

The latest news from Luna Community College

Second Volume 6, Issue 2

February 10, 2023

Visit luna.edu



Luna Community College hosted a Legislative Breakfast on Wednesday, Feb. 1 at Hotel Santa Fe where Luna students, administrators and employees met with legislators. After the breakfast, the college had an opportunity to visit with legislators at the State Capitol. In addition, members of Luna's student senate and their sponsor, softball players, baseball players and coaches were recognized at the House chambers.

Former Luna student Aubri Martinez starts business using Community Kitchen

Former Luna student Aubri Martinez is utilizing Luna's Community Kitchen by starting her own prepared healthy meal business. Martinez' official business name is "Go Fresh Meal Preps." The concept of her business is based on balanced, nutritional meals.

"The meals are good for you," says Martinez. "It's a better, healthier option for the community."

Martinez started her business on Jan. 8 with the help of Luna's Small Business Development Assistant Director Briana Montano-Baca.

"Briana was an incredible help to get the proper licensing and all the paper work done," says Martinez. "Right now, we are serving upward of 10 clients a week and hope to get to 30 or 40 clients a week."

Martinez' business model is a simple but effective one. She drops off all the ingredients on Friday, cooks on Saturday and delivers on Sunday.

"All our ingredients are fresh," says Martinez. "My staff right now is my brother Antonio and myself, the most popular items are steak, rice and veggies and lemon peppered chicken."

Orders are taken seven days a week, but to get your order delivered on Sunday, it has to be placed by Thursday evening. The contact information is 505/634-5299 by phone or you can also visit the website at www.gofreshmealpreps.com. Deliveries are made within the city limits.

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Aubri Martinez...

Continued from page 1

Martinez prides her business as being locally owned and committed to bringing healthier food options while helping individuals achieve health and wellness goals with meals that are delicious.

Right now, Martinez is relying on social media to market her business, using Instagram and Facebook. Traditional word of mouth is also a way to get people to know about her business.

“I really appreciate Luna and the community kitchen,” says Martinez. “It’s fully equipped and it’s made it possible for someone like me to start a business. It has been great. I attended the community kitchen’s open house in September and decided soon after that the direction I wanted to go in. Right now, our



Aubri Martinez says that Luna created opportunities for her.

short-term goal is to reach more clients and help people with weight loss. Our long term goal is to eventually have a storefront and have our own salad and smoothie bar and meals to go.”

Martinez says that while working as an assistant location manager in the film industry, she saw businesses like the one she operates now.

“Our community needs new things to grow,” says Martinez. “I want to be part of the forward and upward momentum to help our community.”

“I want to thank Luna Community College for creating opportunities for me,” says Martinez.

Luna’s motto is “Creating Opportunities for You.”



Luna Community College students, faculty and administrators recently met with New Mexico Gov. Michelle Lujan Grisham and Rep. Ambrose Castellano.

College Scorecard:

The U.S. Department of Education’s College Scorecard has the most reliable data on college costs, graduation and post-college earnings. Visit collegescorecard.ed.gov



**COME JOIN AND PARTICIPATE IN LUNA COMMUNITY COLLEGE'S ESPORTS TEAM!
PLAY COMPETITIVELY AGAINST OTHER NJCAA TEAMS.**

GAME TITLES:

- | | |
|----------------------|------------------------|
| Rocket League | Hearthstone |
| Rainbow 6: Siege | Call of Duty: Vanguard |
| Super Smash Brothers | Call of Duty: Cold War |
| Ultimate Valorant | League of Legends |

Requirements for LCC Esports Team:

- Full-time LCC Degree Seeking Student
- 2.0 GPA
- Game Access and Equipment

Intramural Competition is also available!

*Anyone can participate –
(Staff, Faculty, Students)*

CONTACT: NICHOLE COLLINS AT [NCOLLINS@LUNA.EDU](mailto:ncollins@luna.edu) OR (505) 454-5371



Gavino Lesperance, a recent graduate of Luna's CDL program, is currently working at the state highway department. Pictured with him is CDL Program Administrator Tracy Morales. Please call Morales at 505-454-2533 for more information on the CDL program.



