men exercised the greatest of all mass guidance to a student body and the greatest individual guidance to their players. I am personally certain that I exercised far more influence in the few years that I was a second-rate coach, than I have at any other job since.”

If your philosophy is, what can I contribute to the students and the community, instead of what can they do for me, then you have the answer. A coach’s purpose in life should be “what good can I do for others.” When you have peace of mind, there can be very few pressures from the outside that can lead to burnout.

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La Herencia Publisher Ana Pacheco talks with LCC President Dr. Pete Campos at her home last month. Pacheco is LCC's graduation guest speaker.

Students and community...

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No. 5—Inability to manage one's body reaction to stress.

Solutions:

Talking about your problems with a friend, reducing the amount of incoming stress in your personal or professional life, qualifying your values to put into perspective what is really important and managing your body by eating the right foods and getting regular exercise and proper rest are helpful in reducing stress.

Research has indicated that people with high stress levels will have more accidents or illness. Those in the police force have been known to die younger than most other occupations because of the stress and nature of their jobs.

No. 6—Environmental stress: Moving or changing jobs—administrative stress.

Solutions:

Once you have the trust of the community and the students, don't look at every job that comes along. Remember that things always look greener on the other side of the fence. Stress is at its lowest when one has command of a situation and you feel comfortable in that situation. Everyone wants to feel needed, wanted and appreciated.

You should always make a great effort to know and get along with your administrators. They can be the key to making your job easier, happier and less stressful. You must remember that as a professional, there are always two sides to each issue.

Basically, if you work at it, you will have control over your environment.

No. 7—Family stress—Divorce and family problems.

Solutions:

The coaching profession is one of the leaders in divorces. It is important to keep a proper perspective on coaching and your family. The greatest cause for coaches getting out of coaching is spousal problems.

If at all possible before you marry, these issues should be resolved. Does your future wife or husband like athletics? Does he or she expect an 8 to 5 spouse? Can he or she accept and deal with another love—coaching?

The key to dealing with this area of stress is basic human communication and relationships. It is important that we realize that everyone involved must give and take.

No. 8—Being bored with all; (A friend of this writer who recently changed jobs said: "Coaching gets to be a little repetitious, you get into a rut.")

Solutions:

Very few coaches who win become bored with coaching, so the easiest solution is to win. We all know that this is not going to happen every year.

Coaching should offer a new challenge every day and week. If you attack it as a challenge, how can it get boring? Each day should offer new experiences since you are dealing with human beings.

Keep everything in its true perspective. Setting realistic goals for yourself, your staff and your teams.

No.9—Difficulty in maintaining discipline due to the changing trends in society's values and morals.

Solutions:

I keep hearing that today's athlete is different and that we must adjust if we intend to stay in coaching. This writer looks around the country at the successful high school programs, the old time disciplines are still being practiced by the coaches who are winning. Basically athletes know and expect discipline. The only real change that this writer has seen is that today we are more accountable and must be able to justify and explain why we do things. In today's society, the youngsters do not have the blind loy-

alty and allegiance once exemplified in most sports. As a coach one must be able to motivate, encourage and justify one's methods to the athletes, the parents and community.

No. 10—A coach must establish his or her own set of standards, values and disciplines and code of ethics early in their careers, then direct all of their coaching activities based on these principals. After establishments of such guidelines for conducting a program, all students, administrators and parents must be informed of the established standards under which the program will be conducted and the penalties for infractions. Discipline, organization, and enthusiasm are the keys to success in teaching and coaching.

Conclusions

This writer feels that burnout can be prevented if the coach is a true professional who plans his/her coaching and takes all the necessary precautions. A quote from Brice Durbin that best explains what a coach and athletics stands for: "Athletic programs can contribute more toward the creation of attitudes whereby men can agree than any other single activity. Boys, girls and young men and women believe in and idolize coaches. These athletes will run the world tomorrow. Their lives will be lived along principles they learned in competitive sports. If they are taught fair play and play the game fairly and squarely, never stooping to pettiness, they will pursue the same course through life. They will be willing to live and let live in a world where there is no other choice."

