

# VETERANS RESOURCE CENTER

**APRIL-JUNE 2019** 

# LCC's Veterans Resource Center aims to start veteran support group



# Student Veteran Support Group

The LCC Veterans Resource Center is starting a Student Veteran Support Group with the intent of bringing student veterans together to provide support to one another and to share their experiences in a safe and confidential environment. Topics of the group may include: stress management, coping skills, social support, and exploring experiences of leadership. This group aims to be a place to help student veterans feel understood within a supportive environment.

Any student interested in participating in this support group will need to call the Veterans Resource Center at 505-454-5343 or e-mail scantu@luna.edu to schedule an intake. The group will meet and run throughout the academic year.

Time: To be determined

Location: LCC Veterans Resource Center, Student Services Building, Room 206

Contact: 505-454-5343; scantu@luna.edu

# **METRO PUBLIC SAFETY DAY**

## Honoring First Responders and Veterans

Federal, state and local public safety and law enforcement agencies--along with military service branches--will have personnel and equipment on display for 2019 Metro Public Safety and Armed Services Day on May 11 from 10 a.m. to 2 p.m. at the Cottonwood Mall in Albuquerque, located at 10000 Coors Bypass NW in the city's west side.

Dozens of law enforcement and military vehicles, helicopters, boats, and other equipment will be available to climb aboard for a "hands on" look. Lots of bounce houses, food trucks, vendors and many more activities and displays will also be there to add to the fun and enjoyment for the whole family.

This free family-friendly event is presented by the New Mexico Department of Veterans Services (DVS) and the Cottonwood Mall to provide an opportunity for the public to meet law enforcement and military personnel, and learn how they serve and protect the citizens of New Mexico.

In addition, many of the participating agencies will be recruiting for jobs in public safety.

For more information, contact DVS Events Coordinator Joseph Dorn at 505-383-2414 or

josephm.dorn@state.nm.us.



### LCC SALUTE CHAPTER Luna Community College now a recognized chapter of SALUTE Veterans National Honor Society

SALUTE is the first national academic honor society established for student veterans and active military in two-year and four-year institutions of higher education. Another unique element of our honor society includes a four-tier system, which is designed to encourage undergraduate student veterans to strive to improve their GPAs and advance to higher tier levels (and scholarship brackets) in the honor society during their academic careers.

Military active duty or honorably discharged veterans who attend college at a two-year or four-year institution and have a 3.0 GPA or higher may qualify to apply for SALUTE.

#### Benefits of individual membership include:

- One-time payment for lifetime membership
- A certificate and military-style challenge coin commemorating membership in SALUTE and specific level of academic achievement
- Opportunity to compete for scholarships
- Enhancement of your resumé with formal academic acknowledgement and engagement in local leadership positions
- Opportunities to network, as well as, receive and give assistance to fellow student veteran members
- Ability to wear SALUTE honors regalia to demonstrate academic achievements as a veteran status at graduation
- Participation in local and national SALUTE programs

#### Standards for student membership:

All **undergraduate** students selected for induction to SALUTE must meet the following criteria. (For graduate students, please see section below.)

- A. Qualify as military/veteran student under locally derived and maintained definitions. Applicant must submit a DD-214 Member 4 copy that displays the character of service (honorable discharge). Applicants currently serving on active duty or in the Guard or Reserves must submit a copy of orders for their current duty assignment.
- B. Be currently enrolled as a student and have a minimum of 12 course credits, for undergraduates
- C. Maintain the highest ethical standards.

The undergraduate GPA tiers are broken down according to the following:

- 1. Alpha Tier GPA: 3.75 4.00
- 2. Bravo Tier GPA: 3.50 3.74
- 3. Charlie Tier GPA: 3.25 3.49
- 4. Delta Tier GPA: 3.00 3.24

\*Please visit Sarah Cantu at VRC for more information and to apply for SALUTE membership



## ANGEL FIRE NATIONAL VETERANS WELLNESS AND HEALING RETREATS Please visit VRC for more information or assistance with application.



Dealing with Post-Traumatic Stress and its impact on family and friends can be challenging and frustrating under the best of circumstances. Add in the challenges associated with seeking help from traditional sources, and it can be overwhelming. At the National Veterans Wellness & Healing Center, affected veterans experience an effective, alternative program for decreasing difficult symptoms and healing — at no cost — while attending one of the center's seven-day retreats in beautiful mountains of northern New Mexico.

#### Enjoy activities such as:

- Massage to increase circulation and relaxation
  - Individual counseling to ensure privacy
- Group education to learn new tools and gain insight
  - Equine experiences and outdoor activities
- Native American ceremonies to honor veterans and family
- Diverse activities to reduce stress and promote strength and healing

#### **2019 Retreat Dates**

- May 15-22, Red River
- June 2-9, Red River (female only)
  - Sept. 22-29, Angel Fire
    - Oct. 6-13, Angel Fire
- All retreats are a total of seven and a half (7 1/2) days. All attendees must commit to the full seven and a half days.
- All lodging, meals and meetings are paid by National Veterans Wellness and Healing. Transportation to and from the retreats is the responsibility of the attendees.