*Working together to meet the
needs of our students*



lunastrong@luna.edu

YOU ARE NOT ALONE

EMERGENCY: 911
 Suicide & Crisis Lifeline: 988
 LCC Campus security: 505-429-1159
 LCC Student Support-Renee Maestas: 505-454-5355
 NMHU After hours crisis line: 505-795-3605
 El Centro NMHU Health Center: 505-454-3218

Luna in the sky

CCRI program uses skywriting LCC as part of a lesson

Did you see something strange over the skies of Luna Campus on Thursday, Feb. 2? An airplane skywriting out the initials LCC? That was the 1st Capstone Project of the College and Career Readiness (CCRI) Applied STEM Lab students.

For months, students in Instructor William E. Dubois' lab at the CCRI Adult Education Program have been planning the Skywriting project. As part of college and career readiness, students are using the lens of aviation to explore real-life applications of math, language, science, and social studies.

The students made all the calculations of flight path, turn radius, altitude, and timing, and more to create "LCC" in the sky over campus. The project-based learning approach also answered other questions like, "Is this legal?" (It is.)

Thursday's Skywriting event was not rehearsed in advance. Pilots Dubois and Prof. Lisa F. Bentson, the CCRI Program Manager, flew the figure "cold," using calculations and planning created by the students in class; proving that careful planning nets positive results.

If you missed it, don't despair, CCRI students are planning an improved follow-up to tweak details and improve the viewing experience from various angles. To that end, Bentson asks that anyone who witnessed the event to please step forward and share their thoughts and impressions. Additionally the program would greatly value any images or video shot from various locations on campus, or town, to help the CCRI STEM students analyze the outcome of their planning and move forward with the encore event.

Skywriting the letters LCC was part of a capstone project in the College and Career Readiness Program. Students look in amazement as the skywriting takes place. Skywriting photo by Samuel Gabaldon



A message from Luna Dental Assistant Program: Oral healthcare is important

Efforts are working to promote oral health in the adolescent population. The application of dental sealants (a coating which fills in deep grooves of back teeth) in adolescents aged 12-19 increased from 38% (1999-2004) to 48% (2011-2016) according to the CDC. As well, the percentage of untreated decay (cavities) in permanent teeth among adolescents aged 12-19 during the same time periods also decreased slightly--

19.6% to 16.6 %.

Education is the key and it begins at a young age. LCC dental assisting students presented oral hygiene demonstrations at all school levels this past semester in their Community Field Experience course. Topics included proper brushing and flossing, oral cancer self-screenings, tobacco use, gum disease, and alginate impressions.

The standard of care is to see a dentist every 6 months for an exam. This way, the dentist can identify cavities when they're small so less tooth structure has to be removed. Similarly, gum disease is best treated in early stages before a large amount of bone is lost. We appreciate our community dentists for the continuing support and mentoring of our students!



Cosmetology instructor Germaine Sandoval hosted a farewell party for Dr. John Thompson as he transfers from director of Career Technical Education director to director of grants and contracts.

MISSION

Luna Community College is dedicated to providing accessible, innovative and integrated learning experiences that prepare students to compete at the forefront of their chosen fields and to lead in their communities

One-on-one with Luna softball coach Randall Krutch

The following is a one-on-one interview with Luna Softball Coach Randall Krutch.

Season outlook. How does the upcoming season look in general?

What are your expectations? Overall I think we sit in a positive position. We have a young team with a lot of freshman who are working hard and adjusting to college level softball. I know we will be more competitive in our conference than our teams have been in the past. We are still in the rebuilding phase of the program so my expectations are really simple. We need to compete to the best of our abilities at all times and continue to learn and grow.

What are the strengths and weaknesses of the team? Why?

Strengths are that we have great kids that fit really well with each other, and they have a willingness to learn and grow. The weakness is that we are not very experienced at this point. We are overcoming our weakness by playing good times in pre-season and getting solid game experience.

How many returning and new players do you have?

We have 4 returners and 15 new players

Name two or three players to look for in 2023.

As far as pitching I look at freshman Elisha Velasquez to make a real impact on the conference as well as returner Ciara Cruz to be productive on offense and defense. Catching we have two really good athletes that will make a lot of noise this year and they are Angelica Ortiz and Aliyia Alaniz.

What is going to take for Luna to make a run for the conference title?

Well its going to take at least another year. We are setting this group and our 2023 recruits to make a real run at



Randall Krutch (right) is in his second year as head coach of the Luna softball team.

it. This year our team goal is to attain a 3 seed in our conference and this has never been done by any Luna team up to this point, so we are managing our expectations and being real about it.