Sanchez is former National High School Basketball Coach of the Year and has over 700 wins. He coached at Our Lady of Sorrows High, Bernalillo High, Highlands University and Robertson High. He also served three terms as the mayor of Las Vegas. He currently teaches in the LCC Humanities Department.



West Las Vegas High senior Derek Gold on Wednesday, May 6, signed a national letter of intent to play baseball for Luna Community College next season. Gold has a 4.15 grade point average and is vying for valedictorian of his graduating class. This season, Gold is batting at a .593 clip. The Dons are scheduled to play Bloomfield High in the opening round of the state tournament. Pictured with him are his parents Melissa and Gary Gold (sitting). Standing (l-r) are LCC Head Baseball Coach Peter Ortiz, West Las Vegas Head Baseball Coach Dean Gallegos and LCC President Dr. Pete Campos. The LCC baseball team finished the 2009 season with a 24-31-1 record, its best in the college's four years of competition.

LCC president gets dunked by students, staff



Luna Community College President Dr. Pete Campos took part in the student government-sponsored barbecue recently. Pictured clockwise are: Dr. Campos enticing the audience to dunk him; LCC employee Joe Maestas takes aim at the target on the dunking stand; Maestas shows the crowd his right arm before throwing at the target; Dr. Campos shows his face under water; Dr. Campos shouts at the crowd to try and dunk him again and the last photo is Dr. Campos wiping his eyes after getting dunked for the second time.

LCC Health Sciences Department



The Annual Health Sciences Pinning Ceremony was held on Thursday, May 7 in front of a capacity crowd at Ifield Auditorium. Pictured clockwise are: RN graduates Brigette Buhrkuhl, Amy Barreras and Nicole Barela; LPN graduates Matthew Chavez and Regina Catanack pass on the flame of cared compassion from the days of Florence Nightingale; Director of Allied Health Sciences Conni Reichert, Vice-President of Academics Dr. Vidal Martinez, Assistant Director of Allied Health Sciences Annette Wienkauf, Office Manager Elaine Montano, Nursing Faculty Member Sharon Holguin, Nursing Faculty Member, Maxine Hughes, Dental Assisting Faculty Dawna Ortega, Dental Assisting Coordinator Gloria Pacheco, Nursing Faculty Member Susan Olson, Nursing Faculty Member Jackie Romero-Arguello, RN Graduate and Student Nurse Association President Brittany Hamilton and Leah Martinez, RN graduate and SNA Vice-President; RN graduate Kenna Armitage being pinned by her mother, Jane Armitage and Dental Assisting graduates Vanessa Valencia and Yolanda Romero.

Luna Community College sponsoring Tech Prep Summer Program for 21st year

In a continued effort to enhance summer educational opportunities for area high school students and also in helping prepare students for science, math and technology careers, Luna Community College will sponsor the 21st year of its Tech Prep Summer Program. Students who will be classified a junior or senior for the 2009-2010 academic school year will be eligible to apply to the program. The college program will run during the summer session, June 1 – July 24.

The LCC Tech Prep Summer Program is designed to introduce students to college, strengthen math, science and technology skills, enhance career development and give students the opportunity to earn college credit. College credits can be applied toward an associate degree at Luna Community College and are also transferable to four-year colleges or universities.

Qualifying students will complete course work in physics and other courses, along with participating in technology-related field trips/tours and college prep seminars.

The LCC Tech Prep Summer Program will provide students with free tuition, registration and lab fees and books. In addition, students will receive a stipend for other educational expenses. Academic and career counseling services will be available along with tutoring services.

To apply for the LCC Tech Prep Summer Program, students must complete an application that is available at the high school counseling offices, the LCC ACCESS Center or the LCC Dual Credit Office. Students must meet LCC prerequisite requirements for courses.

The LCC Tech Prep Summer Program courses include: Physics, College Algebra, Trigonometry, Computer Systems Troubleshooting, Digital Electronics Circuits, Electronics I, Engineering Graphics & Basic AutoCAD, Electronic Circuits/DC, Advanced Drafting & Design, Microprocessor Design & Interfacing, Solar & Wind Energy, Intro to Video Game Development, Game Analysis & Critique, Computer Fundamentals, Introduction to Operating Systems, Introduction to Networking, Microsoft Excel and Microsoft Access, Database Design & Programming, C/C++ Programming, Web Design, Introduction to Computer Science, Fundamentals of Keyboarding, .