For more information and to download an application, please visit www.veteranswellnessandhealing.org or call 575-377-5236.

# **VICE PRESIDENT'S HONOR ROLL**

# Congratulations to the following veteran and dependent students named to the Vice President's Honor Roll

Inclusion on the Vice President's Honor Roll requires that a student successfully complete a minimum of 12 graded credit hours with a minimum of 3.66 grade point average or higher. Graded credit hours do not include S/U graded courses, audits or credit by exam.

#### • FALL 2018

Travis Aaron Baca Britney P. Cordova Edward J. DeHerrera Andres R. Martinez



\*VRC apologizes to any Veterans and Dependents that may have been left out. Names are based on self-disclosed Veterans and Dependents and/or VRC visits.

### **Your Personal Business Experts**

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366 Luna Drive, Las Vegas, NM

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505-454-2582 or 1-800-588-7282 ext. 1756 Like us on Facebook at: SBDC at LCC

### **STUDENT VETERANS RETREAT** Visit VRC for the following student veteran opportunity and for assistance with application.



# **Student Veterans Retreat**

**Making Connections** 

**Developing Skills** 

**Discovering Peace of Mind** 







## Vallecitos Mountain Retreat Center May 15-19, 2019

Join other student veterans to experience true camaraderie and learn mindfulness skills in a beautiful natural setting. All military veterans attending a New Mexico institution of higher learning may apply.

For more information or to register\* go to:

https://vrc.unm.edu/other-useful-information/studentveterans-retreat.html?

\*A \$25 registration fee is all you have to pay to attend!

## **WORK-STUDY OPPORTUNITY** Visit VRC for the following work-study opportunity for veteran and dependent students.

The New Mexico Workforce Connections Center located on 833 Grand Avenue, Las Vegas, is seeking eligible student-veterans to assist with office operations. Student-veterans with administrative, computer, and customer service skills are encouraged to consider the V.A. Work-Study program opportunity. Interested student-veterans can submit their resume to Chris Zafra, State Veterans Coordi-

nator, at <u>christian.zafra@state.nm.us</u>. Interview will be scheduled to discuss further the V.A. Work-Study program affiliation with Workforce Connection.

# New Mexico-Workforce Connection

A Proud Partner of the American Job Center Network

# Luna grad Chavez earns recognition from Air Force

Luna 2015 graduate Lorenzo Chavez recently received kudos from a lieutenant colonel in the United States Air Force.

Chavez, a native of Mora, received recognition from Lt. Col. Andrew D. Anderson from the Space Test Program Branch out of Kirtland Air Force Base.

Anderson said that Chavez is doing important work for his country and that Chavez is helping shape future space technologies to ensure that the U.S. military is prepared to keep peace and if necessary to win wars.



Anderson said that he is "impressed with Chavez' creativity, engineering judgement and willingness to take on any task with a positive attitude." Anderson went on to say that Chavez has an incredibly bright future as a space program manager for the Air Force.

\*Article courtesy of Luna Light

## **V.A. CERTIFICATION**

Certification for V.A. Education Benefits or "GI-Bill" is now open for Summer 2019 and Fall 2019 semesters. Please meet with Sarah Cantu in the Veterans Resource Center as soon as possible to fill out necessary paperwork, whether you are a new or returning student. The timeliness of certification paperwork will determine any potential delays in V.A. payments.

# **UPCOMING DATES**

### **LCC EVENTS**

#### **SPRING 2019**

Final exam week: May 6-102019 commencement exercises: May 11Memorial Day campus closed: May 27

#### **SUMMER 2019**

Semester begins: June 3 Last day to add: June 7 Independence Day campus closed: July 4

#### LCC Veterans Resource Center closed for training: July 8-11

#### **FALL 2019**

New student orientation: August 16 Semester begins: August 19 Last day to add: August 26

#### **VETERAN EVENTS**

Metro Public Safety Day and Recruitment Event: May 11, 10 a.m. to 2 p.m., Cottonwood Mall Student Veterans Retreat: May 15-19, hosted by UNM; registration required 2019 Memorial Day Event: May 26, Angel Fire Vietnam Veterans Memorial Angel Fire National Veterans Wellness and Healing Retreats: Red River: May 15-22 Angel Fire: September 22-29 Red River: Females only, June 2-9

Angel Fire: October 6-13

## **CONTACT INFORMATION**

Sarah Cantu Veterans Resource Center Coordinator Student Services Building, Room 206 scantu@luna.edu 505-454-5343



\*For more information on any upcoming events please contact LCC Veterans Resource Center.