What type of athletic play do you expect this year?

I think we are a competitive group and I think if you came out to watch us, you would notice an excitement and enthusiastic game.

How was your offseason workouts and overall attitude on

the team?

Our off season workouts were tremendous. The ladies worked their tails off and gained muscle and speed and learned a lot about what they are capable of. I am really pleased with the attitudes of the players and what they are accomplishing.

How do you like your new facility? How much of an improvement is it?

We are thrilled with the new space and love that we are able to do more in less time. It is a wonderful space for the athletes in both baseball and softball.

Last years overall record and conference record?

Well last season we won 9 games which does not sound great or impressive and it really is not in the larger picture. Remember we started rebuilding this after 2 seasons with only 2 wins combined so 9 wins was an improvement, but no where near what the expectation is at this point.

Any final comments?

I hope everyone wants to come out and support our athletes and see why softball is such an exciting sport to watch.

Spring 2023 Luna Community College Softball Schedule

Date	Team	Location	Time
Feb. 3	Odessa College	Odessa, TX	Noon/2 p.m.
Feb. 4	Midland College	Midland, TX	Noon/2 p.m.
Feb. 9	Frank Phillips College	Las Vegas, NM	Noon/2 p.m.
Feb. 10	Frank Phillips College	Las Vegas, NM	Noon/2 p.m.
Feb. 17-19	Cisco College Round Robin	Brownwood, TX	TBA
Feb. 24	El Paso Community College	El Paso, TX	12 p.m./2 p.m.
Feb. 25	El Paso Community College	El Paso, TX	12 p.m./2 p.m.
March 2-4	Region IX Conference Round Robin	Lamar, CO	TBA
March 11	Otero Junior College	Las Vegas, NM	1 p.m./3 p.m.
March 12	Otero Junior College	Las Vegas, NM	1 p.m./3 p.m.
March 14	Midland College	Las Vegas, NM	11 a.m./1 p.m.
March 17	El Paso Community College	Las Vegas, NM	1 p.m./3 p.m.
March 18	El Paso Community College	Las Vegas, NM	11 a.m./1 p.m.
March 25	McCook Community College	McCook, NE	1 p.m./3 p.m.
March 26	McCook Community College	McCook, NE	11 a.m./1 p.m.
April 1	Trinidad State Junior College	Trinidad, CO	1 p.m./3 p.m.
April 2	Trinidad State Junior College	Trinidad, CO	11 a.m./1 p.m.
April 7	Northeastern Junior College	Las Vegas, NM	1 p.m./3 p.m.
April 8	Northeastern Junior College	Las Vegas, NM	11 a.m./1 p.m.
April 22	Western Nebraska CC	Las Vegas, NM	1 p.m./3 p.m.
April 23	Western Nebraska CC	Las Vegas, NM	11 a.m./1 p.m.
April 29	Lamar Community College	Lamar, CO	1 p.m./3 p.m.
April 30	Lamar Community College	Lamar, CO	11 a.m./1 p.m.
May 6-9	Region IX Conference Tourney	TBA	TBA

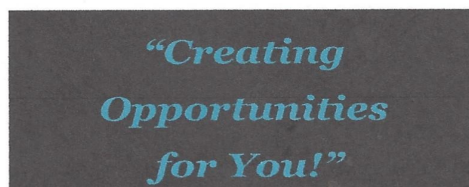
Schedule subject to change

Head Coach: Randy Krutsch

Assistant Coach: Jessica Sisemore

For more on Luna Community College Softball and Ticket Purchase, go to lunaathletics.com.

Luna Community College, www.luna.edu



One-on-one with Luna baseball coach Harry Estep

The following is a one-on-one interview with Luna Baseball Coach Harry Estep.

Season outlook. How does the upcoming season look in general? What are your expectations?

We are excited for this season. We brought in a lot of talented new faces and have a lot of returning players that are ready to help push the team this year. My expectations for this year are to have a team that competes every single inning of every game. We may not win every inning but that will not affect how we go about our business. My expectations for the conference is that we will compete for a southern half title and an overall title.

What are the strengths and weaknesses of the team? Why?

One of the biggest strengths of this team is our offense. We have a strong offense with a lot of power. Another strength is the depth of our pitching staff that is led by our returning pitchers. Our biggest weakness is our lack of experience for many of our younger players at the collegiate level but it is a great chance for them to grow as baseball players and young men.