Other courses include: Art History, American National Government, Beginning Spanish I, Beginning Spanish II, Conversational Spanish, Cultures of the World, Freshman Composition I, Freshman Composition II, History of New Mexico, Introduction to Anthropology, Introduction to Art, Introduction to Philosophy, Introduction to Psychology, Introduction to Sociology, Introduction to Drawing, Public Speaking, and Western Civilization I.

For more information on the Luna Community College Prep Tech Summer Program you may call 1-800-588-7232 ext. 1014.



Pictured (l-r) Sarah Bustos, Angelica Gurule, Krystle Tapia, Courtney Martinez, Candice Padilla, Kaitlin Hutchinson, Alicia De Herrera, David Maestas, Linda Esquibel, Patrick Lopez, Christopher Yee, Marin Schweigert, Ashley Gallegos and Peter Delgado.



Pictured (l-r) Miguel Serna, Kimberly Reagensberg, Kathryn Reagensberg and Rey Keen Martinez demonstrate a Physics Lab assignment.



Christopher Yee, David Maestas, Krystle Tapia and Patrick Lopez participate in a physics lab activity and assignment.

Campos to graduating seniors: continue your education

Dear High School Graduates:

I wish to extend my most sincere congratulations to you for earning your 2009 high school diploma. Now the next level of choices begins. I am sure you have already set some decisions in motion that may include attending a post secondary institution, entering the work force or signing up for military service.

Regardless of your career choices, I truly hope you consider continuing with your education. Whether you enter the work force or the military, more education and training will be needed so that you may move up the ladder of career opportunities and earn more compensation.

If you have chosen to pursue college and scholarships are in order, your plan of study is solidified and other essential arrangements like housing, transportation and receiving routine health care have been made. Always remember never give up and always give life your best! Following this meaningful path will bring you long term career gratification.

If there are still questions in your mind about what to do with your future, may I suggest attending Luna Community College. These are a few reasons why: 1]we have a strong core of subjects that can be trans-

ferred to most colleges and universities; 2]we offer relevant associate degrees that will provide you with a solid background to enter into a university, progress towards a professional school like medicine or law or qualify for an above entry level position in the work force; 3]we offer an individualized program of study, financial aid and tutoring to best prepare you for whatever path you take after attending Luna Community College.

Your future is important to me. It will take much sacrifice, study and fortitude from you to advance in life. I am confident that you will move forward. If I can be of assistance towards achieving your life's goals, please contact Luna Community College and our personnel will make every effort to guide, accommodate and prepare you for a successful career.

If you would like more information on what LCC has to offer please contact our Admissions Office at (505) 454-2500 or toll free 1-800-588-7232.

Siempre,
Pete Campos, EdD



LCC Culinary Arts students Nicole Fernandez, Chris Coca, Aaron Aragon and Kristin Tiernan arrange hors d'oeuvres at a "Commitment to Community Ceremony" recently. The culinary arts program is under the direction of Chef Adrienne O'Brien. In the second photo, Paul Sandoval from The Rough Riders Grill works on his famous breakfast burritos. Many people have come to enjoy his cooking.

Luna Community College: “The People’s College”



Pictured clockwise are: The LCC softball team celebrates a victory; Nazario Maestas, Seferino Medina and Chris Lucero help out at a BBQ; Desiree Martinez passes the light of Knowledge to Leonard Montoya at a Phi Theta Kappa Ceremony; LCC students Levi Hannon and Dylan Wisneski try an obstacle course.

Other pictures include: LCC softball players Brandi Rodriguez, Marissa Navarro and Jennifer Inocencio take home awards; Jaren Romero, Isaiah Aguilar and Sean Trancosa enjoy an afternoon at LCC; Rebecca Marrujo and Devonne Martinez race for the finish line at an obstacle course; Juan Macias Amanda Diaz also race in an obstacle course; Jasmine Gabaldon receives a trophy from softball coach Dawnette Garcia; a softball with the signatures of team members is presented to Dr. Pete Campos and LCC faculty member Rosalie Ortega teaches barbering to inmates at the Guadalupe County Correctional Facility.