How many returning players do you have and how many new players do you have? How many overall players are on your roster?

We have 15 returning players and 32 new players for a total of 47 athletes on the roster.

Name two or three players to look for in 2023.

Diego Quinonez - Right handed pitcher from Las Cruces, ; Ashton Luera - Right handed pitcher from Albuquerque and Juanito Avila - Outfielder/Left handed pitcher from Albuquerque.

What is going to take for Luna to make a run for the



Harry Estep (right) is in his first year as head coach of the Luna baseball team.

conference title?

Consistent effort and focus on a daily basis. We have to do all the little things right. As far as on the field, we need timely offense and pitching that attacks the strike zone.

What type of athletic play do you expect this year?

We expect an aggressive type of athletic play this year where we are not afraid to make mistakes. We want to be the team that is not afraid to take the extra base while on offense.

How was your offseason workouts and overall attitude on the team?

We had a really strong off season and our athletes saw a lot of improvement in all aspects of their game. As far as attitude goes, we have a strong team chemistry. These guys truly enjoy being around each other which helps guys to stay motivated even on the hardest days.

How do you like your new facility? How much of an improvement is it?

The new facility is amazing. It is a massive improvement with tons of room for our athletes and it will definitely help us in the recruiting process with future athletes.

Last year's overall record and conference record?

8-45 overall and 6-28 in conference.

Any final comments?

As I mentioned before, we are very excited for this year. Lots of new faces and a different level of energy on a daily basis is going to lead to big things for Luna Baseball.

Spring 2023 Luna Community College Baseball Schedule

Date	Team	Location	Time
Jan. 27-28	Eastern Arizona CC	Thatcher, AZ	12 p.m. DH
Feb. 4-5	Amarillo CC	Amarillo, TX	12 p.m. DH
Feb. 10-11	El Paso Community College	El Paso, TX	12 p.m. DH
Feb. 15	NMMI	Roswell, NM	12 p.m. DH
Feb. 17-18	Ranger College	Ranger, TX	12 p.m. DH
Feb. 21	NMMI	Las Vegas, NM	12 p.m. DH
Feb. 25	Lamar Community College	Las Vegas, NM	1 p.m.
Feb. 26	Lamar Community College	Las Vegas, NM	12 p.m. DH
March 4-5	Southeast Community College	Las Vegas, NM	12 p.m. DH
March 11	Trinidad State Junior College	Trinidad, CO	12 p.m. DH
March 12	Trinidad State Junior College	Trinidad, CO	1 p.m.
Mar. 18-19	Western Nebraska CC	Scottsbluff, NE	12 p.m. DH
Mar. 25-26	McCook Community College	Las Vegas, NM	12 p.m. DH
March 29	Adams St. JV	Alamosa, CO	12 p.m. DH
April 1-2	Northeastern Junior College	Sterling, CO	12 p.m. DH
April 7	Otero Junior College	La Junta, CO	12 p.m. DH
April 8	Otero Junior College	La Junta, CO	1 p.m.
April 14	Trinidad State Junior College	Las Vegas, NM	12 p.m. DH
April 15	Trinidad State Junior College	Las Vegas, NM	1 p.m.
April 22	Lamar Community College	Lamar, CO	12 p.m. DH
April 23	Lamar Community College	Lamar, CO	1 p.m.
April 29	Otero Junior College	Las Vegas, NM	12 p.m. DH
April 30	Otero Junior College	Las Vegas, NM	1 p.m.
May 5-6	Region IX 1st Round	TBA	TBA
May 11-13	Region IX Tournament	Colo. Springs, CO	TBA

Schedule subject to change

Head Coach: Harry Estep

Assistant Coaches: Jared Mang and Zach Santoru

For more on Luna Community College Baseball and Ticket Purchase, go to lunaathletics.com.

Luna Community College, www.luna.edu



*“Creating
Opportunities
for You!”*





Luna Community College shows its beauty during a recent frost. Luna is one of the most picturesque colleges in the southwest.





**BLACK
HISTORY
MONTH**

**Luna Community College will be celebrating
Black History Month from 11 a.m. to 1 p.m.
on Tuesday, Feb. 21 at the cafeteria.**

**Luna students and employees are invited to share their creativity
in art or in writing as we celebrate the diversity and culture of
African American history.**

Make sure to bring your finished work to the event.

**For more information,
call Campus Life and Student Event Specialist
*Pablo Hernandez at 454-5312.***

Snacks and beverages will be served.





The Las Vegas Branch of the
American Association of University Women

announces a **scholarship opportunity** for women
at Luna Community College.

Scholarship will be awarded to the qualified candidate in
May 2023 for the
2023-24 Academic Year.

The [American Association of University Women \(AAUW\)](#) is the nation's leading voice promoting equity and education for women and girls. Through scholarly recognition and its other programs, the Las Vegas Branch of AAUW encourages women to further their education to help themselves and their families become more productive citizens contributing to the good of their community.

This **\$1000 scholarship award** from the [AAUW Las Vegas branch](#) is intended to acknowledge the efforts of non-traditional women students at Luna Community College who are living in Las Vegas or surrounding communities; who have demonstrated that they are capable of and committed to earning an Associate's degree from the College; and who are involved in their community.

ELIGIBILITY:

- be a non-traditional female student, 24 years of age or older, or if younger, with children;
- be seeking an Associate's degree;
- have at least a 3.0 GPA for the two most recent semesters;
- have clearly defined educational and career goals;
- be currently enrolled at the LCC main campus in Las Vegas taking at least 12 credit hours (or equivalent) with a declared major; and
- have completed at least 24 college credits within the past five years.

APPLICATIONS are due by **May 1, 2023**.

Scholarship application forms may be picked up starting March 1, 2023
from **the financial aid office at LCC**.

Please contact Phyllis Ludi at (505) 429-0106 for further information.

AAUW Mission: To advance gender equity for women and girls through research, education, and advocacy.

HUMAN RIGHTS SURVEY



Food & Housing Insecurity Study at NM Colleges

Available February 15th - March 1st

HAVE YOUR SAY!



Participate in this 10 minute survey to have a chance to win a \$40 gift card from a \$30,000 prize pool. Scan the QR code or use the attached link to take the survey.
https://survey.az1.qualtrics.com/jfe/form/SV_d4NyzVMIJN3IzI2



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TODAY!



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lowest tuition in the
State of New Mexico!**

Rough Rider Community



New Community Education Courses

HITT Class (Michael Maes)

Mon, Wed, Frid at 6:30 a.m.

\$25 a month

Location: TECH 139

Mon-Thurs 5:30 p.m. to 6:30 p.m.

Location: Gerald Ortega Wellness Center

\$50 a month OR \$5 a day

(Bonus weekend hikes included)

Zumba (Lori Campos)

Tues and Thurs Noon to 1 p.m.

Location: Gerald Ortega Wellness Center

COST OF COURSE: \$10 a Month or \$5 a class

Zumba (Sonya Romero)

Mon and Wed Noon to 1 p.m.

Location: Gerald Ortega Wellness Center

Mon and Wed 5:30 p.m. to 6:30 p.m.

Location: TEC Bldg. Room 110

COST OF COURSE: \$30 a Month or \$5 a class

Classical and Contemporary Guitar Lesson (John Arrellanes)

Tues and Thurs 5 p.m. to 6 p.m.

\$15 a class

Location: School of Business Room 118 **COST OF**

COURSE: \$40 per Half Hour

\$60 for 4 weeks

CALL 505-454-2541 for starting date

Driver's Education by Coach (Dr.) Manual Lucero

Tues and Thurs 5:30 p.m. to 6:30 p.m.

\$250

Location: Learning Resource Auditorium. Beginning February 16, 2023

Sewing: Panel Quilt and Border (Lin Chibante)

\$60 a person on Thurs 10 a.m. to 3 p.m.

Beginning February 9, 2023

Location: School of Business, Room 116

Sewing: Intro to Quilting and Sewing (Lin Chibante)

\$60 a session on Tuesday from 10 a.m. to 3 p.m.

Location: School of Business, Room 116

Beginning February 7, 2023



New Community Education Courses (Santa Rosa)

Walking\Exercise

Mon-Thurs 5:30 pm. To 6:30 p.m.

Occasional Friday Bonus Days

\$15 a Month

Location: Santa Rosa Campus

New Community Education Courses (Springer)

(schedule is in process and will be announced at a later date)

New Community Education Courses (Mora)

schedule is in process and will be announced at a later date)